

# Breakfast Menu

# HFIS

May 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

## Monday



## Tuesday



## Wednesday



## Thursday

## Friday

4 Egg and Cheese Sandwich Bacon, Egg and Cheese Breakfast Sandwich 100% Apple Juice Fat Free Chocolate Milk Applesauce

5 WG Donut Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Applesauce

6 WW Honey Bun Sausage, Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Applesauce

7 Cinnamon French Toast Syrup Fat Free Chocolate Milk 100% Apple Juice Applesauce Sausage and Cheese Sandwich

8 Bacon, Egg and Cheese Breakfast Sandwich Fat Free Chocolate Milk 100% Apple Juice Applesauce Banana Bread Sliced

11 Fluffy Whole Grain Pancakes Sausage Patty Syrup Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice

12 Egg and Cheese Sandwich 100% Apple Juice Banana Bread Sliced Diced Peaches

13 Maple Mini Waffles Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Diced Peaches

14 Sausage, Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Egg and Cheese Sandwich Diced Peaches

15 WW Honey Bun Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Diced Peaches Applesauce

18 Sausage, Egg and Cheese Sandwich 100% Apple Juice Banana Bread Sliced

19 Fluffy Whole Grain Pancakes Sausage Patty Syrup Fat Free Chocolate Milk 100% Apple Juice

20 Egg and Cheese Sandwich WG Glazed Donut 100% Apple Juice Diced Pear Cup

21 Maple Mini Waffles Egg and Cheese Sandwich Fat Free Chocolate Milk 100% Apple Juice Diced Pear Cup

22 Bacon, Egg and Cheese Breakfast Sandwich Fat Free Chocolate Milk 100% Apple Juice Applesauce

25 26 Egg and Cheese Sandwich 100% Apple Juice Soft Filled Cinnamon Toast Crunch Bar Applesauce Fat Free Chocolate Milk

27 Maple Mini Waffles Egg and Cheese Sandwich 100% Apple Juice Applesauce Fat Free Chocolate Milk

28 Egg and Cheese Sandwich Sausage, Egg and Cheese Sandwich 100% Apple Juice Diced Pear Cup

29 Bacon, Egg and Cheese Breakfast Sandwich Fat Free Chocolate Milk 100% Apple Juice Applesauce Diced Pear Cup

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

### Breakfast Prices

Breakfast: 1st meal no cost 2nd meal \$3.25

Adult \$5.25plus tax  
Milk \$0.85

### Available Daily

Assorted WG Cereal ~ Cereal Bars ~ Muffins~ Bagels ~ Parfaits ~Milk ~Fruit / Fruit Juices. String Cheese ~ Graham Cracker ~ Yogurt

If you have any questions or would like additional information regarding this menu please contact your food service director

Kathy Coakley 845-446-4914 ext 2890

