



## Halifax County Schools K-8 Menus for May 2026

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
| <p><b>Menus are subject to change</b></p> <p>Deli meat is a turkey, not pork.</p>   | <p>Breakfast includes choice of low-fat or fat-free milk, 100% fruit juice, and fresh fruit.</p> <p>Lunch includes choice of low-fat or fat-free milk.</p> <p>Fresh Fruit and Fruit Cup</p> <p>Options available daily at breakfast and at lunch.</p>               | <p><b>Daily Alternate Breakfast</b><br/> <b>Entrée Options:</b><br/>           Cereal, Cereal Bar, or PopTarts</p> <p><b>Daily Alternate Lunch</b><br/> <b>Entrée Options:</b><br/>           Deli Sandwich<br/>           PBJ Sandwich</p>                      |  | <p><b>May 1</b><br/>           Manager's Choice<br/>           Fruit Choice</p> <p><b>Pepperoni Pizza</b><br/> <b>Cheese Pizza</b><br/>           French Fries<br/>           Side Salad<br/>           Baby Carrots w/Dip<br/>           Mixed Fruit Cup<br/>           Banana</p>                              |
| <p><b>May 4</b><br/>           Pancake on a Stick<br/>           Fruit Choice</p> <p><b>Sloppy Joe Sandwich</b><br/>           Green Beans<br/>           Sweet Potato Fries<br/>           Baked Apples<br/>           Fresh Fruit</p>                 | <p><b>May 5</b><br/>           Bacon Egg &amp; Cheese S'wich<br/>           Fruit Choice</p> <p><b>Beef Stir-Fry w/Rice</b><br/>           Black-eyed Peas<br/>           California Vegetable Medley<br/>           Diced Pears Cup<br/>           Fresh Fruit</p> | <p><b>May 6</b><br/>           Fresh Baked Cinnamon Roll<br/>           Fruit Choice</p> <p><b>Pork Chop w/Roll</b><br/>           Mashed Potatoes<br/>           Steamed Broccoli<br/>           Blueberry Cobbler<br/>           Fresh Fruit</p>               | <p><b>May 7</b><br/>           French Toast w/Sausage<br/>           Fruit Choice</p> <p><b>Deli Sandwich</b><br/> <b>Chef Salad w/Crackers</b><br/>           Collard Greens<br/>           Sweet Potato Fries<br/>           Mixed Fruit Cup<br/>           Fresh Fruit</p>          | <p><b>May 8</b><br/>           EARLY RELEASE<br/>           Manager's Choice<br/>           Fruit Choice</p> <p><b>Pepperoni Pizza</b><br/> <b>Cheese Pizza</b><br/>           French Fries<br/>           Side Salad<br/>           Baby Carrots w/Dip<br/>           Mixed Fruit Cup<br/>           Banana</p> |
| <p><b>May 11</b><br/>           Ham &amp; Cheese Croissant<br/>           Fruit Choice</p> <p><b>Baked Spaghetti w/Garlic Bread</b><br/>           Green Beans<br/>           Black-eyed Peas<br/>           Baked Pears<br/>           Fresh Fruit</p> | <p><b>May 12</b><br/>           Chicken Biscuit<br/>           Fruit Choice</p> <p><b>Tacos w/Chips</b><br/>           Glazed Carrots<br/>           Seasoned Corn<br/>           Sliced Peaches Cup<br/>           Fresh Strawberries</p>                          | <p><b>May 13</b><br/>           Pancake on a Stick<br/>           Fruit Choice</p> <p><b>Sloppy Joe Sandwich</b><br/>           Potato Smiles<br/>           Baked Beans<br/>           Strawberry Cobbler<br/>           Fresh Fruit</p>                        | <p><b>May 14</b><br/>           Bacon Egg &amp; Cheese S'wich<br/>           Fruit Choice</p> <p><b>Chicken Sandwich</b><br/> <b>Chef Salad w/Crackers</b><br/>           Steamed Broccoli<br/>           Glazed Carrots<br/>           Mixed Fruit Cup<br/>           Fresh Fruit</p> | <p><b>May 15</b><br/>           Manager's Choice<br/>           Fruit Choice</p> <p><b>Pepperoni Pizza</b><br/> <b>Cheese Pizza</b><br/>           French Fries<br/>           Side Salad<br/>           Baby Carrots w/Dip<br/>           Mixed Fruit Cup<br/>           Banana</p>                             |
