

SJUSD Secondary Lunch -May 2026

Lunch Entrée	Protein Source
Baked BBQ Chicken w/ potato wedges	Chicken
Bean & Cheese Burrito	Beans, Dairy
Beef Rib B' Que	Beef
Breaded Chicken Drumstick with Wedges	Chicken
Butter Chicken w/ Rice	Chicken
Butter Tofu w/ Rice	Soy
Cheese Burger	Beef, Dairy
Cheese Pizza	Dairy
Cheese Quesadilla	Dairy
Chicken & Cheese Quesadilla	Chicken, Dairy
Chicken Alfredo Pasta	Chicken, Dairy
Chicken Burger	Chicken
Chicken Caesar Salad	Chicken, Dairy
Chicken Caesar Wrap	Chicken, Dairy
Chicken Lo Mein	Chicken, Soy
Chicken Popcorn Bowl w/ Mashed Potatoes	Chicken, Dairy
Chicken Pasta Alfredo	Chicken, Dairy
Chicken Pozole Soup w/ Chips	Chicken
Glazed Chicken Drumstick	Chicken
Grillers Prime Veggie Burger	Soy, Egg White
Hot Dog Beef	Beef
Italian Dunkers	Dairy
Meatball Sub	Chicken, Dairy
Nachos - Bean and Cheese	Beans, Dairy
Nachos-Turkey Taco Meat, Beans and Cheese	Turkey, Beans, Dairy
Nachos - Beef	Beef, Beans, Dairy
Orange Chicken with Rice	Chicken, Soy
PB&J Sandwich	Peanut
Shoyu Ramen	Chicken
Spicy Chicken Burger	Chicken
Spicy Chicken Tenders w/ Pretzels	Chicken, Dairy
Spicy Chicken Warp	Chicken, Dairy
Tikka Masaka with Rice	Chicken, Dairy
Tuna Sandwich	Fish, Soy
Turkey Ham Sandwich	Chicken, Dairy
Verde Wet Burrito	Soy, Dairy
Yogurt Parfait	Dairy

Allergens
Soy, Wheat
Wheat, Milk, Soy
Wheat, Milk, Soy
Wheat
Milk,Wheat
Soy, Wheat
Milk, Wheat
Milk,Soy, Wheat
Milk, Soy, Wheat
Milk, Soy, Wheat
Wheat, Milk
Wheat, Soy
Milk, Egg, Fish, Wheat
Milk, Egg, Fish, Wheat
Wheat, Soy
Milk, Wheat
Wheat, Milk
None
None
Wheat, Milk, Soy, Egg
Wheat
Wheat, Milk, Soy, Egg
Wheat, Milk, Soy
Milk
Milk,Soy, Wheat
Milk, Soy, Wheat
Soy, Wheat
Nut, Wheat
Sesame, Soy, Wheat
Wheat, Soy
Milk,Wheat, Soy
Milk, Soy, Wheat, Egg
Milk
Egg, Soy, Wheat
Wheat, Milk
Milk, Soy, Wheat
Milk, Wheat