

June

2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---|---|---|-------------------------------|----------|
| | 1 No Football activities! | 2 No Football activities! | 3 No Football activities! | 4 No Football activities! | 5 No Football activities! | 6 |
| 7 | 8 Informational Meeting 9AM - 10AM Location TBD | 9 Summer Conditioning ATF 9AM - 11AM | 10 Summer Conditioning ATF 9AM - 11AM | 11 Summer Conditioning ATF 9AM - 11AM | 12 No Football activities! | 13 |
| 14 | 15 No Football activities! | 16 Summer Conditioning ATF 9AM - 11AM | 17 Summer Conditioning ATF 9AM - 11AM | 18 Summer Conditioning ATF 9AM - 11AM | 19 No Football activities! | 20 |
| 21 | 22 No Football activities! | 23 Summer Conditioning ATF 9AM - 11AM | 24 Summer Conditioning ATF 9AM - 11AM | 25 Summer Conditioning ATF 9AM - 11AM | 26 No Football activities! | 27 |
| 28 | 29 Summer Conditioning ATF 9AM - 11AM | 30 Summer Conditioning ATF 9AM - 11AM | | | | |

July

2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|-------------------------------|-------------------------------|------------------------------|------------------------------|---|----------|
| | | | No Football activities! | No Football activities! | No Football activities! | 4 |
| 5 | 6 No Football activities! | 7 No Football activities! | 8 No Football activities! | 9 No Football activities! | 10 No Football activities! | 11 |
| 12 | 13 No Football activities! | 14 No Football activities! | 15 Limited Period TBD | 16 Limited Period TBD | 17 Limited Period TBD | 18 |
| 19 | 20 Limited Period TBD | 21 Limited Period TBD | 22 Limited Period TBD | 23 Limited Period TBD | 24 Limited Period TBD | 25 |
| 26 | 27 Limited Period TBD | 28 Limited Period TBD | 29 Limited Period TBD | 30 Limited Period TBD | 31 Mentor Fresh Gear Hand-Out 9AM - 11AM | Aug. 1 |
| 1 | 2 Practice 4PM - 6PM | 3 Practice 4PM - 6PM | 4 Practice 4PM - 6PM | 5 Practice 4PM - 6PM | 6 Practice 4PM - 6PM | 7 |
| | | | | | | 8 |