



BIRDVILLE HS PERFORMANCE CAMP

All male & female athletes entering grades 7-12 in August 2026.

Session 1: 9th-12th Football
7 - 8:30 A.M.

Session 2: 7th-8th Boys & 7th-12th Girls Olympic Sports
9:30 - 11 A.M.

Session 3: 9th-12th Boys Olympic Sports
11:15 A.M. - 12:45 P.M.

Location: Birdville HS

9100 Mid Cities Blvd., NRH, TX 76180

Students will meet at entrance of BHS
Football Field.

June 1st-July 31st

8-Week Summer Session
Monday-Thursday
(June 29-July 2 - No Training)

WORKOUT PROGRAMS

STRENGTH DEVELOPMENT

INCREASE SPEED

AGILITY

FLEXIBILITY

EXPLOSIVENESS

SCAN ME



**CAMP
REGISTRATION**

Cost:
\$100

Questions?

Contact Coach Smith at
christopher.smith@birdvilleschools.net

www.birdvilleschools.net/bhsperformancecamp

*Attendance or participation at a Birdville ISD summer camp does not ensure or indicate acceptance to attend BISD schools through the district open enrollment process. Families interested in attending Birdville ISD should complete the Open Enrollment application and meet all corresponding requirements.

