

This Week's Specials

5/4/26 -5/8/26



Monday, May 4th, 2026

Beef Nacho Supreme - Tostitos ,Seasoned Ground Beef, Lettuce, Shredded Cheese, Salsa, Jalapenos, Diced Onions, & Tomatoes- \$5.50

Tuesday, May 5th, 2026

Chicken Alfredo Pasta- Linguine Noodles with Baked Chicken Breast & Alfredo Sauce and Roasted Peppers & Onions- \$6.00

Wednesday, May 6th, 2026

Orange Chicken Lo Mein- Baked Chicken Breast with Orange Sauce, Served over Lo Mein Noodle with Asian Vegetables- \$6.00

Thursday, May 7th, 2026

Breaded Chicken Sandwich -Dipped in Your Favorite Sauce with Fries With Your Choice Of Toppings Lettuce, Tomatoes, Onions, Pickles \$6.50

Friday, May 8th, 2026

Beef Tostadas- Seasoned Ground Beef, Crispy Corn Tortillas, Salsa, Refried Beans, Shredded Cheese, Onions, & Jalapenos- \$5.75

\$6 Meal Deal

**Any Dash Sub
Sandwich with Baked
Chips & Whole Fruit**

Quest Food prioritizes the health and wellness of our guests through chef-crafted recipes and scratch made cooking techniques using fresh, high-quality ingredients that are flavorful, wholesome, and responsibly sourced.



Dash Specials

**Grilled Chicken Deluxe
Wrap - \$5.00**

*Grilled Chicken with
Cheese, Lettuce & Tomato
in a Tortilla*

S'mores Cup - \$4.00

*Milk Chocolate Pudding,
Graham Crackers, Mini
Marshmallows, Chocolate
chips.*

WHERE TO FIND QUEST CHOICE OPTIONS:

DASH

DASH- DAILY

- Simple Ham & Cheese Sandwich with Choice of Toppings, Whole Fruit or Veggie Cup, Milk or Water
- Entrée Salad with Whole Fruit or Veggie Cup, Milk or Water

LUNCH

DASH -MONDAY

- Pesto Chicken Wrap with Whole Fruit or Veggie Cup, Milk or Water

HEMISPHERES- TUESDAY

- Chicken Alfredo with Whole Fruit or Veggie Cup, Milk or Water

GRILL- WEDNESDAY

- 3 Cheese Panini with Whole Fruit or Veggie Cup, Milk or Water

HOMEGROWN -THURSDAY

- Build Your Own Chicken Sandwich, Whole Fruit or Veggie Cup, Milk or Water

PICANTE-FRIDAY

- Beef Tostadas with Whole Fruit or Veggie Cup, Milk or Water

CRUST- DAILY

- Cheese Pizza, Small Salad, Whole Fruit or Veggie Cup, Milk or Water
- Pasta with Your Choice of Sauce, Whole Fruit or Veggie Cup, Milk or Water

BEVERAGES

- 2% Milk ½ Pint
- Chocolate Milk ½ Pint
- Bottled Nestle Water



LOOK FOR THE
QUEST CHOICE ICONS
IN THE CAFETERIA



**A QUEST CHOICE
MEAL INCLUDES:**

1

**Choice of Entrée
and a Side Dish**

2

**Fresh
Vegetable**

3

**Fresh
Fruit**

&

**½ Pint Milk or
16.9oz Bottled Water**

This Week's Specials

5/11/26 – 5/15/26



Monday May 11th, 2026

Orange Ginger Chicken over White Rice- Crispy Chicken In Orange Sauce Served over Fluffy White Rice with Spring Rolls- \$6.00

Tuesday, May 12th, 2026

Breakfast Bar- Your Choice of Eggs, Hashbrown Casserole, Pork or Turkey Bacon, Pork/Chicken, or Turkey Sausage, Bagels, English Muffins, and Waffles-\$6.00

Wednesday, May 13th, 2026

Chipotle Chicken Burritos- Chicken Breast, Spanish Rice, Salsa, Shredded Cheese, Refried Beans, Onions, Tomatoes, Jalapenos, & Sour Cream In a Tortilla- \$5.75

