





# MAY

## SECONDARY BREAKFAST 2026

Natomas Unified School District

Monday	Tuesday	Wednesday	Thursday	Friday
<p> Whole Grain Concha</p> <p>Variety Cereal</p> <p>Seasonal Fresh Fruit</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>	<p> Ham &amp; Swiss Croissant</p> <p>Seasonal Fresh Fruit Parfait Cups</p> <p>Seasonal Fresh Fruit</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>	<p> Toasted Bagel w/ Strawberry or Regular Cream Cheese</p> <p>Seasonal Fresh Fruit Parfait Cups</p> <p>Seasonal Fresh Fruit</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>	<p> Freshly Prepared Sausage &amp; Egg Breakfast Sandwich</p> <p>Freshly Prepared Muffin</p> <p>Seasonal Fresh Fruit</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>	<p> French Toast Sticks w/Turkey Bacon</p> <p>Variety Cereal</p> <p>Seasonal Fresh Fruit</p> <p>1% Lowfat Milk Fat Free Chocolate Milk</p>

 Contains Pork  
 Whole Grain Rich Foods

*This institution is an equal opportunity provider.*

*This menu is subject to change*

