



Building a Toolbox FOR SUCCESS

Child and Adolescent Summer Intensive Outpatient Program - Ages 4-17 - Starting June 1, 2026 and continuing until August 7, 2026

Streamwood Behavioral Healthcare System Summer Intensive Outpatient Program (IOP) for children and adolescents with mental and behavioral health struggles is designed to provide participants with learning tools that can help them be successful now and in the upcoming school year.

THE PARTICIPANTS WILL BE TAUGHT HELPFUL TOOLS INCLUDING:

- Anger Management
- Making safe choices
- Managing emotions
- Decision making
- Reducing anxiety
- Navigating change
- Building social skills
- Dealing with bullying
- Impulse control
- Coping with difficult feelings

To schedule a Summer Intensive Outpatient Program (IOP) intake assessment, please contact Liz Spsychala at (630) 837-9000 ext. 2074 or via email at Elizabeth.Spsychala@uhsinc.com.

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