



Always Innovating

South Texas ISD

RIO GRANDE VALLEY | GRADES 6-12

BREAKFAST

MAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
W E E K 2					11 French Toast Sticks Cereal Fresh Fruit Juice Milk Choice	<u>BREAKFAST MEAL</u> PRICES: STUDENTS FREE!!!! <u>A LA CARTE</u> ENTREE \$2.50 EXTRA MILK \$1.00 EXTRA FRUIT \$.50 <u>MILK CHOICES:</u> 1% Low Fat Milk Fat Free Chocolate Milk <u>Additional Items</u> <u>Offered</u> Uncrustables <u>Menu subject to</u> <u>change without</u> <u>notice</u> STISD Child Nutrition Dept. (956)514-4230
W E E K 1	4 Breakfast Bar W/Yogurt Cereal Fresh fruit Juice Milk choice	5 Breakfast Bar W/Muffin Honey Bun Fresh Fruit Juice Milk Choice	6 Breakfast Ham & Cheese Croissant Pop Tarts Fresh Fruit Juice Milk Choice	7 Tamales Muffins Fresh Fruit Juice Milk Choice	8 Pancake Sandwich Cereal Fresh Fruit Juice Milk Choice	
W E E K 2	11 Uncrustable PB&J Cereal Fresh Fruit Juice Milk Choice	12 Kolache-Sausage & Cheese Banana Bread Slice Fresh fruit Juice Milk Choice	13 Pancake on a Stick Snack' n Waffle-Blueberry Fresh Fruit Juice Milk Choice	14 Mini Pancakes w/Sausage patty Muffins Fresh Fruit Juice Milk Choice	15 French Toast Sticks Cereal Fresh Fruit Juice Milk Choice	
W E E K 1	18 Breakfast Bar W/Yogurt Cereal Fresh fruit Juice Milk choice	19 Breakfast Bar W/Muffin Honey Bun Fresh Fruit Juice Milk Choice	20 Breakfast Ham & Cheese Croissant Pop Tarts Fresh Fruit Juice Milk Choice	21 Tamales Muffins Fresh Fruit Juice Milk Choice	22 Pancake Sandwich Cereal Fresh Fruit Juice Milk Choice	
W E E K 2	25	26	27	28	29	

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

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LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
W E E K 1					1 Dorito Bowl Corn Baby Carrots Fresh Fruit Milk Choice	BREAKFAST MEAL PRICES: STUDENTS FREE!!!! A LA CARTE ENTREE \$2.50 EXTRA MILK \$1.00 EXTRA FRUIT \$.50 MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk STISD Child Nutrition Dept. (956)514-4230 Menu subject to change without notice
W E E K 2	4 Tostito Bowl Corn Cooked Carrots Fresh fruit Peach Slices Milk Choice	5 Orange Chicken w/Fried Rice Broccoli Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	6 Street Tacos Pinto Beans Baby Carrots Rice Banana Mandarins Milk Choice	7 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Apple Sauce Milk Choice	8 Chicken Strip Basket Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	
W E E K 3	11 Rotini Pasta W/ Sauce Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices Milk Choice	12 Nachos corn Cucumbers Fresh Fruit Applesauce Milk Choice	13 Crunchy Tacos Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Mandarins Milk Choice	14 Cheeseburger Broccoli Cheddar Soup W/Crackers Tator Tots Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	15 Frito Pie To Go Green Beans Baby Carrots Fresh Fruit Milk Choice	
W E E K 1	18 Popcorn Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh fruit Peach Slices Milk Choice	19 Chicken Wings Tator Tots Romaine Salad Baby Carrots Fresh Fruit Fruit Cocktail Milk Choice	20 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears Milk Choice	21 Chicken Alfredo Broccoli Normandy Romaine Salad Fresh Fruit Applesauce Milk Choice	22 Dorito Bowl Corn Baby Carrots Fresh Fruit Milk Choice	
W E E K 2	25	26	27	28	29	

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PIZZA & MORE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
W E E K 1					1 Pizza Buffalo Boneless Wings /Waffle Fries Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	<u>BREAKFAST MEAL</u> <u>PRICES:</u> STUDENTS FREE!!!! <u>A LA CARTE</u> ENTREE \$2.50 EXTRA MILK \$1.00 EXTRA FRUIT \$.50 <u>MILK CHOICES:</u> 1% Low Fat Milk Fat Free Chocolate Milk STISD Child Nutrition Dept. (956)514-4230 <u>Menu subject to</u> <u>change without</u> <u>notice</u>
W E E K 2	4 Chicken Tenders Pizza Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices Milk Choice	5 Cheeseburger Pizza Chef Salad Baby Carrots Tator Tots Fresh Fruit Fruit Cocktail Milk Choice	6 Pizza Burritos Chef Salad Pinto Beans Romaine Salad Fresh Fruit Mandarins Milk Choice	7 Spicy Chicken Sandwich Pizzq Chef Salad Green Beans Romaine Salad Fresh Fruit Applesauce Milk Choice	8 Pizza W/Buffalo Chicken Wings Cheese Sticks Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	
W E E K 3	11 Mini Corn Dogs Pizza Creamy Mashed Potatoes Cooked Carrots Fresh Fruit Peach Slices Milk Choice	12 Pizza Pizza Cheese Crunchers Chef Salad corn Cucumbers Fresh Fruit Fruit Cocktail Milk Choice	13 Pizza Burritos Chef Salad Pinto Beans Romaine Salad Fresh Fruit Mandarins Milk Choice	14 Spicy Chicken Sandwich Pizza Chef Salad Tator Tots Romaine Salad Fresh Fruit Applesauce Milk Choice	15 Pizza Sub Sandwich Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	
W E E K 1	18 Chicken Tenders Pizza Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices Milk Choice	19 Cheeseburger Pizza Chef Salad Romaine Salad Tator Tots Fresh Fruit Fruit Cocktail Milk Choice	20 Pizza Burrito Ham & Cheese Wrap Pinto Beans Romaine Salad Fresh Fruit Diced Pears Milk Choice	21 Spicy Chicken Sandwich Pizza Chef Salad Broccoli Normandy Romaine Salad Fresh Fruit Applesauce Milk Choice	22 Pizza Buffalo Boneless Wings /Waffle Fries Green Beans Baby Carrots Fresh Fruit Pineapple Tidbits Milk Choice	
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