Discover School Breakfast!

WHY EAT BREAKFAST?

- It s a great way to spend time with friends.
- Breakfast at school costs less than at the convenience store.
- Eating breakfast gives you brain energy to think clearly in your classes and gets you charged up for the day.
- Breakfast has vitamins and nutrients for a strong and healthy body.
- Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.
- Studies show that when you eat breakfast, you are less likely to overeat during the day.

WHAT DO OTHER KIDS SAY ABOUT EATING BREAKFAST?

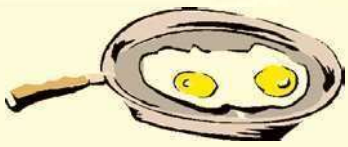
- I like breakfast because I don t have time to eat at home.
- It gives me a better attitude towards school.
- I eat breakfast because I m hungry!



WHAT S FOR BREAKFAST?







Cereal	Fruit
Toast	Waffles
Muffins	Hot Cereal
Sweet	Bagels
Rolls	English Muffins
Pancakes	Milk
Eggs	



This institution is an equal opportunity provider.

USDA
United States Department of Agriculture

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Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, and American Sign Language) should contact the responsible State or local Agency that administers the program or USDA's TARGET Center at **(202) 720-2600** (voice and TTY) or contact USDA through the Federal Relay Service at **(800) 877-8339.**

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form, which can be obtained online, at https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling **(866) 632-9992**, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

fax:
(833) 256-1665 or (202) 690-7442; or

email:
program.intake@usda.gov.

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La información del programa puede estar disponible en otros idiomas además del inglés. Las personas con discapacidades que requieran medios de comunicación alternativos para obtener información sobre el programa (por ejemplo, Braille, letra agrandada, grabación de audio y lenguaje de señas americano) deben comunicarse con la agencia estatal o local responsable que administra el programa o con el TARGET Center del USDA al **(202) 720-2600** (voz y TTY) o comunicarse con el USDA a través del Servicio Federal de Transmisión de Información al **(800) 877-8339.**

Para presentar una queja por discriminación en el programa, el reclamante debe completar un formulario AD-3027, Formulario de queja por discriminación del programa del USDA, que se puede obtener en línea, en https://www.usda.gov/sites/default/files/documents/ad-3027s.pdf, en cualquier oficina del USDA, llamando al **(866) 632-9992**, o escribiendo una carta dirigida al USDA. La carta debe contener el nombre, la dirección y el número de teléfono del reclamante, y una descripción escrita de la supuesta acción discriminatoria con suficiente detalle para informar al Subsecretario de Derechos Civiles (ASCR, por sus siglas en inglés) sobre la naturaleza y la fecha de la presunta violación de los derechos civiles. La carta o el formulario AD-3027 completado debe enviarse al USDA por medio de:

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U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; o´

fax:
(833) 256-1665 o´ (202) 690-7442; o´

correo electrónico:
program.intake@usda.gov.

Esta institución ofrece igualdad de oportunidades.

BREAKFAST
PAID: $2.00 REDUCED: .30¢
ADULTS/GUEST: $2.50

MAY 2026
KING KONG CAFE

MANAGER LINDA TURNIPSEED
Lisa Fear
Valerie Conley
Debra Early
Makayla Biggs
Melinda Bogseth

Monday	Tuesday	Wednesday	Thursday	Friday
			MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com	1 DONUT BAR CEREAL PEACHES APPLE JUICE
4 CONFETTI PANCAKE LUCKY CHARMS PEARS FRUIT PUNCH	5 CINNAMON TOAST CRUNCH FRENCH TOAST LUCKY CHARMS FLAVORED APPLESAUCE ORANGE JUICE	6 BISCUITS & SAUSAGE GRAVY LUCKY CHARMS DICED PEACHES APPLE JUICE	7 PANCAKE ON A STICK LUCKY CHARMS STRAWBERRIES GRAPE JUICE	8 NO SCHOOL
11 MINI WAFFLES FROSTED FLAKES MIXED FRUIT FRUIT PUNCH	12 MAPLE PANCAKES FROSTED FLAKES BLUEBERRIES ORANGE JUICE	13 HAM & CHEESE BISCUIT W/HASHBROWN FROSTED FLAKES PEARS APPLE JUICE	14 BREAKFAST BITES FROSTED FLAKES FLAVORED APPLESAUCE GRAPE JUICE	15 CINNAMON PULL APARTS FROSTED FLAKES PEACHES FRUIT PUNCH
18 STRAWBERRY CREAM CHEESE BAGEL COCOA PUFFS BLUEBERRIES ORANGE JUICE	19 MINI WAFFLES COCOA PUFFS STRAWBERRIES APPLE JUICE	20 BISCUITS & SAUSAGE GRAVY COCOA PUFFS PEARS GRAPE JUICE	21 STRAWBERRY PANCAKE PUFF COCOA PUFFS WARM APPLE SLICES FRUIT PUNCH	22 RING DONUTS COCOA PUFF PEACHES FRUIT PUNCH
25 NO SCHOOL	26 CHERRY FRUEDEL W/ICING TRIX STRAWBERRIES ORANGE JUICE	27 SAUSAGE BISCUIT TRIX APPLESAUCE GRAPE JUICE	28 MINI PANCAKES TRIX PEACHES FRUIT PUNCH	29 WARM CHOC MUFFIN CEREAL PEARS APPLE JUCIE

