

# Happenings this Month

**Friday, May 1st is School Lunch Hero Day!** Please join us in wishing our fantastic, incredibly hard working staff a wonderful School Lunch Hero Day!!



**Tuesday, May 5: Cinco de Mayo!** We're celebrating Mexican culture and heritage in the United States with tamales and house made mango salsa.

**Monday, May 18: Haitian Flag Day!** We're invoking the flavors of Haiti in honor of the creation of their flag during the Haitian Revolution.



## Bento of the Month : Popcorn Chicken

Popcorn chicken, goldfish, and grapes.

## Salad of the Month : Asian Noodle Bowl

Whole grain noodles topped with chicken, shredded veggies and a homemade sunbutter satay dressing.

### K-5 Daily Alternative Menu Options:

Turkey & Cheese Sandwich

✓ Sunbutter & Jelly Sandwich

✓ Cheese Pizza

### K-5 Alternative Menu Options Tue-Wed-Thu:

Chicken and Cheese Salad

✓ Vegan Chick'n Sandwich

Bento of the Month / Salad of the Month

### 6-8 Daily Alternative Menu Options:

✓ Cheese Pizza / Sunbutter & Jelly Sandwich ✓

Vegan Chick'n Sandwich ✓

Chicken Caesar Salad / Buffalo Chicken Salad

Bento of the Month / Salad of the Month



## TALK TO US

meals@medford.k12.ma.us

### 9-12 Daily Alternative Menu Options:

✓ Cheese Pizza / Sunbutter & Jelly Sandwich ✓

Chicken Caesar Salad / Vegan Chick'n Sandwich ✓

Bento of the Month / Salad of the Month

Variety of Cold Sandwiches, Salads, and Hot Grab & Go Items