

Fredericksburg ISD
School Health Advisory Council Meeting Minutes
February 25, 2026 4:30pm
Fredericksburg ISD - District Office
110 W Travis St.
Fredericksburg, TX 78624

SHAC Members Present: David Pedregon, Amy Beicker, Shelee Padgett, Melanie Gilroy, John Willome [note: Melanie Gilroy joined the meeting at 5:00, but the meeting started with quorum]

SHAC Members Absent: Fowlan Allen, Kristi Stafford

Staff Present: Sarah Southard, District Coordinator

Others Present: None

Agenda Topic
<p>Call to Order: David Pedregon called the meeting to order at 4:44pm. Documentation of Attendance and Quorum: Four of the seven committee members were in attendance at the beginning with three being FISD parents. David recognized we had achieved quorum.</p>
<p>Agenda Item #1 – Approval of December 3, 2025, Meeting Minutes Amy Beicker made a motion to accept the minutes as presented. Shelee Padgett seconded the motion. The motion passed unanimously.</p>
<p>Agenda Item #2 – P.A.P.A Update Sarah Southard reported the Assistant Superintendent for Instruction is reviewing the materials and taking them into consideration following the vote at the December meeting to recommend FISD consider the materials and send teachers to training on them. No further action was taken.</p>
<p>Agenda Item #3 – New Business There was an item for New Business on the agenda, but no new business was discussed.</p>
<p>Agenda Item #4 – “Fight the New Drug” Update Amy Beicker shared a series of videos from the “Fight the New Drug” campaign dealing with the dangers of pornography on the brain, relationships and society. The videos include content on human trafficking as well. It was suggested that two of the three videos would be appropriate for middle school while the third for high school. There is a license to show the videos publicly, but the cost is minimal with a lifetime license being approximately \$300. The SHAC members decided to review the materials further and hold a special meeting in March that would be publicly announced and held to vote on whether or not to recommend it to the school board for use, possibly for not only students, but parents and staff as well. No further action was taken at the meeting.</p>
<p>Agenda Item #5 – Review SHAC Bylaws There was discussion about eliminating the term limits for SHAC members as is outlined in Article IV, Section 2, Item 1 in the bylaws. Amy Beicker moved that the last sentence of Item 1 read, “Parents and community members will serve two-year appointments, with no limit on the number of consecutive terms they may serve. Individuals wishing to continue serving beyond their initial term must reapply for appointment at the conclusion of each two-year term.” Shelee Padgett seconded the motion. The motion passed unanimously.</p>
<p>Agenda Item #6 – Discuss SHAC Application Process/Timeline The group decided the application to replace the expiring terms of David Pedregon, Amy Beicker, and Shelee Padgett should start in March and close by the end of March so the school board members will have time to review the applications and select who will fill those seats for the 2026-2028 school year terms. That way David, Amy, and Shellee will know at the April 29 SHAC meeting if it is their last meeting or not.</p>
<p>Adjourn John Willome moved to adjourn the meeting at 5:11pm. Amy Beicker seconded the motion. The motion passed unanimously.</p>

Respectfully submitted by John Willome on February 27, 2026