



Bronco Bulletin

May 1, 2026

2025 Best Public High Schools in Maine



2024 AP[®] CSP Female Diversity Award



Upcoming Events

[School Calendar 2025-26](#)

[Purple and White Calendar](#)

Sat, 5/2 -- Puffs at 7:00 PM in PAC (see flyer below)

Sun, 5/3 -- Puffs at 2:00 PM in PAC (see flyer below)


Mon, 5/4 -- Guest forms for Prom due in the Main Office; Prom tickets on sale before and after school;

AP Testing starts and continues through the week

[School Calendar 2026-27](#)

HAMPDEN ACADEMY DRAMA CLUB PRESENTS

**P
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OR SEVEN
INCREASINGLY
EVENTFUL YEARS
AT A CERTAIN
SCHOOL OF MAGIC
AND MAGIC

BY MATT COX

MAY 2, 2026 AT 7PM
MAY 3, 2026 AT 2PM

**TICKETS:
\$5**

"Puffs (One Act for Young Wizards)" is presented by arrangement with Concord Theatricals on behalf of Samuel French, Inc.
www.concordtheatricals.com

Hampden Academy yearbook!

Available online till May 8th
2026!

Or navigate to
jostens.com for
access at a later
time

Scan For Access



Remember to Work hard, have some Fun, and
Keep it Reall





HA ATHLETICS

[Athletic schedule week of 5/4](#)

Monday 5/4

Team	Event	Time	Dismissal	Bus Departure
Girls Varsity Lacrosse	vs Lincoln Academy	4:00 PM	-	-
Varsity Baseball/Softball	vs Bangor	7:00 PM	-	-

Tuesday 5/5

Team	Event	Time	Dismissal	Bus Departure
Boys Varsity Tennis	vs Lewiston	4:30 PM	-	-
Girls Varsity Lacrosse	vs Houlton	6:00 PM	-	-

Wednesday 5/6

Team	Event	Time	Dismissal	Bus Departure
Varsity Baseball/Softball	@ Belfast	4:00 PM	1:15 PM	1:30 PM
JV Softball	@ Belfast	6:00 PM	1:15 PM	1:30 PM
JV Baseball	vs Belfast	4:00 PM	-	-
Boys/Girls Varsity Tennis	@ MDI	4:00 PM	1:30 PM	1:45 PM

Friday 5/8

Team	Event	Time	Dismissal	Bus Departure
Outdoor Track	Host PVC Meet	3:30 PM	-	-
Boys Varsity Lacrosse	@ Mt. Blue	4:00 PM	1:15 PM	1:30 PM
Boys JV Lacrosse	@ Mt. Blue	6:00 PM	1:15 PM	1:30 PM
Boys Varsity Tennis	@ Mt. Blue	4:00 PM	1:30 PM	1:45 PM
Girls Varsity Tennis	vs Mt. Blue	4:00 PM	-	-
Varsity Baseball/Softball	vs Brunswick	7:00 PM	-	-

Principal's Message

This week in extended advisory, HA students watched a preview of HA Drama Club's spring play, *Puffs*. RSU22 elementary and middle school students were also treated to performances. 5th graders had extra fun with a tour of the stage and HA student-led workshops, allowing them to learn more about drama. With two shows this weekend, there is still a chance to catch this awesome show!



RSU 22 Budget Meeting Information

RSU 22 FY27 Proposed Budget – Stay Informed & Get Involved!

Join us for an in-depth look at the proposed FY27 budget, including a review of all articles and important financial insights that impact our community.

Special Highlight:

Hampden Town Council Member Dr. Eric Jarvi breaks down the mill rate and tax calculations—helping you better understand how the budget affects you.

Watch the April 30, 2026, Budget Meeting (including the mill rate presentation):

<https://www.youtube.com/watch?v=kbKxt6GBcXM>

Access all meeting documents here:

<https://drive.google.com/.../1iXYDRA5hMOFiTs...>

Your voice matters—stay informed, ask questions, and be part of the process!

Have a great weekend!

School Information



THE NURSE'S CORNER

Barb Parent RN

bparent@rsu22.us

862-5570

Keep Your Child Healthy and in School!

