













May 2026

Please note that while the first meal is free, second meals, single milks, and single fruits or vegetables are **not free**.

Medford Public Schools 9-12 Lunch Menu

Add student account funds at family.schoolcafe.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Apr 27 Mozzarella Sticks* w/ Marinara Sauce Roasted Broccoli Mixed Fruit 	Apr 28 French Toast Sticks* w/Real Maple Syrup Tater Tots Fruit Selection 	Apr 29 Chicken Tinga & Cheese Nachos* Black Bean Salad Sour Cream, Salsa, & Guacamole Fruit Selection	Apr 30 American Chop Suey* w/ local beef Garlic Bread Local Apple	May 1 Brazilian Cheese Bread Beans & Rice* Marinara Sauce Orange Wedges  
4 Breaded Chicken Drumstick Rice Pilaf Steamed Carrots Diced Pears	 Chicken Tamales* Baked Tostitos Fiesta Bean Dip Mango Salsa Guacamole Fruit Selection	6 Egg & Cheese Croissant* Tater Tots Fresh Strawberries 	7 Korean Beef Bowl w/ Seasoned Rice Local Slaw Fruit Selection	8 Pizza Crunchers* Local Garden Salad Mixed Fruit
11 Halal Hot Dog* French Fries Local Apple	12 Chicken or Vegan Chik'n Patty Sandwich* Steamed Broccoli Lettuce & Tomato Fruit Selection 	13 Beef & Cheese Nachos* Seasoned Black Beans Sour Cream Salsa Guacamole Orange Wedges	14 Chicken Tikka Masala Basmati Rice Flatbread* Baby Carrots Fruit Selection	15 Chicken Tenders* w/ Dippin' Sauce Dinner Roll* Mashed Potatoes Fruit Selection
 Haitian-style Chicken Riz National* Plantains Pikliz Orange Wedges	19 Popcorn Chicken* Mashed Potatoes Corn Orange Wedges	20 Hamburger* or Cheeseburger* or Veggie Burger* w/ Tomato & Local Lettuce & Pickles Brown Sugar Maple Baked Beans Fruit Selection 	21 Mac & Cheese* Garlic Bread Local Garden Salad Banana 	 Pulled Turkey BBQ Sandwich* Local Cole Slaw Sugar Cookie Fruit Selection
 Memorial Day! 25	26 Pepperoni or Buffalo Chicken Pizza* Roasted Broccoli Mixed Fruit 	27 French Toast Sticks* w/Real Maple Syrup Tater Tots Strawberry Cup 	28 General Tso's Chicken Seasoned Brown Rice* Fortune Cookie Steamed Carrots Fruit Selection	29 Mozzarella Sticks* w/ Marinara Sauce Local Garden Salad Fruit Selection 

All meals include choice of milk, daily vegetable, baby carrots, sesame-free hummus, and fruit selection.



Ovo-lacto vegetarian option

*Whole-grain rich item

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