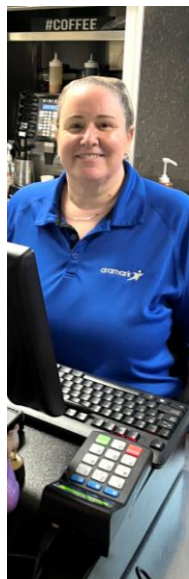


Our Secret Ingredient

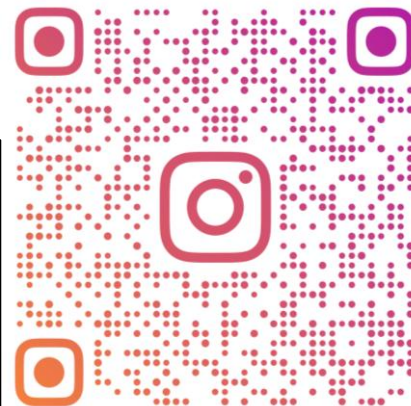
For the past 4 years, Kristen Goncalves has been a driving force of creativity at Central Bucks South. As the leader of the Titan Cafe, she has dedicated herself to Powering Potential by developing innovative, healthy menu items and signature drinks that students love. Kristen's passion for her work shines through in her close connection with the student body and the strong bond she shares with her supportive team. Her commitment to bringing fresh ideas to the cafeteria every day ensures that our students have the high-quality fuel they need to succeed.



Let's Get Social

Get your daily dose of deliciousness! Follow us on Instagram for food pics, fun content, and healthy eating tips. **@AramarkCBSD** or Scan the QR code below.

Scan Me to Follow



We Remember

It is with heavy hearts that we remember and celebrate the life of Sharon Siron, a true pillar of the Central Bucks community. A proud graduate of Central Bucks West, Sharon dedicated over 48 years of service to the students of our district. Her passion for working with children was evident to everyone she met, shining through in her remarkable warmth and unwavering dedication.

As a long-time, beloved member of our team and a familiar, smiling face at Tamanend, West, Doyle, and Gayman, Sharon didn't just serve meals; she served kindness. Her legacy lives on in the generations of students she fueled and the colleagues who were lucky enough to call her a friend. She will be deeply missed, but her impact on the heart of Central Bucks will never be forgotten.



Don't Miss Out

Get ready to upgrade your lunch with the Bruschetta Chicken Focaccia! We're Powering Potential with pillowy, hand-pressed focaccia topped with juicy diced chicken, fresh plum tomato bruschetta, and melted mozzarella, all finished with a chef-level herb mayo drizzle. This special is only available from May 11th through May 15th, so don't miss out on the freshest vibe of the month. See you in the lunch line!

Bruschetta Chicken Focaccia



Frazil Fest

Get ready for Frazil days arriving at Central Bucks elementary schools this spring! Frazil is the ultimate fun slush drink that students love, and parents can feel great about it too. It's made with 100% juice and contains no artificial colorings or flavors. Keep a close eye on your school's calendar so you don't miss out on these refreshing, one-day-only events!



Nutrition Stages & Ages

Ever feel like your child's eating habits change faster than their shoe size? From the "toddler hunger strike" to the "teenage bottomless pit," navigating nutrition through every growth spurt can feel like a full-time job. We are Powering Potential by sharing this essential guide to help you master the menu at every age.

Why you need to read this:

- **The Development Roadmap:** Understand exactly what nutrients your child needs most, from the high-growth toddler years to the high-energy teen years.
- **Ending the Food Fights:** Pro-tips on handling picky eaters and establishing a positive relationship with food that lasts a lifetime.
- **The "Secret" Superpowers:** Learn which specific foods boost brain power for those big exams and athletic performance on the field.

Don't guess when it comes to your child's fuel. Get the full breakdown on how to support their growth at every stage!



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