

**Fredericksburg ISD
School Health Advisory Council Meeting Minutes
March 26, 2026 4:30pm
Fredericksburg ISD - District Office
110 W Travis St.
Fredericksburg, TX 78624**

SHAC Members Present: David Pedregon, Amy Beicker, Shelee Padgett, Melanie Gilroy, John Willome

SHAC Members Absent: Fowlan Allen, Kristi Stafford

Staff Present: Sarah Southard, District Coordinator

Others Present: None

Agenda Topic

<p>Call to Order: David Pedregon called the meeting to order at 4:41pm.</p>
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<p>Documentation of Attendance and Quorum: Five of the seven committee members were in attendance at the beginning with at least three being FISSD parents. David recognized we had achieved quorum.</p>
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<p>Agenda Item #1 – Fight the New Drug’s “Brain Heart World” three-part documentary discussion. Amy Beicker opened up the discussion saying she believed these videos have content about the dangers of pornography that is important for young people to know about. David Pedregon appreciated the professional production and how accessible it made what can be an awkward topic. He also liked the structure of the deliver in that it looked at how pornography negatively impacts the brain, relationships, and then the broader impact on society. Shelee Padgett and Melanie Gilroy echoed those sentiments. John Willome expressed concern about the third video (society), not because the content was bad, but because it was fairly intense in how it described violence, sexual abuse, and sex trafficking, and he was afraid it could trigger students who were already victims in some way, which, statistically, there are likely to be many.</p>

<p>Amy Beicker made a motion to recommend to the school board a \$300 purchase of a lifetime license to show the first two videos to students (Brain and Heart), with the Brain video being available at the 8th grade level and both being available at the high school level, and then have the staff come up with a plan to show the videos to students during their advisory period or a time that is common to all students. Melanie Gilroy seconded the motion. Shelee Padgett offered an amendment that, should the funds be available, FISSD should consider bringing representatives from Fight the New Drug in for education sessions for students and parents/guardians. Amy and Melanie were amenable to the amendment. The motion and amendment passed unanimously.</p>

<p>Adjourn</p>

<p>John Willome moved to adjourn the meeting at 4:55pm. Shelee Padgett seconded the motion. The motion passed unanimously.</p>
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Respectfully submitted by John Willome on March 27, 2026