

# Region 15 Middle School Lunch Menu

## June 2026

Monday

Tuesday

Wednesday

Thursday

Friday

### Alternate Lunch Options Offered Daily:

Hummus Box w/ Whole Grain Flatbread and Assorted Veggies

### Deli Bar

Choice of  
Boar's Head  
Turkey, Ham

Cheese: American

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Jalapeno Peppers, Olives, Mayo, Mustard, Hot Sauce

All meals options are served with one fruit, two veggies and a milk. Choice of 1% white milk, non-fat chocolate milk & strawberry milk



# Hello SUMMER

No School  
Teacher Work Day



1

Seasoned Beef Nachos  
w/ Salsa, Queso and  
Sour Cream

Rainbow Fruit & Veggie Tray

2

General  
Tso/Orange  
Chicken  
Brown Rice  
Rainbow Fruit and  
Veggie Tray

3

Assorted Chicken  
Oven Baked Fries  
Dinner Roll

Rainbow Fruit & Veggie  
Tray

4

Assorted Pizza

Rainbow Fruit &  
Veggie Tray

5

Grilled Cheese on  
Whole Grain Bread

Rainbow Fruit & Veggie  
Tray

8

Philly Cheese Steak  
Oven Baked Fries

Rainbow Fruit & Veggie  
Tray

9

Hamburger or  
Cheeseburger on  
Whole Grain Roll

Rainbow Fruit &  
Veggie Tray

10

Assorted Chicken  
Oven Baked Fries  
Dinner Roll

Rainbow Fruit & Veggie  
Tray

11

Assorted Pizza

Rainbow Fruit &  
Veggie Tray

12

Assorted Pasta Day  
(Pasta w/ Meat Sauce,  
Mac & Cheese)

Rainbow Fruit & Veggie  
Tray

15

Cheese Quesadilla  
w/ Salsa & Sour  
Cream

Rainbow Fruit & Veggie  
Tray

16

General  
Tso/Orange  
Chicken  
Brown Rice  
Rainbow Fruit and  
Veggie Tray

17

Assorted Chicken  
Oven Baked Fries  
Dinner Roll

Rainbow Fruit & Veggie  
Tray

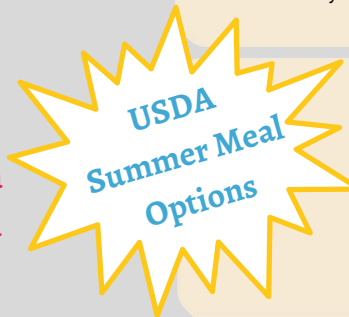
18

Assorted Pizza

Rainbow Fruit &  
Veggie Tray

19

**Thank you for supporting the Region 15 Food Service Program this year. Have a great summer!**



The USDA Summer Feeding Programs are available for all children under the age of 18 at the following (select) locations:  
Naugatuck Public School, Watertown Public Schools & Waterbury Public Schools.  
In addition, you may call 2-1-1- for meal options or use the [summer meal finder site](#) on the Region 15 Food Service page.