



Onslow County Schools Board of Education
 200 Broadhurst Road
 Jacksonville, NC 28540
 (910)455-2211
 www.onslow.k12.nc.us

Dear Parent/Guardian,

On _____, fifth grade students will begin a unit on Family Life Education in accordance with the objectives, guidelines and materials directed and approved by the Onslow County Board of Education.

(Date instruction will begin)

Family Life Education centers upon the family as the key unit and irreplaceable foundation of society. The Family Life Education policy of the Onslow County School System is to “clearly articulate, through qualified teachers and appropriate personnel, using directive teaching methods, a curriculum that is abstinence-based, family centered, and age-appropriate.” In fifth grade, the Family Life Curriculum focuses on the following Essential Standards as mandated by the North Carolina Department of Public Instruction:



Public Schools of North Carolina
 State Board of Education | Department of Public Instruction

Essential Standard	Clarifying Objectives
5.ICHR.2 Summarize the changes that occur during puberty and adolescence.	5.ICHR.2.1 Define physical, mental-emotional, and cognitive changes.
	5.ICHR.2.2 Identify valid accurate sources of information about puberty and development.
	5.ICHR.2.3 Explain physical changes during puberty.
	5.ICHR.2.4 Identify how peers, adults, resources, and cultural influences can impact behavioral choices and feelings during puberty.
	5.ICHR.2.5 Analyze media messages as they relate to their influence on perceptions about desirable bodies.

Our children benefit the most when parents are involved and able to help students navigate factual information, critical thinking, skill development, and the motivation to make healthy, responsible choices. Instructional materials for this unit are available for review in the school media center or through a digital link that can be shared by your child’s Health & Physical Education teacher.

Parents/guardians who **do not** want their child to participate in the Family Life unit must complete the attached opt out form and return it to the child’s teacher by _____. Students who do not submit an opt out form will participate in the Family Life unit of instruction.

Any student who opts out of Family Life Education will receive alternative assignments.

Sincerely,

Principal



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OPT OUT FORM

I understand that the teaching of Family Life Education is part of the NC Department of Public Instruction's statewide curriculum as approved by the State Board of Education. Furthermore, I understand that the Onslow County Board of Education has approved the materials that will be used in the teaching of this curriculum.

In order for my child to not participate in the Family Life Unit, I understand that I must return this opt out form to my child's school prior to _____, the date indicated on the previous page. If I do not return the opt out form, my child will receive approved instruction in Family Life Education.

I do not want my child, (printed Student Name) _____
to receive instruction in Family Life Education as prescribed by the State of North Carolina
and the Onslow County Board of Education.

Printed Parent/Guardian Name _____

Signature or Parent/Guardian _____ Date _____