


May 2026

Eastchester HS / Middle School | Breakfast MENU

| MON | TUES | WED | THURS | FRI |
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| <p>Summer Feeding Information https://www.fns.usda.gov/summer/sitefinder</p> | | | | |
| <p>Egg and Cheese ⁴ Taco Banana 100% Juice Milk</p> | <p>Breakfast Taco ⁵ Egg and Cheese Pear 100% Juice Milk</p> | <p>WG Muffin ⁶ Cheese Stick Apple Slice 100% juice Milk</p> | <p>WG Chocolate Chip ⁷ Muffin Yogurt Pineapple 100% Juice Milk</p> | <p>WG Waffle ⁸ Strawberries 100% juice Milk</p> |
| <p>Strawberry Yogurt Parfait ¹¹ Graham Crackers Apple Juice Milk</p> | <p>Bacon Egg and Cheese on Roll ¹² Honeydew Melon 100% juice Milk</p> | <p>WG Pancake ¹³ Apple Slice 100% Juice Milk</p> | <p>Ham, Egg, and Cheese Roll ¹⁴ Melon wedge 100% juice Milk</p> | <p>Maple Turkey sausage pancake wrap ¹⁵ Banana 100% Juice</p> |
| <p>French Toast Sticks ¹⁸ Orange 100% Juice Milk</p> | <p>Blueberry WG Muffin ¹⁹ Yogurt Apple Slice 100% juice</p> | <p>Cinnamon Sugar Donut ²⁰ Pear 100% Juice Milk</p> | <p>Egg Cheese ²¹ WG English Muffin Pineapple 100% juice Milk</p> | <p>Egg and Turkey Sausage Croissant ²² Apple sauce 100% juice Milk</p> |
| <p>Memorial Day ²⁵ </p> | <p>French Toast Sticks ²⁶ Orange slice 100% Juice Milk</p> | <p>WG Waffle ²⁷ Strawberry 100% Juice Milk</p> | <p>Turkey Sausage ²⁸ Cheese WG Roll Banana 100% Juice Milk</p> | <p>Egg and Cheese on ²⁹ WG Bagel Pineapple 100% Juice Milk</p> |



Daily Options:

Bagel with butter or cream Cheese, Muffin or Cereal Served with Cheese Stick Or Yogurt Fresh fruit , 100% Fruit Juice

Choice of 1%, or Skim milk with all meals

Food Allergies or questions regarding this menu, Please contact Food Service Director

Gluten Free and Vegetarian Options Available

Local Farm Fruit and Vegetables Based on Availability

Non-High Fructose Corn Syrup

A La Carte items:

- Yogurt Parfait w/ Fresh Fruit topping and Granola \$3
- Fresh Fruit cup 9oz \$2.50
- Variety of Healthy Snacks (Veggie sticks, Skinny pop, vegan choices, Annie's Organic bunnies, goldfish, pretzels, pirates' booty, sun chips)\$1.75 to \$2.75
- Gluten Free and Low Sugar Cereal Variety \$2 to \$3

Beverages:

- Small Water \$1/ Large Water \$2
- Tropicana Juice \$2.75
- Horizon Organic milk / Soy milk \$2.50



Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have questions or would like additional information please contact your food service director at 914-793-6130 ex. 4234

Menus are subject to change.
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 STUDENT NUTRITION

This institution is an equal opportunity provider.