

MAY 2026

BLUE MOUNTAIN UNION SCHOOL

All Student Meals are Free
 Adult Breakfast: \$ 4.00
 Adult Lunch: \$5.50

Monday

Tuesday

Wednesday

Thursday

Friday



100% Beef Burger or Impossible Veggie Burger
 Potato Wedges
 Fresh Fruit & Salad Bar

Chicken Broccoli Alfredo Or Broccoli Alfredo 4
 Garlic Bread
 Fresh Fruit & Salad Bar

Chicken, Steak or Bean Burrito Bowl 5
 Rice, Beans
 Corn, Salsa, Sour Cream, Guacamole
 Fresh Fruit & Salad Bar

Early Release Day Fresh Pizza 6
Pepperoni or Cheese
 Sweet Potato Fries
 Caesar Salad

Popcorn Chicken 7
 Curly Fries
 Cole Slaw
 Fresh Fruit & Salad Bar

Cheesy Breadsticks 8
 Marinara Sauce
 Roasted Broccoli
 Fresh Fruit & Salad Bar

Mac and Cheese 11
 Sweet Peas
 Garlic Toast
 Fresh Fruit & Salad Bar

Generals Chicken w/ Broccoli 12
 Fried Rice
 Spring Rolls
 Fresh Fruit & Salad Bar

Fresh Pizza Pepperoni or Cheese 13
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Traditional Grilled Cheese or Pesto Tomato Grilled Cheese 14
 Tomato Soup
 Grilled Asparagus
 Fresh Fruit & Salad Bar

Meatball Sub Marinara and Cheese 15
 Roasted Green Beans
 Fresh Fruit & Salad Bar

BMU Bowls 18
 Crispy Chicken
 Mashed Potato, Corn, Gravy
 Fresh Fruit & Salad Bar

Walking Beef or Bean Tacos 19
 Corn, Rice
 Guacamole
 Salsa, Sour Cream
 Fresh Fruit & Salad Bar

Fresh Pizza Pepperoni or Cheese 20
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Brunch for Lunch 21
 French Toast Sticks
 Scrambled Eggs
 Sausage
 Roasted Home fries
 Fresh Fruit & Salad Bar

Hot Dogs 22
 Tater Tots
 Potato Salad
 Fresh Roasted Veggies
 Fresh Fruit & Salad Bar

 25

Pasta with Meat Sauce or Marinara 26
 Roasted Zucchini
 Dinner Roll
 Fresh Fruit & Salad Bar

Fresh Pizza Pepperoni or Cheese 27
 Sweet Potato Fries
 Caesar Salad
 Fresh Fruit & Salad Bar

Ham & Cheese Croissant 28
 Broccoli Cheddar Soup
 Tater Tots
 Fresh Fruit & Salad Bar

Crispy Chicken Sandwich On a Bun 29
 Roasted Broccoli
 Fresh Fruit & Salad Bar

Breakfasts Available Everyday

Choices Like:

Breakfast Sandwiches, Bagels, Cereal, Yogurt with Granola, Muffins & Breakfast Breads
 1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any questions or comments.
paul.pellegrino@oesu.org

This Institution is an equal opportunity provider

Full Custom Sandwich Station available every day for grades 5-12
 Peanut Butter & Jelly or Ham & Cheese Sandwiches are always available everyday as a substitute for any entrée meal.