



G. H. Robertson School

Spike's Cafe!

May - June 2026

Meal Prices

Student Lunch	\$3.10
Reduced Price Lunch	\$0.40
Student Breakfast	\$2.50
Reduced Price Bfast	\$0.30

Milk only	\$0.75
Adult Lunch	\$5.50
Adult Breakfast	\$3.25

All Meals include a choice of Skim or 1% White Milk or Skim Flavored Milk

All breads & grains are whole

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Follow us on Social Media!



CoventryAndoverSchoolFoodService
coventryandoverschoolnutrition



When you visit your cafeteria on May 1, be sure to wish your food service staff a Happy Lunch Hero Day!



1
<u>Choose one</u>
1. French Bread
Pizza
2. Hot Dog
3. Yogurt Plate
<u>Choose up to Three</u>
Fresh Vegetable Sticks
Fresh Baby Carrots
Assorted Fruit Choices

4
<u>Choose one</u>
1. Chicken Tenders
Seasoned Noodles
2. Hot Dog
3. Yogurt Plate
<u>Choose up to Three</u>
Baked Beans
Fresh Baby Carrots
Assorted Fruit Choices

5
<u>Choose one</u>
1. French Toast Sticks
Sausage Patty
2. Cheeseburger
3. Yogurt Plate
<u>Choose up to Three</u>
Hash Brown Potato
Fresh Baby Carrots
Assorted Fruit Choices

6
<u>Choose one</u>
1. Mozzarella Sticks
Marinara Sauce
2. Hot Dog
3. Yogurt Plate
<u>Choose up to Three</u>
Seasoned Green Beans
Fresh Baby Carrots
Assorted Fruit Choices

7
<u>Choose one</u>
1. Corn Dog
Nuggets
2. Cheeseburger
3. Yogurt Plate
<u>Choose up to Three</u>
Onion Rings
Fresh Baby Carrots
Assorted Fruit Choices

8
<u>Choose one</u>
1. Stuffed Crust
Pizza
2. Hot Dog
3. Yogurt Plate
<u>Choose up to Three</u>
Fresh Vegetable Sticks
Fresh Baby Carrots
Assorted Fruit Choices

11
<u>Choose one</u>
1. Popcorn Chicken
Macaroni and Cheese
2. Hot Dog
3. Yogurt Plate
<u>Choose up to Three</u>
Baked Beans
Fresh Baby Carrots
Assorted Fruit Choices

12
<u>Choose one</u>
1. Cheese Filled Bread Stick
with Marinara
2. Cheeseburger
3. Yogurt Plate
<u>Choose up to Three</u>
Seasoned Broccoli
Fresh Baby Carrots
Assorted Fruit Choices

13
<u>Choose one</u>
1. General Sue's Chicken
Asian Rice
2. Hot Dog
3. Yogurt Plate
<u>Choose up to Three</u>
California Vegetables
Fresh Baby Carrots
Assorted Fruit Choices

14
<u>Choose one</u>
1. Waffles and Syrup
Scrambled Egg Patty
2. Cheeseburger
3. Yogurt Plate
<u>Choose up to Three</u>
Baked Hash Brown
Fresh Baby Carrots
Assorted Fruit Choices

15
<u>Choose one</u>
1. Cheese Pizza
Square
2. Hot Dog
3. Yogurt Plate
<u>Choose up to Three</u>
Fresh Vegetable Sticks
Fresh Baby Carrots
Assorted Fruit Choices

18
<u>Choose one</u>
1. Chicken Patty
on a Bun
2. Hot Dog
3. Yogurt Plate
<u>Choose up to Three</u>
Baked Beans
Fresh Baby Carrots
Assorted Fruit Choices

19
<u>Choose one</u>
1. Mr. Daigneau's Sloppy
Joe Sandwich
2. Cheeseburger
3. Yogurt Plate
<u>Choose up to Three</u>
Sweet Potato Fries
Fresh Baby Carrots
Assorted Fruit Choices

20
<u>Choose one</u>
1. Grilled Cheese
Tomato Soup
2. Hot Dog
3. Yogurt Plate
<u>Choose up to Three</u>
Seasoned Broccoli
Fresh Baby Carrots
Assorted Fruit Choices

21
<u>Choose one</u>
1. BBQ Rib
on a Bun
2. Cheeseburger
3. Yogurt Plate
<u>Choose up to Three</u>
Corn Niblets
Fresh Baby Carrots
Assorted Fruit Choices

All American Day! 22
<u>Choose one</u>
Hot Dog
- or -
Cheeseburger
Baked Beans
Watermelon Slice
Red-White-Blue Popsicle!