OFFERED DAILY
Choice of Milk, Juice, Fresh
And canned Fruits & Vegetables

USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER
MENU IS SUBJECT TO CHANGE BASED ON AVAILABILITY
BREAKFAST MON., TUES., and THURS. & FRI. 7:30 AM WED. 7:45 AM

ROTATING ENTREES
POPTARTS
WOW BUTTER & JELLY SANDWICH

FREE SUMMER MEAL PROGRAM STARTS JUNE 1 ST, 2026 ROCHESTER HIGH SCHOOL & COLUMBIA ELEMENTARY SERVING BREAKFAST & LUNCH
FULTON COUNTY & KEWANNA PUBLIC LIBRARY LUNCH ONLY – SEE MENUS FOR TIMES

LUNCH

PAID: $3.00 REDUCED: .40¢
ADULTS/GUEST: $4.60

MAY 2026
KING KONG CAFE

MANAGER LINDA TURNIPSEED
Lisa Fear
Valerie Conley
Debra Early
Makayla Biggs

Monday	Tuesday	Wednesday	Thursday	Friday
				1 **PIZZA** W/PIZZA SAUCE ROAMAINE SALAD BABY CARROTS GRANNY SMITH APPLES
4 **CORN DOGS** STARZ (WARS) POTATO BAKED BEANS STRAWBERRIES BANANA	**5** **TACOS** WALKING OR SOFT SHELL REFRIED BEANS TOMATO, LETTUCE & CHEESE CLEMENTINE BLUEBERRIES	**6** **TENDERLION** SEASONED GREEN BEANS CRINKLE CUT FRIES SLICED PEARS ORANGE	**7** **CHICKEN DRUMSTICK** W/DINNER ROLL MASHED POTATOES SEASONED CORN COLE SLAW CINNAMON APPLESAUCE RAISINS	**8** **NO SCHOOL**
11 **POPCORN CHICKEN** W/DINNER ROLL MASHED POTATOES SEASONED CORN STRAWBERRIES BLUSHING PEARS	**12** **SPAGHETTI** W/MEAT SAUCE GARLIC BREAD ROMAINE SALAD FRUIT COCKTAIL RED DELICIOUS APPLE	**13** **BRD CHICKEN SANDWICH** POTATO WEDGES BAKED BEANS DICED PEACHES GRANNY SMITH APPLE	**14** **CHICKEN & NOODLES** W/DINNER ROLLS SEASONED GREEN BEANS MASHED POTATOES BLUEBERRIES FLAVORED APPLESAUCE	**15** **STUFFED CRUST PIZZA** W/MARINARA SAUCE ROMAINE SALAD ORANGE WEDGES GRAPES
18 **SLOPPY JOE** CRINKLE FRIES SEASONED GREEN BEANS STRAWBERRIES WHITE CAKE	**19** **BEEFY FIESTADA PIZZA** REFRIED BEANS TOMATO & LETTUCE SLICED PEARS BLUEBERRIES	**20** **RIPPERS** W/MARINARA SAUCE CALIFORNIA BLEND W/CHEESE DRIZZZEL DICED PEACHES CINNAMON APPLESAUCE +	**21** **MACARONI & CHEESE** W/ SAUSAGE LINKS BAKED BEANS BABY CARROTS STRAWBERRIES GRANNY SMITH APPLE	**22** **BIG DADDY PIZZA** TOSSED ROMAINE SALAD CUCUMBER SLICES WATERMELON WEDGE
25 **NO SCHOOL**	**26** **TACOS** WALKING OR SOFT SHELL REFRIED BEANS TOMATO, LETTUCE & CHEESE CLEMENTINE CHERRY APPLESAUCE	**27** **HAMBURGER** W/CHEESE SLICE SEASONED CORN CRINKLE CUT FRIES STRAWBERRIES ORANGE	**28** **CHICKEN & NOODLES** W/DINNER ROLLS SEASONED GREEN BEANS MASHED POTATOES FRESH APPLE BLUEBERRIES	**29** **HOT DOG** WG CHIPS BABY CARROTS & CELERY PEACH CUP FRUIT ROLL UP WG COOKIE

MY SCHOOL BUCKS — PAY FOR MEALS ONLINE — MySchoolBucks.com

OFFERED DAILY
Choice of Milk, Juice and Fresh
Canned and Fresh Fruit & Vegetables
ALACART COOKIE .75
JUICE POUCH .80

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ALACART MILK .45
ROTATING ENTRÉE'S
Wow Butter Sandwich Parfaits
YOGURT PACK KONG LUNCHABLE
Cold Sandwich Wrap