| <p><b>May 18</b><br/>           French Toast w/Sausage<br/>           Fruit Choice</p> <p><b>Baked Spaghetti w/Garlic Bread</b><br/>           Green Beans<br/>           Pinto Beans<br/>           Baked Apples<br/>           Fresh Fruit</p>        | <p><b>May 19</b><br/>           Pork Chop Biscuit<br/>           Fruit Choice</p> <p><b>Beef Stir-Fry w/Rice</b><br/>           Black-eyed Peas<br/>           Glazed Carrots<br/>           Frozen Strawberry Cup<br/>           Fresh Fruit</p>                   | <p><b>May 20</b><br/>           Ham &amp; Cheese Croissant<br/>           Fruit Choice</p> <p><b>Hot Dog w/Chili</b><br/>           Baked Beans<br/>           Cole Slaw<br/>           Blueberry Cobbler<br/>           Fresh Fruit</p>                         | <p><b>May 21</b><br/>           Chicken Biscuit<br/>           Fruit Choice</p> <p><b>Deli Sandwich</b><br/> <b>Chef Salad w/Crackers</b><br/>           Steamed Broccoli<br/>           Sweet Potato Fries<br/>           Frozen Peach Cup<br/>           Fresh Fruit</p>             | <p><b>May 22</b><br/>           Manager's Choice<br/>           Fruit Choice</p> <p><b>Pepperoni Pizza</b><br/> <b>Cheese Pizza</b><br/>           French Fries<br/>           Side Salad<br/>           Baby Carrots w/Dip<br/>           Mixed Fruit Cup<br/>           Banana</p>                             |
| <p><b>May 25</b><br/>           No School<br/>           Memorial Day Holiday</p>   | <p><b>May 26</b><br/>           Bacon Egg &amp; Cheese S'wich<br/>           Fruit Choice</p> <p><b>Tacos w/Chips</b><br/>           Glazed Carrots<br/>           Seasoned Corn<br/>           Frozen Strawberry Cup<br/>           Fresh Fruit</p>                | <p><b>May 27</b><br/>           Fresh Baked Cinnamon Roll<br/>           Fruit Choice</p> <p><b>Chicken Nuggets w/Roll</b><br/>           Mashed Potatoes<br/>           California Blend Vegetables<br/>           Fruit Cobbler<br/>           Fresh Fruit</p> | <p><b>May 28</b><br/>           French Toast w/Sausage<br/>           Fruit Choice</p> <p><b>Chicken Sandwich</b><br/> <b>Chef Salad w/Crackers</b><br/>           Steamed Broccoli<br/>           Glazed Carrots<br/>           Frozen Peach Cup<br/>           Fresh Fruit</p>       | <p><b>May 29</b><br/>           Manager's Choice<br/>           Fruit Choice</p> <p><b>Pepperoni Pizza</b><br/> <b>Cheese Pizza</b><br/>           French Fries<br/>           Side Salad<br/>           Baby Carrots w/Dip<br/>           Mixed Fruit Cup<br/>           Banana</p>                             |

### Families Making the Connection

#### Be Active Every Day for Fitness Benefits!

Did you know May is National Physical Fitness and Sports Month? Celebrate Physical Fitness and Sports Month and be active every day. Kids should aim for 60 minutes and adults

should aim for 30 minutes of daily physical activity. Learn more and find resources at <https://odphp.health.gov/our-work/nutrition-physical-activity/physical-activity-guidelines>.