

Menus for May 2026



Telfair Elementary

This institution is an equal opportunity provider.
Menus are subject to change.

Friday, May 1

1. Chicken Sandwich
2. Corndog
Tater Tots
Pickles
Lettuce, & Tomato
Fruit
Milk

Monday, May 4

1. Chicken Nuggets
2. BBQ Sandwich
Green Beans
Slaw
Fruit
Milk



Tuesday, May 5

1. Taco
 2. Chicken Fajita
Lettuce, Tomato,
Cheese, Sour Cream
Black Beans & Corn
Salsa Cup
Fruit
Milk
- GMAS

Wednesday, May 6

1. Chicken Tenders
2. Steak Fingers
Waffles
Potato Wedges
Sunset Sip Juice
Fruit
Milk

GMAS

Thursday, May 7

1. Spaghetti with
Garlic Bread
2. Chef Salad with
Diced Ham
Roasted Broccoli
Salad Cup
Fruit
Milk

GMAS

Friday, May 8

1. Pepperoni Pizza
2. Turkey and
Cheese
Sandwich
Sweet Potato Fries
Corn on the Cob
Fruit
Milk

Monday, May 11

1. Cheeseburger
2. Hotdog
Baked Beans
French Fries
Fruit
Milk



Tuesday, May 12

1. General Tso's
Chicken
2. Steak Fingers
Rice
Oriental Veggies
Egg Roll
Fortune Cookie
Fruit
Milk

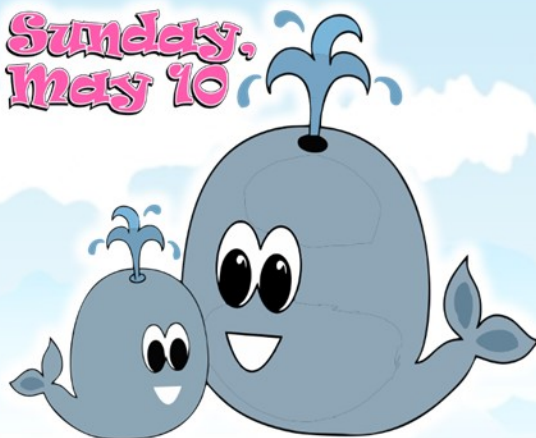
GMAS

Wednesday, May 13

1. Hamburger Steak
2. Meatloaf
Potatoes
Turnips
Cornbread
Fruit
Milk

GMAS

Sunday,
May 10



Happy Mother's Day!

Thursday, May 14

1. Chicken Pot Pie
with Biscuit
2. Corndog
Okra
Lima Beans
Fruit
Milk

GMAS



Friday, May 15

- FARM DAY—Sack
Lunch
PBJ Sandwich
Cheese stick
Carrots with Ranch
Chips
Fruit
Milk



LET THE GAMES
FIELD DAY!
 BEGIN!

How to Beat the
SUMMER SLIDE



Have your child read for at least **20 minutes** every day.

Spend time **cooking** together.



Explore different kinds of **reading material** like picture books, chapter books, and magazines.

Make use of your **local library**.



Listen to **audio books** on summer car trips.

Read aloud with your children daily.



Review skills with fun, hands-on review activities.

Engage in **meaningful conversation** and help build your child's vocabulary.



Enjoy a **new hobby!**

Learn more about these great ideas at <http://blog.AllAboutLearningPress.com/summer-slide>

Monday, May 18

1. Chicken Sandwich
2. Ham & Cheese on Croissant
- Green Beans
- Pickles
- Lettuce & Tomato
- Fruit
- Milk

Tuesday, May 19

1. Lemon Pepper Chicken
2. BBQ Sandwich
- Roasted Carrots
- Salad Cup
- Fruit
- Milk

Wednesday, May 20

1. Chicken Tenders
2. Steak Fingers
- Waffles
- Potato Wedges
- Sunset Sip Juice
- Fruit
- Milk



TOASTED.

Just one bad, blistering sunburn as a child doubles your risk for skin cancer later in life. Yet more than half of all kids report having at least a minor sunburn in the past year. Don't get burned this summer!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Thursday, May 21

1. Hotdog
2. Turkey Sandwich
- French Fries
- Baked Beans
- Fruit
- Milk

Friday, May 22

- LAST DAY OF SCHOOL**
- Pepperoni Pizza
 - Corn
 - Fruit
 - Milk



HAVE A GREAT
SUMMER

class of
2026
Congrats!