

May 2026 Middle School Lunch Menu

Gluten Free

Monday	Tuesday	Wednesday	Thursday	Friday
ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	1st ENTRÉE OF THE DAY
				GF Chicken Alfredo over GF Pasta
SIDES	SIDES	SIDES	SIDES	SIDES
				Seasoned Broccoli
				Fresh Orange Wedges
				Blueberries
				Craisins
				Fresh Celery Sticks
4th	5th	6th	7th	8th
ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY
Cheesy GF Hoagie Pizza Bread	GF Chicken Nuggets w Brown Rice	BBQ Pulled Pork on GF Bun	Impossible Meatballs w Spaghetti Sauce on a GF Bun	GF Chicken Nuggets w Au Gratin Potatoes GF Bread
SIDES	SIDES	SIDES	SIDES	SIDES
Savory Green Beans	Seasoned Carrots	Tater Tots	Seasoned Corn	Seasoned Broccoli
Fresh Pear	Fresh Fuji Apple	Fresh Whole Strawberries	Fresh Red Delicious Apple	Fresh Orange
Applesauce	Fresh Clementines	Chilled Peaches	Mixed Fruit in 100% Juice	Blueberries
Craisins	Craisins	Craisins	Craisins	Craisins
Sliced Cucumbers	Tossed Side Salad	Baby Carrots & Celery Sticks	Fresh Broccoli Florets	Fresh Celery Sticks
Corn Salad with Ranch	Fresh Grape Tomatoes		Fresh Cauliflower Florets	
11th	12th	13th	14th	15th
ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY
GF Chicken Tenders w Mashed Potatoes and GF Gravy	GF Mac & Cheese w GF Bread	GF Spaghetti with Italian Meat Sauce and GF Bread	Toasted Three Cheese Sandwich on GF Bread with GF Tomato Soup	GF Waffles with Scrambled Eggs and GF Pork Sausage Patty
SIDES	SIDES	SIDES	SIDES	SIDES
Seasoned Corn	Seasoned Peas	Seasoned Broccoli	Glazed Carrots	Hash Brown Patty
Fresh Pear	Fresh Fuji Apple	Strawberries	Fresh Red Delicious Apple	Fresh Orange
Applesauce	Fresh Clementines	Chilled Peaches	Chilled Mixed Fruit	Blueberries
Craisins	Craisins	Craisins	Craisins	Craisins
Sliced Cucumbers	Tossed Side Salad	Baby Carrots & Celery Sticks	Fresh Broccoli Florets	Fresh Celery Sticks
Corn Salad with Ranch	Fresh Grape Tomatoes		Fresh Cauliflower Florets	
18th	19th	20th	21st	22nd
ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY
GF Chicken Tenders w Marinara and Cheese over GF Pasta w GF Bread	Beef Sloppy Joe on a GF Bun	GF Chicken Tenders and GF Waffles w Syrup	GF Chicken Corndog w Seasoned Potato Wedges	GF Garlic Bread w Mozzarella and Marinara Sauce
SIDES	SIDES	SIDES	SIDES	SIDES
Seasoned Broccoli	Smile Potatoes	Sweet Potato Fries	Boston Baked Beans	Savory Green Beans
Fresh Pear	Fresh Fuji Apple	Fresh Whole Strawberries	Fresh Red Delicious Apple	Fresh Orange
Applesauce	Fresh Clementines	Chilled Peaches	Mixed Fruit in 100% Juice	Blueberries
Craisins	Craisins	Craisins	Craisins	Craisins
Sliced Cucumbers	Tossed Side Salad	Baby Carrots & Celery Sticks	Fresh Broccoli Florets	Fresh Celery Sticks
Corn Salad with Ranch	Fresh Grape Tomatoes		Fresh Cauliflower Florets	
25th	26th	27th	28th	29th
No School	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY
Labor Day	Home-Style Beef and Bean Chile with GF Bread	Gf Waffles w Syrup , Pork Sausage Patty, and Scrambled Eggs	Buffalo Ranch Chicken Quesadilla in a GF Tortilla	GF Chicken Alfredo over GF Pasta
SIDES	SIDES	SIDES	SIDES	SIDES
	Fresh Fuji Apple	Hash Brown Patty	Seasoned Corn	Seasoned Broccoli
	Fresh Clementines	Fresh Whole Strawberries	Fresh Red Delicious Apple	Fresh Orange Wedges
	Craisins	Chilled Peaches	Mixed Fruit in 100% Juice	Blueberries
	Tossed Side Salad	Craisins	Craisins	Craisins
	Fresh Grape Tomatoes	Baby Carrots & Celery Sticks	Fresh Cauliflower Florets	Fresh Celery Sticks
			Broccoli Raisin Salad	
AVAILABLE EVERY DAY	AVAILABLE EVERY DAY	AVAILABLE EVERY DAY	AVAILABLE EVERY DAY	AVAILABLE EVERY DAY
GF Cheese Pizza - 1/2 10" pizza	GF Cheese Pizza - 1/2 10" pizza	GF Cheese Pizza - 1/2 10" pizza	GF Cheese Pizza - 1/2 10" pizza	GF Cheese Pizza - 1/2 10" pizza
GF Pepperoni Pizza - 1/2 10" pizza	GF Pepperoni Pizza - 1/2 10" pizza	GF Pepperoni Pizza - 1/2 10" pizza	GF Pepperoni Pizza - 1/2 10" pizza	GF Pepperoni Pizza - 1/2 10" pizza
GF Chicken Patty on GF Bun	GF Chicken Patty on GF Bun	GF Chicken Patty on GF Bun	GF Chicken Patty on GF Bun	GF Chicken Patty on GF Bun
Cheeseburger on GF Bun	Cheeseburger on GF Bun	Cheeseburger on GF Bun	Cheeseburger on GF Bun	Cheeseburger on GF Bun
Hamburger on GF Bun	Hamburger on GF Bun	Hamburger on GF Bun	Hamburger on GF Bun	Hamburger on GF Bun
Turkey Ham & Cheese on GF Bread	Turkey Ham & Cheese on GF Bread	Turkey Ham & Cheese on GF Bread	Turkey Ham & Cheese on GF Bread	Turkey Ham & Cheese on GF Bread
For Full Nutrition Information call Food Service at 651-460-3820				
Menu Subject to Change Without Notice. Questions or Comments? Contact Food Service at 651-460-3820				
This is an Equal Opportunity Provider.				

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