Wellness

- Ensure your child visits their health care provider for:
 - A physical once a year.
 - All recommended Immunizations, including Flu and COVID-19.
 - Chronic health issues such as asthma or diabetes.
- Visit the dentist twice a year.
- Try to schedule non-urgent medical appointments outside of school hours.
- If your child doesn't have health or dental insurance, reach out to your school's nurse or social worker or other staff member to help connect you with resources.
- Complete your school's annual health form.
- Agree to allow your child to participate in health and vision screenings offered at school.
- If your child has a chronic health issue such as asthma, make sure that your child's health care provider completes appropriate school forms that allow your child to keep/carry any necessary medications at school.
- If your child has a disability, work closely with the school and your child's health care provider to ensure appropriate supports and services.
- If your child has a compromised immune system or is at high risk for complications from common illnesses, please talk to your school (school nurse if available) about developing a plan with you and your child's health-care provider to keep your child healthy and safe while attending school.
- If you are concerned that your child may have a contagious illness (including COVID-19), call your child's health care provider or school nurse for advice.
- If your child needs to stay home for a prolonged period due to illness, talk to your child's teacher to find out about resources they can use at home to keep learning once they feel well enough.



Engagement

- Make sure your child feels safe and connected at school. Involve them in afterschool activities.
- If you are worried that your child may be suffering from anxiety, talk with your teacher, the school nurse, social worker or other school staff to discuss the challenge and identify what can help your child. If your child is missing class because of challenges with behavioral issues, contact the school and/or your child's health care provider for support and resources.
- Ask the school about health-related policies including about COVID-19.
- Monitor your child's attendance and academic progress and seek support when needed.



Hampden Food Cupboard 862-5248
 101 Main St N, Hampden, ME 04444
 Wednesdays from 10:00-10:20 AM and 4:30-6:00 PM
 Fridays from 9:00-10:00 AM

Winterport & Frankfort 223-4947
[Neighbor's Cupboard](#)
 49 Park Dr, Winterport, ME 04496
 Wednesdays, 9 - 10am



Attendance Procedures

PLANNED ABSENCES

If your student has a planned absence, please be sure to complete the [Pre-approved Planned Absence Form](#). If this form is completed before the absences, then the absences will be excused and students will be allowed to make up their work. If families do not complete this form, absences will be unexcused and students will not be able to make up assignments missed while absent.



DAILY ATTENDANCE

In order to promote good school attendance and maximize learning opportunities, Hampden Academy adheres to the following attendance guidelines:

1. If a student is absent from school, parents/guardians should email the school at haoffice@rsu22.us before 9:00 a.m. to notify the school of the absence and provide a reason for the absence.
2. Accurate records of student attendance including absence, tardiness and dismissal are maintained in the main office. Reasons for absence, tardiness and dismissals are verified and recorded as either excused or unexcused. Excused absences, tardies and dismissals are determined by state law and school board policy as listed below:
 1. Absence due to personal illness. In the case of illness or suspected truancy, a doctor's statement may be required.
 2. Appointments with health professionals that cannot be made outside of the regular school day.
 3. Observance of recognized religious holidays when the observance is required during the regular school day.
 4. Planned absences for personal/educational purposes that are approved in advance by the Principal or Assistant Principal. A planned absence of three or more days requires the completion of a [Request for Planned Absence Form](#) seven days prior to the absence.
 5. Absence due to emergency family situations.
3. All unexcused absences will be addressed through the school's disciplinary and truancy policies.

DISMISSAL PROCEDURES

Once a student arrives at school, they are expected to stay on school grounds until dismissal. If a student needs to be dismissed before the regular dismissal time, a parent or guardian must notify the office via note or phone call giving permission and indicating the reason for early departure. Excused dismissals are determined by state law and are listed above in the Daily Attendance section.

Students are dismissed under the following guidelines:

1. Students who wish to be dismissed due to illness must be dismissed by the nurse.

- The parent/guardian should call the front office if a student is being dismissed by them. The student must report to the office for a dismissal slip.
- When dismissed, students must sign out in the office and leave school premises.
- Parent/guardian permission is required in writing for the express purpose of the student working at a part-time job (under the provisions of current Maine Labor Laws), and parent/guardian must sign an Early Dismissal Permission form. This permission slip makes it clear that once the student has left the school grounds, the student may not return until after the close of school on that day. Early dismissal is considered a privilege, not a right, and may be revoked (for a given student) by administration for good reason.

