

Stride Academy Lunch Menu

May
2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>27</p> <p>What did Spring say when it was in trouble!? May Day!</p>	<p>28</p>	<p>29</p>	<p>30</p>	<p>1</p> <p>Chicken Taco Salad Corn & Black Bean Salsa OR Buffalo Chicken Salad</p> <p>Vegetable Selection Fruit Selection 1% White Milk or Chocolate Milk</p>
<p>4</p> <p>Chicken Alfredo w/Pasta Homemade Garlic Toast OR Chicken Caesar Wrap</p> <p>Broccoli Florets Mixed Fruit 1% White Milk or Chocolate Milk</p>	<p>5</p> <p>Orange Chicken Brown Rice, WG OR Chicken Caesar Wrap</p> <p>Mixed Vegetables Celery Sticks Fruit Selection 1% White Milk or Chocolate Milk</p>	<p>6</p> <p>HOM: Spinach</p> <p>Sloppy Joe on WG Bun Tator Tots OR Chicken Caesar Wrap</p> <p>Baked Beans, Vegetarian Spinach Salad Applesauce 1% White Milk or Chocolate Milk</p>	<p>7</p> <p>Swavory!</p> <p>Beefy Nacho's Churro OR Chicken Caesar Wrap</p> <p>Mango and Black Bean Salsa Baby Carrots Sliced Pears 1% White Milk or Chocolate Milk</p>	<p>8</p> <p>Lunch Prepared by Chef Mike Demos!</p> <p>Chicken Souvlaki Brown Rice, WG</p> <p>Steamed Broccoli Greek Salad Fresh Grapes 1% White Milk or Chocolate Milk</p>
<p>11</p> <p>Cheese Bosco Sticks Marinara Sauce OR Southwest Chicken Salad</p> <p>Corn Broccoli Florets Diced Peaches 1% White Milk or Chocolate Milk</p>	<p>12</p> <p>Turkey Bacon Cheeseburger Tator Tots OR Southwest Chicken Salad</p> <p>Baked Beans, Vegetarian Sliced Pears 1% White Milk or Chocolate Milk</p>	<p>13</p> <p>French Toast Sticks, WG Turkey Sausage Patty OR Southwest Chicken Salad</p> <p>Breakfast Potatoes Celery Sticks Fresh Watermelon Chunks 1% White Milk or Chocolate Milk</p>	<p>14</p> <p>Homemade Cheese Pizza OR Southwest Chicken Salad</p> <p>Romaine Lettuce Baby Carrots Peach Cup 1% White Milk or Chocolate Milk</p>	<p>15</p> <p>Pasta w/ Hearty Meat Sauce Homemade Garlic Toast OR Southwest Chicken Salad</p> <p>Steamed Green Beans Diced Pears 1% White Milk or Chocolate Milk</p>
<p>18</p> <p>Mini Corn Dogs OR Turkey Deli Sub Sandwich</p> <p>French Fries Creamy Coleslaw Sliced Pears 1% White Milk or Chocolate Milk</p>	<p>19</p> <p>Lasagna Rollup with Sauce Garlic Toast OR Turkey and Cheese Sandwich</p> <p>Broccoli Florets Baby Carrots Mixed Fruit 1% White Milk or Chocolate Milk</p>	<p>20</p> <p>Crispy Chicken or Spicy Chicken Sandwich OR Turkey and Cheese Sandwich</p> <p>Glazed Carrots Celery Sticks Fresh Watermelon Chunks 1% White Milk or Chocolate Milk</p>	<p>21</p> <p>Walking Taco Salsa OR Turkey and Cheese Sandwich</p> <p>Spiced Pinto Beans Applesauce 1% White Milk or Chocolate Milk</p>	<p>22</p> <p>Chicken Alfredo Pizza OR Turkey and Cheese Sandwich</p> <p>Side Caesar Salad Baby Carrots Sliced Pears 1% White Milk or Chocolate Milk</p>
<p>25</p> <p>Happy Memorial Day!</p> <p>No School!</p>	<p>26</p> <p>100% Beef Hot Dog on Bun OR Cook's Choice Cold Entree</p> <p>French Fries Baked Beans, Vegetarian Mixed Fruit 1% White Milk or Chocolate Milk</p>	<p>27</p> <p>Cook's Choice #1 OR Cook's Choice #2</p> <p>Vegetable Selection Fruit Selection 1% White Milk or Chocolate Milk</p>	<p>28</p> <p>Cook's Choice #1 OR Cook's Choice #2</p> <p>Vegetable Selection Fruit Selection 1% White Milk or Chocolate Milk</p>	<p>29</p> <p>Last Day of School!</p> <p>Cook's Choice #1 OR Cook's Choice #2</p> <p>Vegetable Selection Fruit Selection 1% White Milk or Chocolate Milk</p>

PRICES

Help us keep meals free, don't forget to take a milk with your meal!!

EXTRA INFO

We have a special guest Chef Mike to cook us a special lunch meal on May 8th. We hope you enjoy the last month of school and have a Great Summer!!

HARVEST OF



THE MONTH

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