

Monday

Tuesday

Wednesday



Thursday

Friday



1

4

Chicken and Waffles
  Veggie Tenders & Waffles
 Glazed Carrots
 Fruit



5

 Mostaccioli
 Pasta Marinara
 Garden Salad
 Fruit



6

Orange Chicken
  Vegetarian Orange
 Stir-Fried Vegetables
 Fruit


7

Meatball Subs
  Black Bean Meatball Sub
 Mixed Vegetables
 Tater Tots
 Fruit


8

Buffalo Chicken Wrap
  Veggie Wrap
 Cucumbers with Ranch
 Cheez-Its
 Fruit



11

Chicken Fajitas
  Veggie Fajitas
 Fruit



12

Beef Philly
 Mushroom Philly
 Green Beans
 Fruit


13

Chicken Fried Rice
  Vegetable Fried Rice
 Fruit


14

Cheeseburgers
  Black Bean Burgers
 Mixed Vegetables
 Fruit


15

Chicken Salad Sandwich
 Veggie Cranberry Salad
 Broccoli with Ranch
 Gold Fish Crackers
 Fruit



18

Cheesy Chicken Casserole
 Veggie Casserole
 Mixed Vegetables
 Fruit



19

Cavatappi and Meatballs
  Black Bean Meatballs and
 Pasta
 Zucchini and Squash
 Fruit



20

Chicken Mac & Cheese
  Veggie Pasta Salad
 Green Beans
 Fruit

21

Sloppy Joes
  Chorizo Sloppy Joe
 Creamed Corn
 Fruit


22

Turkey and Cheese Sandwich
  Sun Butter and Jelly
 Carrots and Ranch
 Graham Crackers
 Fruit


25



26

 Hot Dogs
 Veggie Dogs
 Baked Beans
 Fruit


27

Beef Nachos
 Cheese Nachos
 Salsa
 Fruit

28

 Chef Salad
 Garden Salad
 Dinner Roll
 Fruit

29

Chicken Caesar Wrap
 Veggie Caesar Wrap
 Cucumbers and Ranch
 Sun Chips
 Fruit

