

Breakfast Menu

James I. O'Neill HS

May 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

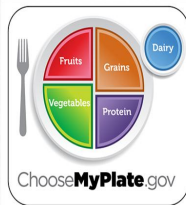
Monday



Tuesday



Wednesday



Thursday

Friday

- 1 Egg and Cheese Sandwich ✓
- Whole Grain French Toast Slices ✓
- Sausage Patty
- 100% Apple Juice
- Fat Free Chocolate Milk

- 4 Maple Mini Waffles ✓
- Egg and Cheese Sandwich ✓
- Fresh Apple
- 100% Apple Juice
- Fat Free Chocolate Milk

- 5 Egg and Cheese Sandwich ✓
- Or Sausage, Egg and Cheese Sandwich
- Fat Free Chocolate Milk
- 100% Apple Juice

- 6 Bacon, Egg and Cheese Breakfast Sandwich P
- Egg and Cheese Sandwich ✓
- WW Honey Bun ✓
- 100% Apple Juice
- Fresh Apple
- Fat Free Chocolate

- 7 Egg and Cheese Sandwich ✓
- Chocolate Glazed Donut with Cereal Topping 🍩
- 100% Apple Juice
- Fat Free Chocolate Milk

- 8 Egg and Cheese Sandwich ✓
- Fresh Orange
- 100% Apple Juice
- Fat Free Chocolate Milk
- Cinnamon Bun ✓

- 11 Egg and Cheese Sandwich ✓
- Maple Mini Waffles ✓
- 100% Apple Juice
- Diced Peach Cup
- Fat Free Chocolate Milk

- 12 Sausage, Egg and Cheese Sandwich
- Fresh Orange
- Fat Free Chocolate Milk
- 100% Apple Juice
- Banana Bread Sliced ✓

- 13 Egg and Cheese Sandwich ✓
- Sausage, Egg and Cheese Sandwich
- 100% Apple Juice
- Fresh Orange
- Fat Free Chocolate Milk

- 14 WW Honey Bun ✓
- Egg and Cheese Sandwich ✓
- Fat Free Chocolate Milk
- 100% Apple Juice

- 15 Egg and Cheese Sandwich ✓
- Bacon, Egg and Cheese Breakfast Sandwich P
- Fat Free Chocolate Milk
- 100% Apple Juice


- 18 Cinnamon French Toast ✓
- Egg and Cheese Sandwich ✓
- Fat Free Chocolate Milk
- 100% Apple Juice

- 19 Maple Mini Waffles ✓
- Egg and Cheese Sandwich ✓
- Fresh Orange
- 100% Apple Juice

- 20 Bacon, Egg and Cheese Breakfast Sandwich P
- Sausage, Egg and Cheese Sandwich
- Fat Free Chocolate Milk
- 100% Apple Juice

- 21 Egg and Cheese Sandwich ✓
- Fresh Apple
- Fat Free Chocolate Milk
- 100% Apple Juice
- Chocolate Glazed Donut with Cereal Topping 🍩

- 22 WW Honey Bun ✓
- Egg and Cheese Sandwich ✓
- Sausage, Egg and Cheese Sandwich
- Fat Free Chocolate Milk
- 100% Apple Juice

- 25 

- 26 Egg and Cheese Sandwich ✓
- Fat Free Chocolate Milk
- 100% Apple Juice
- Strawberry Mini Bagel ✓

- 27 WW Honey Bun ✓
- Bacon, Egg and Cheese Breakfast Sandwich P
- Egg and Cheese Sandwich ✓
- Fat Free Chocolate Milk
- 100% Apple Juice

- 28 Egg and Cheese Sandwich ✓
- Fat Free Chocolate Milk
- 100% Apple Juice
- Banana Bread Sliced ✓

- 29 Egg and Cheese Sandwich ✓
- Bacon, Egg and Cheese Breakfast Sandwich P
- Fat Free Chocolate Milk
- 100% Apple Juice

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Breakfast Prices

Regular: \$0.00
Adult Breakfast: \$3.00 (+Tax)

Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins~ Bagels ~ Egg Sandwiches - Milk and Fruit / Fruit Juices.
String Cheese ~ Graham Cracker ~ Yogurt

If you have any questions or would like additional information regarding this menu please contact your food service



Director Kathy Calkins at 845-446-4914 Made 2026