

### Hendrick Hudson Spring Athletic Schedule 2026

DAY	DATE	SPORT	OPPONENT	H/A	TIME	SITE	BUS DEPARTS
<b>Monday</b>	<b>5/4</b>	Varsity Baseball	John Jay Cross River	A	4:30	John Jay Cross River HS	3:00 Bus
		JV Baseball	No Practice				
		Varsity Flag Football	Walter Panas	A	4:30	Walter Panas High School	3:15 Bus
		JV Flag Football	Walter Panas	A	6:00	Walter Panas High School	4:45 Bus
		Varsity Golf	Ossining	H	4:00	Hollow Brook Golf Club	3:15 Van
		Varsity Boys Lacrosse	Practice	H	3:30	Lower FGL field until 5:30 pm	
		Varsity Girls Lacrosse	Tappan Zee	H	4:30	HHHS Turf Field	
		Varsity Softball	Practice	H	3:30	FGL softball field until 5:30 pm	
		JV Softball	Practice	H	3:00	FGL upper softball field until 5:00 pm	
		Strength and Conditioning	Workouts	H	3:00	HHHS weight room until 5:00 pm	
		Varsity Boys Tennis	Lakeland	A	4:30	Lakeland High School	3:15 Van (courts)
		JV Boys Tennis	Nanuet	H	4:30	Lake Street Courts	
<b>Sports Bus</b>		Varsity Track and Field	Practice	H	3:00	HHHS dome, weight room and track until 5:30 pm	
		Mod Baseball, Girls Lax and Softball	No Practice - Faculty Meetings				<b>NO 4:30's</b>
		Modified Boys Lacrosse	Blind Brook	H	4:30	BMMS Field	
		Modified Track and Field	Practice	A	3:15	HHHS track and field until 4:30 pm	3:15 Bus to HS
<b>Tuesday</b>	<b>5/5</b>	Varsity Baseball	Walter Panas	A	4:30	Walter Panas High School	N/A
		JV Baseball	No Practice				
		Varsity Flag Football	Practice before JV Flag Game	H	2:45	HHHS turf field until 4:30 pm	
		JV Flag Football	Brewster	H	5:00	HHHS Turf Field	
		Varsity Golf	Practice	A	3:30	Hollow Brook Golf Club	3:15 Van/4:30 p/u
		Varsity Boys Lacrosse	John Jay Cross River	A	5:00	John Jay Cross River High School	3:30 Bus (dome)
		Varsity Girls Lacrosse	Practice before JV Flag Game	H	2:30	HHHS turf field until 4:30 pm	
		Varsity Softball	Irvington	H	4:45	FGL Softball Field	
		JV Softball	Irvington	A	4:30	Scenic Park - Field 2, Irvington	3:15 Bus
		Strength and Conditioning	Workouts	H	3:00	HHHS weight room until 5:00 pm	
		Varsity Boys Tennis	Practice	H	3:00	Lake Street Courts until 5:00 pm	
		JV Boys Tennis	Season Concluded				
<b>Sports Bus</b>		Varsity Track and Field	Practice	H	3:00	HHHS dome, weight room and track until 5:30 pm	
		Unified Basketball	Croton	H	4:00	HHHS Gymnasium	
		Mod Baseball and Boys Lacrosse	Practice	H	2:45	BMMS fields until 4:15 pm	4:30 Sports Buses
		Modified Girls Lacrosse	Croton	A	4:30	CET Elementary School, Croton-on-Hudson	3:30 Bus
		Modified Softball	Putnam Valley	H	4:30	BMMS Softball Field	
		Modified Track and Field	Practice	A	3:15	HHHS track and field until 4:30 pm	3:15 Bus to HS



### Hendrick Hudson Spring Athletic Schedule 2026

DAY	DATE	SPORT	OPPONENT	H/A	TIME	SITE	BUS DEPARTS
<b>Friday</b>	<b>5/8</b>	Varsity Baseball	Practice	A	4:00	Sunset Field until 6:00 pm	
		JV Baseball	Practice	A	3:30	Sunset Field until 5:00 pm	3:10 bus drop only
		Varsity Flag Football	Putnam Valley	A	4:30	Putnam Valley High School	3:15 Bus
		JV Flag Football	Season Concluded				
		Varsity Golf	No Practice				
		Varsity Boys Lacrosse	Practice	H	3:00	HHHS turf field until 5:00 pm	
		Varsity Girls Lacrosse	Scarsdale	A	4:30	Scarsdale High School	3:15 Bus
		Varsity Softball	Practice	H	3:00	FGL softball field until 5:00 pm	
		JV Softball	No Practice				
		Strength and Conditioning	Workouts	H	3:00	HHHS weight room until 5:00 pm	
		Varsity Boys Tennis	Practice	H	3:00	Lake Street Courts until 5:00 pm	
<b>Sports Bus</b>		Varsity Track and Field	Practice	H	3:00	HHHS dome, weight room and track until 5:30 pm	
		Varsity Track and Field	Glenn D Loucks Invitational	A	4:30	White Plains High School	3:00 Bus
		Modified Baseball	Lakeland Copper Beech	H	4:30	BMMS Field	
		Modified Boys Lacrosse	Ossining	A	4:30	Anne M Dorner MS, Ossining	3:15 Bus
		Modified Girls Lacrosse	No Practice				<b>No 4:30's</b>
		Modified Softball	Lakeland Copper Beech	A	4:30	Lakeland Copper Beech Middle School	3:30 Bus
		Modified Track and Field	Practice	A	3:15	HHHS track and field until 4:30 pm	3:15 Bus to HS
<b>Saturday</b>	<b>5/9</b>	Varsity Baseball	Edgemont - Senior Recognition	H	12:00	Sunset Field	
		JV Baseball	Edgemont	A	12:00	Edgemont High School	10:30 am Bus
		Varsity Flag Football	No Practice				
		Varsity Golf	No Practice				
		Varsity Boys Lacrosse	Byram Hills - Senior Recognition	H	11:00	HHHS Turf Field	
		Varsity Girls Lacrosse	Practice	H	8:00	HHHS turf field until 10:00 am	
		Varsity Softball	Somers	H	11:00	FGL Softball Field	
		JV Softball	Somers	A	11:00	Primrose Elementary School	9:30 am Bus
		Varsity Boys Tennis	No Practice				
		Varsity Track and Field	Glenn D Loucks Invitational	A	8:30	White Plains High School	7:00 am Bus
		Varsity Track and Field	Rasbeck Relays	A	9:00	Irvington High School	7:30 am Bus
<b>Sunday</b>	<b>5/10</b>	No Practices or Contests					