







# May 2026

## RUGBY SCHOOLS BREAKFAST & LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>-Ely Breakfast: Cereal, toast, peanut butter, WOW butter, jelly, fruit, 1% white milk, skim chocolate milk, and fruit juice are offered daily.</i></p> <p><i>-High school breakfasts are grab-and-go Power Packs served from the breakfast cart (no fixed menu.)</i></p> <p><i>-Bread, peanut butter, WOW butter, jelly, salad bar with various fruits and vegetables, 1% white milk, and skim chocolate milk are offered daily at lunch.</i></p> <p><i>-All bread offerings are whole grain.</i></p> <p><i>-Due to the national supply chain disruptions, we may have to make changes to our menus with little or no notice. Please know that we are doing our best to serve meals as planned. Thank you for understanding!</i></p> <p><i>This institution is an Equal Opportunity Provider.</i></p>				<p><b>1</b></p> <p>Yogurt &amp; Granola</p> <p>Chicken Burgers Potatoes</p> 
<p><b>4</b></p> <p>Little Johns</p> <p>Orange Chicken Rice</p>	<p><b>5</b></p> <p>Rice Krispie Bar</p> <p>Ham &amp; Cheese Wraps Baked Beans</p>	<p><b>6</b></p> <p>Muffin &amp; String Cheese</p> <p>Tator Hotdish Corn</p>	<p><b>7</b></p> <p>Pancakes</p> <p>Hamburgers French Fries</p>	<p><b>8</b></p> <p>Yogurt &amp; Granola</p> <p>Pizza Green Beans</p>
<p><b>11</b></p> <p>Scrambled Eggs</p> <p>Crispitos Cheese Sauce Rice</p>	<p><b>12</b></p> <p>French Toast</p> <p>Grilled Cheese Tomato Soup</p>	<p><b>13</b></p> <p>Muffin &amp; String Cheese</p> <p>Chicken Potatoes</p>	<p><b>14</b></p> <p>Benefit Bar</p> <p>Hotdogs Mac &amp; Cheese</p>	<p><b>15</b></p> <p>Yogurt &amp; Grahams</p> <p>Chili Breadstick</p>
<p><b>18</b></p> <p>Omelet</p> <p>Cook's Choice</p> 	<p><b>19</b></p> <p>Mini Donuts</p> <p>Taco Cheesy Refried Beans</p> 	<p><b>20</b></p> <p>Muffin String Cheese</p> <p>Cook's Choice</p> 	<p><b>21</b></p> <p>Scrambled Eggs</p> <p>Cook's Choice</p>	<p><b>22</b></p> <p>Yogurt &amp; Granola</p> <p>Cook's Choice</p>

Early Out 1:30

# Have a Great Summer!!