



Dear Families,

This week, our school community will focus on the character strength of **Purpose**. Purpose means having beliefs about the meaning of life and feeling that your life has a purpose. It's about wanting to be part of something bigger than yourself.

People with a sense of purpose believe they are here for a reason. That reason can be different for everyone — it might be inventing something new, bringing joy through art or music, or raising kind and responsible children.

Having a clear purpose helps people stay strong and courageous, even in difficult times. It also encourages them to act with kindness and love, even when it's hard. When people feel connected to something greater, their lives have more meaning and fulfillment.

To practice and encourage the character strength of purpose at home, please visit The Positivity Project's mobile-friendly P2 for Families (available in [English](#) and [Spanish](#)), where you will watch a video together and discuss a quote and three questions. Below are links to this week's P2 for Families lessons. Click on the grade level that best meets your child's needs.

<a href="#">Pre-K–K</a>	<a href="#">Grades 1–2</a>	<a href="#">Grades 3–5</a>	<a href="#">Grades 6–8</a>	<a href="#">Grades 9–12</a>
-------------------------	----------------------------	----------------------------	----------------------------	-----------------------------

Thank you for your support!