



Cara Cara Oranges

Fun Facts:

- While the outside looks similar to a regular navel orange, the inside flesh is a vibrant pink color!
- "Cara Cara" comes from the "Hacienda Cara Cara" estate in Venezuela where they were first found.
- They are known for their sweet, juicy flavor with hints of berry and rose notes.

Nutritional Information:

- Cara Cara Oranges provide over 100% of your daily vitamin C needs.
- They are 85% water!
- Cara Cara Oranges are less acidic than Navel or Valencia oranges, making them gentler on digestion.