

Menus for  
**May & June**

Middle School

2026

**Dry Creek Joint Elementary School District**

This institution is an equal opportunity provider.  
Menus are subject to change.



Mother's Day  
Sunday, May 10

**SCHOOL LUNCH  
SUPERHERO DAY  
FRIDAY, MAY 1ST**



Friday, May 1

**Breakfast**  
FRENCH TOAST STICKS  
OR  
CEREAL  
OR  
CONTINENTAL BREAKFAST  
**Lunch**  
GRILLED CHEESE  
SANDWICH  
OR  
CHICKEN TENDERS

COOKIE



**the plate!**



Monday, May 4

**Breakfast**  
CHEESY BREADSTICKS  
OR  
HOT OATMEAL  
WITH BERRIES  
OR  
CONTINENTAL BREAKFAST  
**Lunch**  
BREAKFAST FOR LUNCH  
OR  
TURKEY & CHEESE  
SANDWICH

Tuesday, May 5

**Breakfast**  
EGG-CELLENT BITES WITH  
SAUSAGE & CHEESE  
OR  
MINI PANCAKES  
OR  
CONTINENTAL BREAKFAST  
**Lunch**  
CHEESE PIZZA  
OR  
BEEF & CHEESE TACO

Wednesday, May 6

**Breakfast**  
FIESTA BREAKFAST BURRITO  
OR  
CEREAL  
OR  
CONTINENTAL BREAKFAST  
**Lunch**  
MACARONI & CHEESE  
OR  
CHEESEBURGER  
& FRIES

Thursday, May 7

**Breakfast**  
TAQUITO WITH POTATO  
& CHEESE  
OR  
HAPPY HARD BOILED EGG  
OR  
CONTINENTAL BREAKFAST  
**Lunch**  
CHEESY BREADSTICKS  
OR  
TERIYAKI CHICKEN  
NOODLE BOWL

Friday, May 8

**Breakfast**  
CINNAMON ROLL  
OR  
CEREAL  
OR  
CONTINENTAL BREAKFAST  
**Lunch**  
BEAN & CHEESE PUPUSA  
OR  
CRUNCHY FISH STICKS &  
CHIPS  
COOKIE

Monday, May 11

**Breakfast**  
SUNRISE BREAKFAST  
SANDWICH  
OR  
CEREAL  
OR  
CONTINENTAL BREAKFAST  
**Lunch**  
BREAKFAST FOR LUNCH  
OR  
ROTINI WITH MEAT SAUCE

Tuesday, May 12

**Breakfast**  
YOGURT PARFAIT  
OR  
SCONE  
OR  
CONTINENTAL BREAKFAST  
**Lunch**  
CHEESE PIZZA  
OR  
CHICKEN TACO

Wednesday, May 13

**Breakfast**  
MINI WAFFLES  
OR  
HOT OATMEAL  
WITH BERRIES  
OR  
CONTINENTAL BREAKFAST  
**Lunch**  
BEAN & CHEESE BURRITO  
OR  
CHICKEN SANDWICH

Thursday, May 14

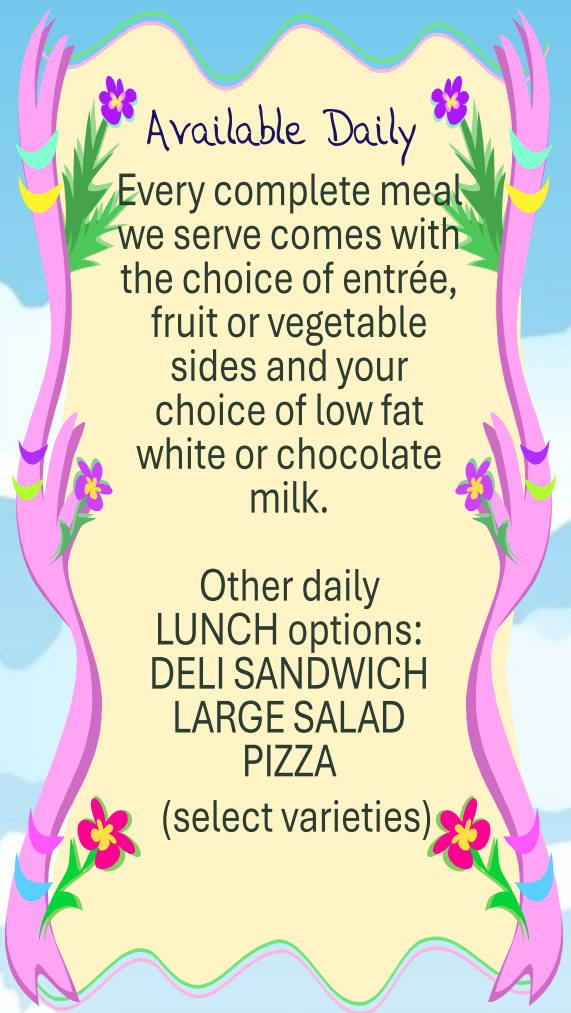
**Breakfast**  
EGG-CELLENT BITES WITH  
SAUSAGE & CHEESE  
OR  
CINNI MINNI  
OR  
CONTINENTAL BREAKFAST  
**Lunch**  
CHEESY BREADSTICKS  
OR  
ORANGE CHICKEN  
RICE BOWL

Friday, May 15

**Breakfast**  
FRENCH TOAST STICKS  
OR  
CEREAL  
OR  
CONTINENTAL BREAKFAST  
**Lunch**  
GRILLED CHEESE  
SANDWICH  
OR  
CHICKEN TENDERS  
COOKIE

Generally, the plate diagram above provides fantastic advice on how to fill your plate. But can you name one of the best things you can eat or drink that isn't even on the plate? Give up? **IT'S WATER!** Kids should try to drink about 6 to 8 8-ounce servings of water a day. Try having water instead of soda or other high-calorie, low-nutrition drinks as often as possible!

Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)



Available Daily

Every complete meal we serve comes with the choice of entrée, fruit or vegetable sides and your choice of low fat white or chocolate milk.

Other daily LUNCH options:  
 DELI SANDWICH  
 LARGE SALAD  
 PIZZA  
 (select varieties)

Monday, May 18

**Breakfast**  
 CHEESY BREADSTICKS  
 OR  
 HOT OATMEAL WITH BERRIES  
 OR  
 CONTINENTAL BREAKFAST  
**Lunch**  
 BREAKFAST FOR LUNCH  
 OR  
 TURKEY & CHEESE SANDWICH

Tuesday, May 19

**Breakfast**  
 EGG-CELLENT BITES WITH SAUSAGE & CHEESE  
 OR  
 MINI PANCAKES  
 OR  
 CONTINENTAL BREAKFAST  
**Lunch**  
 CHEESE PIZZA  
 OR  
 BEEF & CHEESE TACO

Wednesday, May 20

**Breakfast**  
 FIESTA BREAKFAST BURRITO  
 OR  
 CEREAL  
 OR  
 CONTINENTAL BREAKFAST  
**Lunch**  
 MACARONI & CHEESE  
 OR  
 CHEESEBURGER & FRIES

Thursday, May 21

**Breakfast**  
 TAQUITO WITH POTATO & CHEESE  
 OR  
 HAPPY HARD BOILED EGG  
 OR  
 CONTINENTAL BREAKFAST  
**Lunch**  
 CHEESY BREADSTICKS  
 OR  
 TERIYAKI CHICKEN NOODLE BOWL

Friday, May 22

**Breakfast**  
 CINNAMON ROLL  
 OR  
 CEREAL  
 OR  
 CONTINENTAL BREAKFAST  
**Lunch**  
 BEAN & CHEESE PUPUSA  
 OR  
 CRUNCHY FISH STICKS & CHIPS  
 COOKIE

Monday, May 25



Tuesday, May 26

**Breakfast**  
 YOGURT PARFAIT  
 OR  
 SCONE  
 OR  
 CONTINENTAL BREAKFAST  
**Lunch**  
 CHEESE PIZZA  
 OR  
 CHICKEN TACO

Wednesday, May 27

**Breakfast**  
 MINI WAFFLES  
 OR  
 HOT OATMEAL WITH BERRIES  
 OR  
 CONTINENTAL BREAKFAST  
**Lunch**  
 BEAN & CHEESE BURRITO  
 OR  
 CHICKEN SANDWICH

Thursday, May 28

**Breakfast**  
 EGG-CELLENT BITES WITH SAUSAGE & CHEESE  
 OR  
 CINNI MINNI  
 OR  
 CONTINENTAL BREAKFAST  
**Lunch**  
 CHEESY BREADSTICKS  
 OR  
 ORANGE CHICKEN RICE BOWL

Friday, May 29

**Breakfast**  
 FRENCH TOAST STICKS  
 OR  
 CEREAL  
 OR  
 CONTINENTAL BREAKFAST  
**Lunch**  
 GRILLED CHEESE SANDWICH  
 OR  
 CHICKEN TENDERS  
 COOKIE

Monday, June 1

**Breakfast**  
 CHEESY BREADSTICKS  
 OR  
 HOT OATMEAL WITH BERRIES  
 OR  
 CONTINENTAL BREAKFAST  
**Lunch**  
 BREAKFAST FOR LUNCH  
 OR  
 TURKEY & CHEESE SANDWICH

Tuesday, June 2

**Breakfast**  
 EGG-CELLENT BITES WITH SAUSAGE & CHEESE  
 OR  
 MINI PANCAKES  
 OR  
 CONTINENTAL BREAKFAST  
**Lunch**  
 CHEESE PIZZA  
 OR  
 BEEF & CHEESE TACO

Wednesday, June 3

**Breakfast**  
 FIESTA BREAKFAST BURRITO  
 OR  
 CEREAL  
 OR  
 CONTINENTAL BREAKFAST  
**Lunch**  
 MACARONI & CHEESE  
 OR  
 CHEESEBURGER & FRIES

Thursday, June 4

**Breakfast**  
 TAQUITO WITH POTATO & CHEESE  
 OR  
 HAPPY HARD BOILED EGG  
 OR  
 CONTINENTAL BREAKFAST  
**Lunch**  
 CHEESY BREADSTICKS  
 OR  
 TERIYAKI CHICKEN NOODLE BOWL

Friday, June 5



**TOASTED.**  
 Just one bad, blistering sunburn as a child doubles your risk for skin cancer later in life. Yet more than half of all kids report having at least a minor sunburn in the past year. Don't get burned this summer!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**