Lunch Menu

HAMPDEN ACADEMY				Breakfast Entrée or Cereal Fruit, Juice, Milk
May Lunch Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>RSU 22 Wins State Competition The Farm to School Cook-Off is sponsored by the Maine Child Nutrition Program, and challenges school food service teams to create a hot lunch and breakfast item that meets nutritional standards and</p>  <p>Maine. RSU 22 chefs wowed judges with a beef and cheese burrito and breakfast parfait, which are both served in our schools. Congratulations to Chef Manager Hannah Liberty and Kitchen Manager Brenda White, pictured here with Nutrition Director Pete Merritt.</p>				<p>1 PIZZA with assorted toppings Cheeseburger Hamburger Salad & Fruit Bar</p>
<p>4 French Toast Sticks <i>Sausage, Hashbrown</i> PIZZA Quesadilla Salad & Fruit Bar</p>	<p>5 PIZZA with assorted toppings Chicken Burger Buffalo Ranch Chicken Burger Salad & Fruit Bar</p>	<p>6 Popcorn Chicken <i>Pasta Salad</i> Pizza Rodeo Burger Salad & Fruit Bar</p>	<p>7 Cheeseburger Deluxe <i>French Fries</i> Rib Sandwich BBQ Chicken Burger Salad & Fruit Bar</p>	<p>8 PIZZA with assorted toppings Cheeseburger Hamburger Salad & Fruit Bar</p>
<p>11 Rodeo Burger <i>Pasta Salad</i> PIZZA Quesadilla Salad & Fruit Bar</p>	<p>12 PIZZA with assorted toppings Spicy Chicken Burger Chicken Bacon Ranch Burger Salad & Fruit Bar</p>	<p>13 Breadsticks with <i>Marinara Sauce</i> Chicken Tenders Pizza Salad & Fruit Bar</p>	<p>14 Chicken Burger Deluxe Bacon Cheeseburger Rib Sandwich Salad & Fruit Bar</p>	<p>15 PIZZA with assorted toppings Cheeseburger Hamburger Salad & Fruit Bar</p>
<p>18 Chicken Bacon Ranch Burger <i>Pasta Salad</i> PIZZA Quesadilla Salad & Fruit Bar</p>	<p>19 PIZZA with assorted toppings BBQ Chicken Burger Buffalo Ranch Chicken Burger Salad & Fruit Bar</p>	<p>20 Bronco Burger <i>Hash Brown</i> PIZZA Popcorn Chicken Salad & Fruit Bar</p>	<p>21 PIZZA with assorted toppings Hamburger Cheeseburger Salad & Fruit Bar</p>	<p>22 Early Dismissal Bag Lunch</p>
<p>25 Memorial Day <i>No School</i> </p>	<p>26 PIZZA with assorted toppings Chicken Burger Spicy Chicken Burger Salad & Fruit Bar</p>	<p>27 Chicken Tenders <i>Mashed Potato</i> PIZZA Bacon Cheeseburger Salad & Fruit Bar</p>	<p>28 Little Mac Burger <i>French Fries</i> BBQ Chicken Burger Rib Sandwich Salad & Fruit Bar</p>	<p>29 PIZZA with assorted toppings Cheeseburger Hamburger Salad & Fruit Bar</p>
Alternate Menu Choices - Peanut Butter & Jelly Meal and Daily Chef's Special				
Harvest of the Month	Fruit & Salad Bar Always Offered	Menu Subject to Change	 Did You Know? 	
Blueberries		This institution is an equal opportunity provider	<p>Memorial Day originated after the Civil War, as a way to honor fallen soldiers. It was known as Decoration Day. It now serves as a reminder of the sacrifices made by all American service members and their families.</p>	
Maine is the worlds largest producer of wild blueberries				

School Meals Online Application

Around the School

The HA Prom is for Juniors and Seniors and one guest on Saturday, May 9th, 8:00-10:00pm at Morgan Hill in Hermon.

