

MINNEAPOLIS
ATHENA
AWARDS
2026

ANNIKA MIDNESS

Southwest High School

LETTERS & AWARDS

CROSS COUNTRY

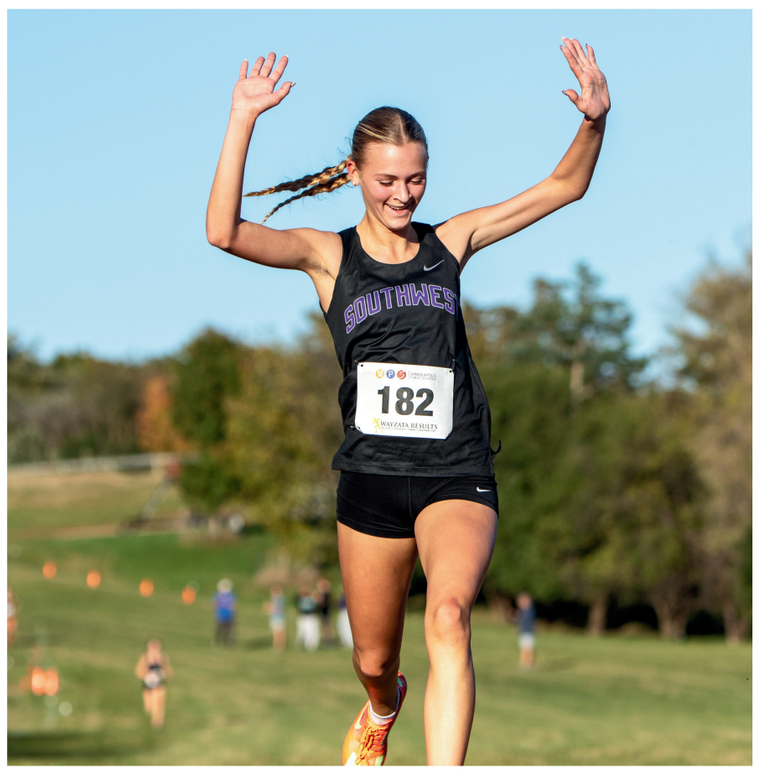
- 4 varsity letters
- Captain: 1 year
- Conference awards: 7
- Section awards: 4
- State awards: 8

TRACK AND FIELD

- 4 varsity letters
- Captain: 1 year
- Conference awards: 9
- Section awards: 2
- State awards: 2

LACROSSE

- 2 varsity letters







ACHIEVEMENTS

SPORTS

- Team State Champion in Cross Country (2025)
- State Qualifier in Track (3200m, 4x800)
- 4x Conference Champion in the 1600m

COMMUNITY

- Choir member
- Student Council President
- DECA President
- Youth Lacrosse Coach

SCHOLASTIC

- Academic All-State in 2024 and 2025 for Cross Country
- High Honor Roll: 3.9 GPA
- NHS Secretary