

Rebel Report

COMPASSION HONESTY RESPECT
RESPONSIBILITY

May 1, 2026

STAFF APPRECIATION WEEK

Dear Reeds Brook Families,

Staff Appreciation Week is next week – Monday, May 4th through Friday, May 8th – and we are so grateful for the incredible response from our community! A huge thank you to everyone who has already donated toward our Monday Coffee Bar and Wednesday Snack Cart. You are amazing!

We still have a few needs to fill to make the week complete:

🌸 Thursday, May 7th – Make-Your-Own Bouquet Flower Bar

We would love fresh flower donations or monetary contributions toward flowers from Hampden Floral. Drop off flowers or donations at the main office anytime before Thursday morning.

☞ Friday, May 8th – Staff Breakfast

We still have a few open spots on our sign-up. If you are able to contribute, we would be so grateful!

Sign up here → <https://www.signupgenius.com/go/9040849AEA923A5F94-63801179-rbms>

Items can be dropped off as early as 6:45 AM.

Every contribution – big or small – goes a long way toward showing our staff how much they are valued. Thank you for your generosity and for being such a wonderful community.

Warmly,

Jen Cyr

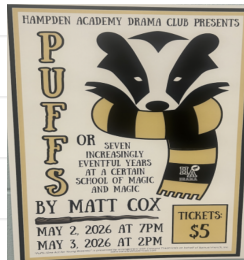
Principal, Reeds Brook Middle School

NWEA TESTING TUESDAY AND THURSDAY NEXT WEEK

RBMS ATTENDS PUFFS AT HAMPDEN ACADEMY



WINDSTORM CHALLENGE AT UMAINE



PUFFS IS PLAYING THIS WEEKEND



WAGNER & RBMS COMBINE FOR MODEL UN CONFERENCE

MAY HEALTH TOPICS



GBS Grade 6 M09 May -family-bulletin.pdf

[Download](#)

653.1 KB



GBS Grade 7 M19 May -family-bulletin.pdf

[Download](#)

236.5 KB



GBS Grade 8 M29 May -family-bulletin.pdf

[Download](#)

228.6 KB

Upcoming Student Council Dance 05/15/26

Our last school dance will be hosted by the Student Council on May 15, 2026 from 7pm to 8:30pm. The dance will be Semi-Formal **OPTIONAL**. The theme is TBD. Please keep checking the Rebel Report for updated information.



TWINNING



Lunch Menu

4	5	6	7	8
Popcorn Chicken Crinkle Cut Fries Assorted Sauces Salad & Fruit Bar	Pasta & Meatsauce Garlic Bread  Salad & Fruit Bar	Beef & Cheese Burrito Fiesta Salad Salsa & Sour Cream Cookie Salad & Fruit Bar	Cheesy Breadsticks Marinara Dipping Sauce Salad & Fruit Bar	WABANAHI DAY Three Sisters Harvest Stew Corn Bread Cheese Stick Salad & Fruit Bar

UPCOMING EVENTS

NEXT WEEK

- May 4 – Staff Appreciation Week Kickoff!
- May 5 – Math NWEA
- May 7 – Reading NWEA, Spring Chorus Concert @ 6:30 PM
- May 8- Grade 6 Wabanaki Connections event with Wagner (Guest Speaker & Activities)



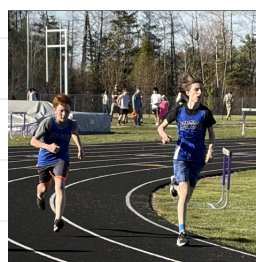
UPCOMING

- May 9 – Saturday, Model UN Conference @ Bates College - all day
- May 11 – 8th Grade Science MEAs
- May 13 – 8th Grade Field Trip to Cole Museum
- May 14 – State Math Meet @ UMO

- May 15 – 7th Grade Field Day (combined with Wagner)
- May 20 – Special Olympics Track & Field Meet at HA
- May 21 – Rain Date for 7th Grade Field Day
- May 21 – Landscape Art field trip - Fort Point Lighthouse
- May 21 – MLTI Student Conference at UMaine (Tech Club)
- May 22 – 8th Grade @ HA (RBMS + Wagner) / Early Dismissal
- May 25 – Memorial Day (No School)
- May 28 - H-W SO Banquet in RB cafeteria
- May 29 – 6th Grade Field Trip to UMaine
- May 30 – Band (7/8) + Funtown Trip

As always, please don't hesitate to reach out if you have any questions at rbmsoffice@rsu22.us

REBELS IN ACTION





UPCOMING MUSIC CARNIVAL FUNDRAISER



8th Grade Families



25-26 Letter to 8th grade parents.docx.pdf

[Download](#)

1.7 MB

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8TH GRADE STEP AHEAD TO HAMPDEN ACADEMY

Thursday

May 21st

6:00 PM

Hampden Academy



STUDENTS AND FAMILIES INVITED



MEET YOUR NEW CLASSMATES



LEARN ABOUT PROGRAMS



MEET COACHES FOR FALL SPORTS



Attention Incoming Hampden Academy Student-Athletes!

