



May 2026

Eastchester Middle School | LUNCH MENU



MON	TUES	WED	THURS	FRI
1				
<p>Summer Feeding Information https://www.fns.usda.gov/summer/sitefinder</p>				
<p>Chicken Tenders 4 WG Rice Roasted Zucchini Cucumber Slice Apple</p>	<p>Kickin` Bean and Beef 5 Tortilla Bowl Cinnamon Churro Corn/ Bean Salad Salsa .Sour Cream Tangerine</p>	<p>Pasta 6 Meat Or Marinara Broccoli Bread Stick Red Pepper Strips Pear</p>	<p>WG Waffles 7 Turkey Sausage Links Tater Tots Carrot Sticks Mix Berry</p>	<p>Chicken Patty Bar 8 Spicy Or Plain WG Bun Lettuce, Tomatoes, Red Onion Sweet Potatoes Fries Kiwi</p>
<p>Boneless Chicken 11 Wings Dinner Roll Cauliflower Cucumber slice Pear</p>	<p>Baked Ziti 12 String Beans Dinner Roll Garbanzo Salad Orange Slice</p>	<p>Stromboli 13 Chicken Parm Broccoli Cheddar Pepperoni Mozzarella Marinara Sauce Dip Garden Salad Apple Slices</p>	<p>French Toast 14 Sticks Scramble Eggs Home Fries Celery/ Carrot Stick Banana</p>	<p>Sausage And Pepper 15 Wedge Sweet Potato's Red Pepper Strips Cantaloupe</p>
<p>Hamburger 18 or Cheeseburger Hash Brown Baby Carrot Grapes</p>	<p>Spaghetti and 19 Meatballs WG Dinner Roll Roasted Squash Baby Carrot Banana</p>	<p>Chicken Dumpling 20 WG Fried Rice Broccoli Edamame Tangerine</p>	<p>Grilled Cheese 21 Potato Wedge Garden Salad Tangerine</p>	<p>Cheese Pizza Sticks 22 Marinara dipping Sauce Caesar Salad Corn Pineapple</p>
<p>Memorial Day 25</p> 	<p>Mac and Cheese 26 String Beans WG Texas Toast Arugula Salad Red Apple</p>	<p>Mediterranean Bowl 27 Herb Chicken, WG Rice Feta, Olives, Garbanzo, Red Onion Tomato Cucumber Salad Pineapple Chunks</p>	<p>Chicken Teriyaki Bowl 28 WG Rice Broccoli Red Pepper Fresh fruit Basket</p>	<p>WG Pancake 29 Turkey Sausage Tater Tots Cucumber Slice Strawberry/Banana</p>

MEAL OF THE DAY INCLUDES:

Fruit/Vegetable: Fresh fruits, vegetables offered daily
Juice: 100% Fruit Juice- Apple, Orange or Fruit Punch
Milk: Hormone/Antibiotic Free Skim, 1% Skim, and Low-Fat Chocolate,

Sandwich Meals:

Boars Head cold cuts:
 Ham, Turkey, Salami, American cheese, SunButter and Jelly Sandwich, Cheese Sandwich

Bagel Meal:

Cream Cheese or Butter, Yogurt, Cheese Stick

Salad Meal:

Chicken Ceasar, Garden Salad

Salad Bar: Made to Order

Pizza Bar:

Cheese or Pepperoni or Pizza Sticks

Gluten Free and Vegetarian
 Options upon request (Contact FSD)

Local Farm Fruit and Vegetables Based on Availability

Non- High Fructose Corn Syrup

A La Carte items:

Yogurt Parfait w/ Fresh Fruit topping and Granola \$3
 Fresh Fruit cup 9oz \$2.50
 Variety of Healthy Snacks (Veggie sticks, Baked Lays Skinny pop, Vegan choices, Annie's Organic bunnies, Goldfish, Pretzels, Pirates' booty, Sun chips, Cheez-its) \$1.75-\$2.75
 Variety of Gluten Free and Low Sugar Cereal \$2-\$3

Beverages:

Small Water \$1/ Large Water \$2 Sparkly Water Tropicana Juice \$2.75
 Horizon Organic milk / Soy milk \$2.50



Consuming raw or uncooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. If you have questions or would like additional information please contact your food service director at 914-793-6130 ex. 4234

Menus are subject to change.



This institution is an equal opportunity provider.