25

School will be closed today to celebrate Memorial Day!

26
<u>Choose one</u>
1. Cheese Calzone
Marinara Sauce
2. Cheeseburger
3. Yogurt Plate
<u>Choose up to Three</u>
Seasoned Broccoli
Fresh Baby Carrots
Assorted Fruit Choices

27
<u>Choose one</u>
1. Mexican Taco
Seasoned Rice
2. Hot Dog
3. Yogurt Plate
<u>Choose up to Three</u>
Corn Niblets
Fresh Baby Carrots
Assorted Fruit Choices

28
<u>Choose one</u>
1. French Toast Sticks
Sausage Patty
2. Cheeseburger
3. Yogurt Plate
<u>Choose up to Three</u>
Baked Hash Brown
Fresh Baby Carrots
Assorted Fruit Choices

29

<u>Choose one</u>
1. Stuffed Crust
Pizza
2. Hot Dog
3. Yogurt Plate
Bear Cookie!
<u>Choose up to Three</u>
Fresh Vegetable Sticks
Fresh Baby Carrots
Assorted Fruit Choices

<p>1</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chicken Nuggets Macaroni and Cheese 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Beans Fresh Baby Carrots Assorted Fruit Choices</p>	<p>2</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Pancakes and Syrup Scrambled Egg Patty 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Hash Brown Fresh Baby Carrots Assorted Fruit Choices</p>	<p>3</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Cheese Quesadilla 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Seasoned Broccoli Fresh Baby Carrots Assorted Fruit Choices</p>	<p>4</p> <p>Field Day!</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Turkey and Cheese Sandwich and Chips 2. Yogurt with Soft Pretzel and Cheese Stick <p><u>Both Choices Include:</u></p> <p>Fresh Baby Carrots Fresh Apple Chocolate Milk</p>	<p>5</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Cheese Pizza Square 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit Choices</p>
<p>8</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chicken Tenders Seasoned Noodles 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Beans Fresh Baby Carrots Assorted Fruit Choices</p>	<p>9</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. French Toast Sticks Sausage Patty 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Baked Hash Brown Fresh Baby Carrots Assorted Fruit Choices</p>	<p>10</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Mozzarella Sticks Marinara Sauce 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Seasoned Green Beans Fresh Baby Carrots Assorted Fruit Choices</p>	<p>11</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Corn Dog Nuggets 2. Cheeseburger 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Onion Rings Fresh Baby Carrots Assorted Fruit Choices</p>	<p>12</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Stuffed Crust Pizza 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit Choices</p>
<p>Early Release! 15</p> <p><u>Choose one</u></p> <ol style="list-style-type: none"> 1. Chef's Choice Pizza 2. Hot Dog 3. Yogurt Plate <p><u>Choose up to Three</u></p> <p>Fresh Vegetable Sticks Fresh Baby Carrots Assorted Fruit Choices</p>	<div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>Summer Meals Programs provide free, convenient meals and snacks for children 18 years and younger during the summer at schools, parks, libraries, and other neighborhood locations in eligible communities. Learn more and find local meal sites here: www.fns.usda.gov/summer/sunmeals</p> </div> </div>			



Come join us for Breakfast! Just \$2.50* for All Students!

- ◆ Fresh Made Egg & Cheese Sandwich
- ◆ Assorted Muffins
- ◆ Assorted Cereal
- ◆ Cinnamon Buns
- ◆ Breakfast Bars
- ◆ Assorted Pastries

All choices come with Fruit, Juice and Milk

* Students approved for FREE lunch are automatically eligible for FREE breakfast and breakfast for students approved for REDUCED meals is just 30¢.

Don't Skip the Most Important Meal of the Day!

Parents – Log onto family.schoolcafe.com or download the "SchoolCafe Family Hub" app to view your student's account balance and make payments. For more information about your school lunch program, visit <http://www.coventrypublicschools.org/district/food-services>.

Please inform your school nurse if your child has a food allergy.

Visit <https://www.coventrypublicschools.org/district/wellness-committee> to be involved in school wellness!

Questions or comments about your student's lunches? We'd love to hear from you! Call the Food Service Office at 860-742-4535. ***This institution is an equal opportunity provider.***