

Menu subject to  
change without notice.

**Sacramento City Unified School District  
SPRG COMP 5 Menu: 4/27/2026 - 5/1/2026**

	<b>Monday 4/27</b>	<b>Tuesday 4/28</b>	<b>Wednesday 4/29</b>	<b>Thursday 4/30</b>	<b>Friday 5/1</b>
<b>BREAKFAST</b>	Blueberry Pancakes & Eggs (D) -or- WG Fresh Baked Muffin (V) -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: CK Grape Juice, 4oz SIDE: Milk	Biscuit & Sausage Gravy (P) -or- Fruit & Yogurt Parfait (V,D) -or- Whole Grain Cereal SIDE: Fresh Banana SIDE: Apple Juice, 4oz SIDE: Milk	Chicken Crispito w/ Salsa (C) -or- Pumpkin Loaf (D) -or- Whole Grain Cereal SIDE: Diced Peach Cup SIDE: Apple Juice, 4oz SIDE: Milk	Breakfast Burrito (D) -or- Fruit & Yogurt Parfait (V,D) -or- Whole Grain Cereal SIDE: Fresh Lunch Bunch Grapes SIDE: Apple Juice, 4oz SIDE: Milk	Oatmeal Round & Yogurt (D) -or- WG Fresh Baked Muffin (V) -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: CK Grape Juice, 4oz SIDE: Milk
<b>LUNCH</b>	Chipotle Chicken Nachos (C,D) -or- Chicken Pot Pie Meal (C, D) -or- Chicken Caesar Salad SIDE: House Salad (V) SIDE: Diced Peach Cup SIDE: Strawberry Fruit Cup SIDE: Milk	Chicken Pasta Alfredo (C, D) -or- Carnitas Verde Bowl (P) -or- Asian Chicken Salad (C) SIDE: Bagged Sliced Apples SIDE: Fresh Oranges SIDE: Fresh Bagged Carrots SIDE: Juice, Sun Splash 4oz SIDE: Milk	Butter Chicken Bowl (C,D) -or- Pepperoni Pizza (P,B,D, -or- Chicken Caesar Salad SIDE: Caesar Salad (V) SIDE: Fresh Lunch Bunch Grapes SIDE: Fresh Bagged Carrots SIDE: Fresh Banana SIDE: Milk	Chicken & Rice Soup Meal (C,D) -or- Orange Chicken Bowl (C) -or- Asian Chicken Salad (C) SIDE: Broccoli Salad (V) SIDE: Strawberry Fruit Cup SIDE: Bagged Sliced Apples SIDE: Milk	Chicken Ramen (C) -or- Cowboy Beef Stew (B) -or- Chicken Salad Sandwich SIDE: House Salad (V) SIDE: Fresh Oranges SIDE: Fresh Strawberries SIDE: Milk
<b>VEG ALTERNATIVE</b>	-or- Hummus Wrap (V,D) -or- Plant Based Nachos (V,D)	-or- Kickin Pasta Alfredo (V) -or- Kickin Voltage Bowl (V,D)	-or- Cheese Pizza Meal (V,D) -or- Butter Tofu Bowl (V,D)	-or- Sunbutter & Crackers (V) -or- Sweet & Sour Kickin Bowl (V)	-or- Hummus Wrap (V,D) -or- Kickin Patty Sandwich (V)
<b>SALAD BAR</b>					
<b>SNACK</b>					

**Menu Key**  
P = Contains pork  
B = Contains beef  
C = Contains chicken or turkey  
N = Contains nuts

D = Contains dairy  
V = Vegetarian food item  
S = Fish or seafood

The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status (not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten, 14th & Independence Ave. SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

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**Sacramento City Unified School District  
SPRING High School Menu:  
5/4/2026 - 5/8/2026**

