

Bermudian Springs Athletics

2026-2027 School Year Athletic Physicals

For all students going into 7th-12th grade who may be interested in participating in a school sport for the 2026-2027 seasons.

Free Athletic physicals will be conducted one time only to anyone wishing to participate in a school affiliated sport during the 2025-2026 school year.

There is no charge for these sports physicals.

Physicals will take place on **Monday, June 1st and Tuesday, June 2nd, 2026 from 4:30-7:00** in the middle school competition gym.

Physical times will need to be scheduled by parents/guardians online here: [Physical Scheduling](#)

No walk-ins will be accepted!!

Athletes and one parent/guardian will be permitted in the building during your scheduled time. Please come at the time scheduled. If you are early, you will be asked to remain outside the facility until it is your time. If you are late, you may lose your time slot and not be permitted to get your physical.

All information must be filled out completely and legible. Please make sure parents/guardians and students sign or initial on all pages necessary. The physical packet can be located here [PIAA Physical Packet](#)

Please have Sections 1-5 of your physical packet completed and signed before your appointed time. Have Section 6 ready for the physical providers to complete.

If an athlete receives a physical from a primary care provider, please note that the physical can not be provided before **May 1, 2026** to be eligible for the 2026-2027 school year.

If you are returning your completed physical packet to the athletic office over the summer months, **please make a copy of the signed physical form for your records.** Emailed copies will not be accepted.

Fall Sports Athletic Physicals are due to the Athletic office by **July 31, 2026**. If you are unable to schedule an athletic physical with the school or your primary care provider. Wellspan currently offers athletic physicals for \$15.00 at any walk-in office. UPMC and OSS offer athletic physicals at their Urgent Care facilities as well.

If you have any questions in regards to athletic physicals Please contact Abbey Sponseller, Athletic Trainer at asponseller@bermudian.org Deb Blasone, Athletic Administrative Assistant at dblasone@bermudian.org

Additional physical and recertification information for the 2026-2026 School Year may be found here: [Athletic Web Pages](#)