Tickets will be sold in the lobby ticket booth starting Monday, April 27th. Tickets must be purchased in advance and are not sold at the door. Tickets cost \$25 each payable in cash, check, or in-person digital payment by QR code.

If you plan to bring a guest from another school, you need a guest permission form from the office. The form must be turned in by Monday, May 3rd to bring a guest who does not attend school at Hampden Academy. If you have questions, see Mrs. Harris or Ms. McCluskey.



Student of Quarter 3

THOMAS BOZZINO

HAMPDEN ACADEMY

PLUMBING & HEATING



Thomas is being recognized for his hard work and dedication for the 3rd Quarter. He is a quiet student, but always gets right to work when given a task and never complains. He works independently and rarely asks for help. As a junior, Thomas has shown great improvement, and I look forward to having him back next year as a leader in our program.
- Mr. Bond

Student of Quarter 3

KENNEDY CORSA

HAMPDEN ACADEMY

NATURAL RESOURCES & OUTDOOR RECREATION



Kennedy put in extra time to present to the Sophomores touring UTC and did an amazing job. She always is professional and continues to have a high average in class. She is kind to her peers and works hard during lab time. Kennedy also just got hired by Spragues Nursery. - Mr. Beswick



Spotlight on Re-Envisioning HA

A vision of PE -- the structure, the games, the competition, being confined to the gym -- may still shape how many think about the class. But after talking with a group of Mr. Nadeau's students, it's clear that something has shifted. The cold, unpredictable Maine weather is no longer a reason to stay inside; it is now part of the experience. Mr. Nadeau's PE students recently completed an outdoor survival unit where they were tasked with working in small groups to build shelters, design (not start!) fires, and set snares using limited resources and whatever they could find in the surrounding environment.



To read more about this class and their work with collaborative learning: [Survivor Series: Hampden Academy](#)

Ms Drake's art students created positive messages using origami -- everyone appreciates the colorful and fun additions to HA's walls.



Student Services



Senior Spotlight

Student Services would love to celebrate all of our seniors and their postsecondary plans. Please send pictures to Mrs. Lothrop at blothrop@rsu22.us.



Hampden Academy's

Student Pantry



See below for a link to our Amazon Wish List. We accept donations all school year!

DROP-OFF LOCATION

 **Hampden Academy**
89 Western Avenue
Hampden, ME 04444

ITEMS NEEDED

- ▶ Shelf stable meals
- ▶ Snacks

For More Information : 207-862-4111 (Bethany Lothrop) blothrop@rsu22.us

[Amazon Wish List](#)

Athletics

Hampden Academy Athletics Facebook page is the best place to see up to date information on all things SPORTS! The practice schedule is shared every Tuesday for the following week.

Yearbook Information

HA YEARBOOKS ORDER NOW

ON SALE NOW

Scan the QR code,
enter Hampden
Academy and order
yours today



2025-2026 HAMPDEN ACADEMY YEARBOOK *Jostens*

COUNTLESS AMAZING MEMORIES. ONE ICONIC YEARBOOK.

NOW \$60.00
That's a savings of \$10.00
Order by 10/10/2025

YEARBOOK	\$60.00
SIGNATURE PACKAGE <small>Includes: Yearbook, Enhanced Personalization, Autograph Pens, Autograph Section</small>	\$83.00
ENHANCED PERSONALIZATION	\$10.00
ICONS	FREE!
AUTOGRAPH SECTION	\$5.00
PHOTO POCKETS	\$5.00
CLEAR PROTECTIVE COVER	\$5.00

TO ORDER:

- Scan the QR Code
- jostens.com/btooffer
- 1 (877) 767-9217

**SCORE FOUR FREE ICONS
WHEN YOU PERSONALIZE YOUR COVER**

More icon options are available online.

**QUESTIONS:
HAYEARBOOK@RSU22.US**

Hampden Academy Family and Student Handbook



About Hampden Academy

<https://ha.rsu22.us/>



Part of RSU 22, Hampden Academy currently services 735 students in grades 9-12. Hampden Academy offers strong academics designed to challenge and inspire every student. Beyond the classroom, we celebrate a vibrant community with a wide variety of sports teams, dynamic music and performing arts programs, and numerous clubs to explore your passions. Learn more at our website.