	<b>Monday 5/4</b>	<b>Tuesday 5/5</b>	<b>Wednesday 5/6</b>	<b>Thursday 5/7</b>	<b>Friday 5/8</b>
<b>BREAKFAST</b>	Blueberry Pancakes & Eggs -or- WG Fresh Baked Muffin -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: Apple Juice, 4oz SIDE: Milk	Biscuit & Sausage Gravy -or- Fruit & Yogurt Parfait -or- Whole Grain Cereal SIDE: Fresh Banana SIDE: Apple Juice, 4oz SIDE: Milk	Chicken Crispito w/ Salsa -or- Pumpkin Loaf -or- Whole Grain Cereal SIDE: Diced Peach Cup SIDE: Apple Juice, 4oz SIDE: Milk	Breakfast Burrito -or- Fruit & Yogurt Parfait -or- Whole Grain Cereal SIDE: Fresh Lunch Bunch Grapes SIDE: Apple Juice, 4oz SIDE: Milk	Oatmeal Round & Yogurt -or- WG Fresh Baked Muffin -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: Apple Juice, 4oz SIDE: Milk
<b>LUNCH</b>	Buffalo Chicken Bowl -or- Beef Cheeseburger -or- Chicken Caesar Salad SIDE: House Salad SIDE: Diced Peach Cup SIDE: Mixed Berry Fruit Cup SIDE: Milk	Beef Bolognese Pasta -or- Chipotle Chicken Bowl -or- Asian Chicken Salad SIDE: Bagged Sliced Apples SIDE: Fresh Bagged Carrots SIDE: Fresh Oranges SIDE: Juice, Sun Splash 4oz SIDE: Milk	Teriyaki Chicken Bowl -or- Pepperoni Pizza -or- Chicken Caesar Salad SIDE: Caesar Salad SIDE: Fresh Lunch Bunch Grapes SIDE: Fresh Bagged Carrots SIDE: Fresh Banana SIDE: Milk	Chicken & Rice Soup w/ Toast -or- Butter Chicken Bowl -or- Asian Chicken Salad SIDE: Broccoli Salad SIDE: Strawberry Fruit Cup SIDE: Bagged Sliced Apples SIDE: Milk	Carnitas Chile Verde Burrito -or- Spicy Chicken Sandwich -or- Chicken Salad Sandwich SIDE: House Salad SIDE: Fresh Oranges SIDE: Fresh Strawberries SIDE: Milk
<b>VEG ALTERNATIVE</b>	-or- Hummus Wrap -or- Buffalo Kickin Bowl	-or- Plant Based Bolognese -or- Kickin Voltage Bowl	-or- Cheese Pizza Meal -or- Teriyaki Tofu Bowl	-or- Sunbutter & Crackers -or- Butter Tofu Bowl	-or- Hummus Wrap -or- Kickin Patty Sandwich
<b>SALAD BAR</b>					
<b>SNACK</b>					

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**Sacramento City Unified School District  
 SPRING High School Menu:  
 5/11/2026 - 5/15/2026**

	<b>Monday 5/11</b>	<b>Tuesday 5/12</b>	<b>Wednesday 5/13</b>	<b>Thursday 5/14</b>	<b>Friday 5/15</b>
<b>BREAKFAST</b>	Blueberry Pancakes & Eggs -or- WG Fresh Baked Muffin -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: Apple Juice, 4oz SIDE: Milk	Biscuit & Sausage Gravy -or- Fruit & Yogurt Parfait -or- Whole Grain Cereal SIDE: Fresh Banana SIDE: Apple Juice, 4oz SIDE: Milk	Chicken Crispito w/ Salsa -or- Pumpkin Loaf -or- Whole Grain Cereal SIDE: Diced Peach Cup SIDE: Apple Juice, 4oz SIDE: Milk	Breakfast Burrito -or- Fruit & Yogurt Parfait -or- Whole Grain Cereal SIDE: Fresh Lunch Bunch Grapes SIDE: Apple Juice, 4oz SIDE: Milk	Oatmeal Round & Yogurt -or- WG Fresh Baked Muffin -or- Whole Grain Cereal SIDE: Dried Cherries SIDE: Apple Juice, 4oz SIDE: Milk
<b>LUNCH</b>	Honey Chipotle Chicken Nachos -or- Chicken Pot Pie -or- Chicken Caesar Salad SIDE: House Salad SIDE: Diced Peach Cup SIDE: Strawberry Fruit Cup SIDE: Milk	Chicken Pasta Alfredo -or- Carnitas Chile Verde Bowl -or- Asian Chicken Salad SIDE: Bagged Sliced Apples SIDE: Fresh Tangerines SIDE: Fresh Bagged Carrots SIDE: Juice, Sun Splash 4oz SIDE: Milk	Butter Chicken Bowl -or- Pepperoni Pizza -or- Chicken Caesar Salad SIDE: Caesar Salad SIDE: Fresh Lunch Bunch Grapes SIDE: Fresh Bagged Carrots SIDE: Fresh Banana SIDE: Milk	Chicken & Rice Soup w/ Toast -or- Orange Chicken Bowl -or- Asian Chicken Salad SIDE: Broccoli Salad SIDE: Strawberry Fruit Cup SIDE: Bagged Sliced Apples SIDE: Milk	Chicken Ramen -or- Cowboy Beef Stew -or- Chicken Salad Sandwich SIDE: House Salad SIDE: Fresh Tangerines SIDE: Fresh Strawberries SIDE: Milk
<b>VEG ALTERNATIVE</b>	-or- Hummus Wrap -or- Plant Based Nachos	-or- Kickin Pasta Alfredo -or- Kickin Voltage Bowl	-or- Cheese Pizza -or- Butter Tofu Bowl	-or- Sunbutter & Crackers -or- Sweet & Sour Kickin Bowl	-or- Hummus Wrap -or- Kickin Patty Sandwich
<b>SALAD BAR</b>					
<b>SNACK</b>					

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