

Get Started with the

SAFE DE App

1

Search **SAFE DE** in your app store, or just scan the QR code to download it instantly.



2

Once downloaded, open the **SAFE DE** app and follow the steps to opt in for notifications.

(Android users: you'll select your school first.)

Get to know the SAFE DE App!

Report a Concern:

Whether it's about you or someone else, this is a safe way to share what's going on

Text a Counselor:

Connect with a trained counselor—24/7, free, and confidential.

Additional Resources:

Browse local services, self-help tools, and support for mental health, safety, and more.

