

MAY 2026

Ansonia Middle School

Monday

Tuesday

Wednesday

Thursday

Friday

4
Egg & Cheese Sandwich
Pillsbury Apple Frudel
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

5
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

6
Egg & Cheese Sandwich
Soft Baked Zee Zee Bar
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

7
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

1
Egg & Cheese Sandwich
Apple Cinnamon Muffin
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

8
Egg & Cheese Sandwich
WG Bagel With
Low fat Cream Cheese
100% Fruit Juice
Fresh Fruit Choice

11
Egg & Cheese Sandwich
Pumpkin Bread Slice
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

12
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

13
Egg & Cheese Sandwich
Nature Valley Oatmeal Bar
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

14
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

15
Egg & Cheese Sandwich
Reduced Sugar Fruit Yogurt
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

18
Egg & Cheese Sandwich
Mini Whole Grain
Cinnamon Bun
100% Fruit Juice
Fresh Fruit Choice

19
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

20
Egg & Cheese Sandwich
ReadiBake Breakfast Bar
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

21
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

22
Egg & Cheese Sandwich
Mini Whole Grain Donut
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

25
Memorial Day

26
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

27
Egg & Cheese Sandwich
Mini Bagels with Strawberry
Cream Cheese
100% Fruit Juice
Fresh Fruit Choice

28
WG Cereal
100% Fruit Juice
Fresh Fruit Choice
Milk Choice

29
Egg & Cheese Sandwich
WG Bagel With
Low fat Cream Cheese
100% Fruit Juice
Fresh Fruit Choice

DID YOU KNOW? All Students are able to receive a balanced delicious breakfast each school day at NO COST