



**MINNEOLA**

**MANDARINS**

### **FUN FACTS:**

1. Minneola Mandarins are a seedless variety of tangerine.
2. Minneola's are a hybrid between mandarin oranges and sweet oranges.
3. They are characterized by their smooth, shiny skin and are wider than they are tall.

### **NUTRITIONAL INFORMATION:**

Mandarins are high in vitamins A and C, as well as calcium and potassium. They're also 85% water.



**CHOLESTEROL-FREE**

**FAT-FREE**

**SODIUM-FREE**