Parents and guardians of incoming freshman athletes are encouraged to follow the **Hampden Academy Athletics Facebook page** to stay in the loop this summer.

Summer programs and workouts are organized and run by the individual coaches. If a coach chooses to hold a camp or summer session for their sport, that information will be shared directly on the page.

Following the page now is the best way to make sure your student-athlete does not miss an opportunity to connect with their future coaches and teammates before the school year begins.

NURSE'S CORNER



THE NURSE'S CORNER

Alison Ramsdell RN aramsdell@rsu22.us 862-3540

🌸 Jump Into Spring: Seasonal Allergies 🌸

Spring brings seasonal allergies. Knowing the difference between allergies and illness helps students stay healthy and ready to learn.

Know the Triggers: Common allergens include pollen, grass, dust mites, and pet dander.

Monitor local pollen levels and try to keep windows closed on high-pollen days.

Practice Prevention:



- Encourage children to wash their hands and faces after playing outside, and change clothes when coming indoors. Showering before bed can help reduce nighttime symptoms.
- Keep the windows closed at home and in the car and use the air conditioner instead. Make sure to clean the filters often to keep the pollen away.
- After being outdoors, change clothes and rinse off, and shower to wash away the pollen that may be on your child's body.
- Pets can bring pollen inside the home, so wipe them down with a damp cloth and bathe them regularly.

Allergies and Seasons

- Tree pollen season can run from February to May.
- Grass pollen is more likely to affect you from April to June.
- Ragweed and other weed pollens generally appear from July to November.

- Wash your child's hands after playing outdoors so pollen particles don't go on the face or in the eyes. If your child plays outdoors, have them avoid wet moist areas where mold can grow and tall areas of grass. Keep your child indoors when the grass is mowed..

Pollen Allergy Symptoms

Sneezing	Runny nose
Nasal congestion	Itchy nose
Watery, red and itchy eyes	Itchy throat



LAST CHANCE

YEARBOOK INFO



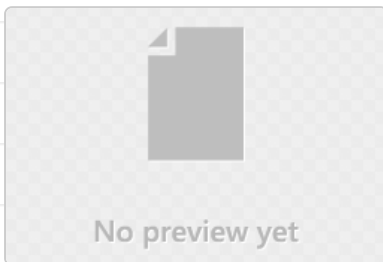
**Yearbook orders must be completed
ONLINE ONLY!**

Orders are due by May 1st!

www.Treering.com → Buy Yearbooks

Passcode: 1017259887783996

Extra yearbooks will **NOT** be available for purchase at RBMS!



RBMS Student Handbook 2025-2026

Reeds Brook Middle School HANDBOOK FOR STUDENTS AND FAMILIES 2025-2026 Dear Students and Families, Please join the Reeds Brook staff in creating a supportive learning environment that challenges students to learn and grow. Our school is a p...

docs.google.com

RBMS WEBSITE

Bus Information

2025-2026 RSU 22 District Calendar

Community Events

SUPPORT SERVICES



Family handout - Acadia NL Case Management.pdf

Download
117.0 KB

CHECK US OUT ON FACEBOOK

Strategic Plan 2022-2027

Four Building Blocks

1	2	3	4
Student Success	Professional Excellence	Community Partnerships	Operational Excellence
Academic Excellence & Achievement	Recruitment & Retention	Family & Community Engagement	Budget Development
Foundational Skills	Professional Development	RSU 22 Educational Foundation	Fiscal & Facilities Management
Instructional Models	Best Practices	Communication & Transparency	Comprehensive Planning
Engagement		Campus Based Services	

About RBMS

Reeds Brook Middle School currently serves approximately 300 students from Hampden and Newburgh, as part of RSU 22. Students at RBMS are in grades 6-8. We challenge all students to achieve individual success in a supportive environment.



Principal: Jennifer Cyr (jcyr@rsu22.us)

Dean of Students: Sandi Bellerose (sbellerose@rsu22.us)

School Counselor: Ann Moody (amoody@rsu22.us)

Nurse: Alison Ramsdell (aramsdell@rsu22.us)

Find us [Facebook](#)



Tina Hinkley

Tina is using Smore to create beautiful newsletters

