



EAST LYME MIDDLE SCHOOL
ATHLETIC DEPARTMENT
31 SOCIETY RD
NIANTIC CT 06357



Greetings from the ELMS Athletic Department!

Registration for all Middle School interscholastic athletics must be completed through the Final Forms platform. Final Forms is a secure, user-friendly platform that stores your information for future use. Once registered, you'll only need to update information if something changes.

Important Things to Know:

- In order to participate in athletics, athletes must complete all registration requirements in Final Forms.
- Each season (Fall, Winter, Spring) has its own enrollment period. See [26-27 Sports Quick Facts](#) . For sports that conduct tryouts, **ATHLETES MUST BE PRESENT AT ALL TRYOUT DATES TO BE ELIGIBLE FOR ROSTER SELECTION.** It is the responsibility of families and athletes to ensure the athlete attends all assigned tryout sessions – no exceptions. Sports that conduct tryouts:
 - Soccer
 - Basketball
 - Cheer
 - Swim
 - Volleyball
- Cross Country and Track & Field have an enrollment capacity of 30 athletes per team (30 for each boys' team and 30 for each girls' team). Enrollment is first come first serve.
- The Assistant Athletic Director will maintain a waitlist for Cross Country and Track & Field. See [26-27 Sports Quick Facts](#) .

Final Forms Enrollment Periods by Season:

- Fall: May 11 thru 11:59 PM on August 16, 2026 (Soccer & Cross Country)
- Winter: September 1 thru 11:59 PM on November 1, 2026 (Basketball, Cheer, & Swim)
- Spring – Volleyball: January 4 thru 11:59 PM on February 21, 2026
- Spring – Track & Field: January 4 thru 11:59 PM March 14, 2026

Enrollment deadlines are firm due to administrative timelines—late registrations cannot be accepted.

Any athlete whose registration in Final Forms is incomplete at the close of the corresponding enrollment period will be dropped from the registration and therefore will not be eligible to tryout or participate. **Those with incomplete registration will receive periodic reminders in Final Forms, therefore it is critical that parents are monitoring and reading emails sent via Final Forms.**

Before You Register

You'll need:

- **A digital copy of your child's most recent physical (valid for 13 months)**
- Doctor and health insurance information. For most, this will be the [State of CT Health Assessment Record](#)
- Emergency contact details
- Medication authorization form (if your child uses an inhaler, EpiPen, etc.)

 ***Physicals must remain valid throughout the season or be updated in FinalForms by the expiration date.***

How to Register

Click [here for the FinalForms Parent Playbook](#) or follow instructions below:

A parent/guardian can register by clicking this link: [FinalForms Registration](#)

1. Locate the parent icon and click **NEW ACCOUNT** below
2. Type YOUR NAME, DATE OF BIRTH and EMAIL. Next, click **REGISTER**. (Note you will receive an email within 2 minutes prompting you to confirm and complete your registration. If you do not receive an email, then check your spam folder. If you still cannot locate the Final Forms email, then email support@finalforms.com and inform them of your issue.
3. Check your email for an **ACCOUNT CONFIRMATION EMAIL** from the FinalForms Mailman. Once received and opened, click **CONFIRM YOUR ACCOUNT** in the email text.
4. Create your new Final Forms password. Next click **CONFIRM ACCOUNT**
5. Click REGISTER STUDENT for your first child
6. Type in the **LEGAL NAME** and other required information. The email should be an email that your student checks/reads. It can be their PRIVATE EMAIL or school email. Should you choose to use school email, it follows this pattern: school

username@elpsk12.org **Past experience has shown that using a private email for the student is easier to navigate.** Then, click **CREATE STUDENT**.

7. Click the box for the sport in which you wish your athlete to participate. (**ONLY ONE SPORT CAN BE SELECTED PER SEASON. SPORTS OUTSIDE OF THE CURRENT SEASON CANNOT BE SELECTED UNTIL THE CORRESPONDING ENROLLMENT PERIOD IS ACTIVE.**) Then, click **UPDATE** after making your selection. Selections may be changed until the registration deadline, **but keep in mind some sports may reach enrollment capacity, eliminating a sport as an enrollment option. Please note that sport capacity limits are subject to change at a moment's notice.** Please register your student(s) ASAP to avoid missing out on the opportunity to participate in athletics.

8. Complete each form and sign your full name (i.e. Jonathan Smith) in the parent signature field on each page. After signing each, click **SUBMIT FORM** and move on to the next form.

9. When all forms are complete you will see a "Forms Finished" message. **Both parent and student have forms that must be signed in order for the enrollment to be considered complete.**

10. An email will automatically be sent to the email you provided for your students, for them to sign their required forms.

11. To register another student, click **MY STUDENTS** repeat steps 5-9 for each additional student.

 ***Sport rosters can fill quickly. Register ASAP to secure your spot. Please make every attempt to register your child for Fall sports prior to the end of the school year. School staff is significantly reduced during the summer which can result in a delayed response if registration difficulties occur.***

Questions during the summer should be directed to: angela.engle@elpsk12.org

Questions during the school year should be directed to:
kathleen.kuvalanka@elpsk12.org