

LUNCH IS AVAILABLE TO ALL STUDENTS AT NO COST



**May 2026 Lunch Menu
Heritage & Freedom MS**



BERWYN SOUTH SCHOOL DISTRICT 100

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1 Sweet and Sour Popcorn Chicken Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
4 Meatball Sub on WG Bun Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	5 Taco Tuesday! Sandy's Taco Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	6 Chicken Cheese Quesadilla Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	7 BYO Burrito Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	8 Walking Taco Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
11 Beef Enchiladas Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	12 Taco Tuesday! Sandy's Taco Bar Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	13 Mia Pasta Station Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	14 Chicken Fajita Bowl Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	15 Buffalo Chicken Melt Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint
18 Chicken Quesadilla Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	19 Spicy Chicken Strips Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	20 Baked Mostaccioli w. Dinner Roll Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk	21 BYO Sub Sandwich Station Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	22 Chicken Parm Sandwich on WG Bun Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk
25 No School	26 Chef Special Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	27 Chef Special Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	28 Chef Special Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint	29 Chef Special Seasonal Farm Veggies Just Picked Fresh Fruit Ice Cold Milk Pint

Daily Middle School Lunch Choices:

- Luigi's Pizza**
-Cheese
-Pepperoni
-Pizza of the Day

MmmBurger Grill

- Homestyle Chicken Sandwich
-Spicy Chicken Sandwich
-Cheeseburger

- Sun Butter and Jelly Sandwich

- Grab & Go Salads

- Deli Subs/ Wraps

- Milk Choices:**
1% White
Or
Fat Free Chocolate

Menu Subject to Change



In accordance with Federal law and United States Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, and disability.