Thursday, May 14th, 2026

Breaded Chicken Sandwich -Dipped in Your Favorite Sauce with Fries With Your Choice Of Toppings Lettuce, Tomatoes, Onions, Pickles & Caesar Salad \$6.50

Friday, May 15th, 2026

Walking Beef Tacos- Seasoned Ground Beef, Doritos, Cheese Sauce, Salsa, Diced Onions, Jalapenos, Diced Tomatoes & Sour cream- \$5.65

\$5 Meal Deal

**Pizza Slice, Side
Salad, Fruit Cup &
Bottled Water or Milk**

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Dash Features

Strawberry Yogurt Parfait
\$2.50

*Strawberry Yogurt with
Crunchy Granola & Diced
Strawberries On Top*

Crispy Chicken Salad \$5.50
*Breaded Chicken, Tomatoes,
Cheese, Onions, and Lettuce
with Ranch Dressing*

WHERE TO FIND QUEST CHOICE OPTIONS:

DASH

DASH- DAILY

- Simple Turkey & Cheese Sandwich with Choice of Toppings, Whole Fruit or Veggie Cup, Milk or Water
- Entrée Salad with Whole Fruit or Veggie Cup, Milk or Water

LUNCH

DASH -MONDAY

- Chicken Garden Salad with Whole Fruit or Veggie Cup, Milk or Water

GRILL- TUESDAY

- Roasted Tomato & Mozzarella Panini with Whole Fruit or Veggie Cup, Milk or Water

PICANTE- WEDNESDAY

- Chipotle Chicken Burrito with Whole Fruit or Veggie Cup, Milk or Water

HOMEGROWN -THURSDAY

- Build Your Own Chicken Sandwich, Whole Fruit or Veggie Cup, Milk or Water

GRILL-FRIDAY

- Grilled Cheese Sandwich with Whole Fruit or Veggie Cup, Milk or Water

CRUST- DAILY

- Cheese Pizza, Small Salad, Whole Fruit or Veggie Cup, Milk or Water
- Pasta with Your Choice of Sauce, Whole Fruit or Veggie Cup, Milk or Water

BEVERAGES

- 2% Milk ½ Pint
- Chocolate Milk ½ Pint
- Bottled Nestle Water



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QUEST CHOICE ICONS
IN THE CAFETERIA



**A QUEST CHOICE
MEAL INCLUDES:**

1

**Choice of Entrée
and a Side Dish**

2

**Fresh
Vegetable**

3

**Fresh
Fruit**

&

**½ Pint Milk or
16.9oz Bottled Water**



A QUEST CHOICE MEAL INCLUDES:



LOOK FOR THE QUEST CHOICE ICONS IN THE CAFETERIA

1

Choice of Entrée and a Side Dish



Fresh Vegetable

2



3

Fresh Fruit



&

½ Pint Milk or 16.9oz Bottled Water



QUEST CHOICE PROGRAM:



ADDITIONAL PURCHASES

If a student wants to purchase any item outside of the Quest Choice program, they are permitted to do so through the school's dining account or with cash payment at check-out. When funds are added to the dining account, students will be able to access those funds by showing their student ID at check-out, and the cost of the additional item(s) will be automatically deducted from their account.

QUEST CHOICE SYMBOL

The Quest Choice symbol is used throughout serving areas so that students can easily identify the items included in the program, allowing them easy and discreet access to their meals. The Quest Choice symbol is featured next to qualifying items on menu signage at each station, and oftentimes next to the item itself on the serving line or pick-up location.

ABOUT QUEST FOOD MANAGEMENT SERVICES

Quest Food Management Services is a premier food service provider for schools throughout the Midwest. Quest is committed to using scratch made cooking techniques and fresh, high-quality ingredients to offer students nutritious meals that fuel their development and learning.

FOR MORE INFORMATION

If a student or caregiver is having difficulty understanding what is included in the Quest Choice program at their school, our dining team is available to provide further details. Students and caregivers can contact **Megan Gacek, Chef Manager** by email at megan.gacek@questfms.com or phone at 773-965-0142, or email QuestChoice@QuestFMS.com to request more information.