

Lunch Menu

James I. O'Neill HS

May 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



Find Summer Meals:

Text "Food" to 304-304
Visit SummerMealsNY.org
Call 211 or 311 (in NYC)
or 1-866-3-HUNGRY



1 Chicken Philly Sandwich 🍔
Oven Baked Fries
Diced Pear Cup
Roasted Asparagus

4 Homemade French Toast 🌱 🍷
Sausage Patty Syrup
Oven Baked Fries
Applesauce

5 Crispy Tacos
Fiesta Corn
Black Beans
Applesauce

6 General Tso's Chicken 🍷
Vegetable Fried Rice
Three Vegetable Medley
Applesauce

7 Yard Bird Classic Chicken Sandwich
Applesauce
Potato Salad


8 Chicken and Waffles
Sweet Potato Fries
Cajun Roasted Broccoli
Applesauce
STUDENT APPRECIATION DAY

11 Homemade Mac & Cheese 🌱 🍷
Grilled Asparagus
Diced Pear Cup
Dinner Rolls

12 Fiesta Taco Salad 🍷
Yellow Rice
Seasoned Black Beans
Diced Pear Cup

13 Buffalo Chicken Sauce & Toss
Oven Baked Fries
Celery Sticks
Fresh Baby Carrots
Ranch Dressing
Diced Pear Cup

14 Cheeseburger Sweet Corn
Crispy Potato Puffs
Diced Pear Cup

15 Chicken & Cheese Bowl
popcorn chicken layered with mashed potatoes and corn, covered in cheese 🍷
Fresh Orange
Sweet Corn
Brown Gravy

18 Chicken Lo Mein *tender chicken sauteed with vegetables and lo mein noodles* 🍷
Diced Pear Cup
Mixed Vegetable Blend
Seared Dumplings 🍷

19 Walking Taco
Yellow Rice
Diced Peaches
Corn & Black Bean Salad

20 Homemade Mojito Chicken
baked chicken marinated in a blend of oils, citrus juices, herbs and spices
Brown Rice
Baked Plantains
Maduros
Diced Pear Cup

21 Spicy Chicken Melt
Meltdown Café
moist spicy chicken topped with melted cheese inside a warm bread
Spicy Black Bean Salad
Oven Baked Fries
Diced Peaches

22 BBQ Chicken
Cajun Roasted Broccoli
Sweet Potato Fries
Mixed Fruit
Applesauce
Diced Pear Cup

25 
MEMORIAL DAY

26 Nachos Grande
Black Beans
Fresh Apple
Fresh Orange

27 Wing Shack Honey Dipped Chicken Wings 🍷
BBQ Style Chicken Wings
Wing Shack Classic Buffalo Chicken Wings
Veggie Dippers

28 NY Beef Burger
Cheeseburger
Sweet Soy Cucumber Salad
Tomato Salad

29 Homemade Baked Pasta with Cheese 🌱 🍷
Cheesy Garlic Bread
Diced Peaches
Roasted Asparagus

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Offered Daily

Fresh Vegetable Crudite, Apples & Oranges
Choice of 1% Milk, FF Chocolate

All breads are WG


Lunch Prices

1st Lunch No Cost Additional meal: \$3.25, Adult Lunch: \$5.25

 Vegetarian  Milk \$0.85  Made With Natural Ingredients

 Pork

 Smart Choice

 Made With Organic Ingredients

Offered Daily

La Cucina: Cheese, Pepperoni, Daily Specials

Miss Ruby's: Chicken Sandwich, Burgers & Cheeseburgers
Weekly Specials

Real Meals: Grab and Go Sandwiches/ Wraps

Chicken Salads, Garden Salads with Cheese (all served with WG Roll)

Yogurt Parfaits with Fruit and Granola