

May 2026 Middle School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Our hummus is made fresh daily</p> <p>Try the Garnet Bar Made on premise</p>		<p>1</p> <p>Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk</p>
<p>4</p> <p>Chicken Tenders (4) BBQ Sauce or Honey Mustard Carrots and Celery Creamy Ranch Dip Fresh Kiwi Slices 100% Fruit Juice Hormone Free Milk</p>	<p>5</p> <p>Cinco de mayo Beef Nachos Bag of Tostitos Scoops Shredded Cheese Salsa/Sour Cream Guacamole Fiesta Salad Red Delicious Apple 100% Fruit Juice Hormone Free Milk</p>	<p>6</p> <p>Raman Noodle Bowl Yakisoba Noodles Grilled Chicken Grilled Tofu Steamed Edamame Steamed Broccoli Fortune Cookie Orange Slices Sakanaya Sushi</p>	<p>7</p> <p>Brunch for Lunch French Toast Sticks Sausage Patty Sweet Potato Round Cherry Tomato Cup Fresh Banana 100% Fruit Juice Hormone Free Milk</p>	<p>8</p> <p>Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk</p>
<p>11</p> <p>Sweet and Sour Orange Chicken with Red and Green Peppers Jasmine Rice Roasted Broccoli Golden Delicious Apple</p>	<p>12</p> <p>Rotini with Meatballs in Marinara Sauce or Butter Toasted Garlic Bread Roasted Zucchini and Yellow Squash Fresh Fruit Basket <i>Buttered Pasta Available</i></p>	<p>13</p> <p>Beef Burrito Bowl Black Beans and Rice Salsa/Guac/Sour Cream 100% Fruit Juice Hormone Free Milk Sakanaya Sushi California/Salmon</p>	<p>14</p> <p>Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk</p>	<p>Garnet and Black Day BBQ Rain date May 14th</p>
<p>18</p> <p>Mac Chicken Patty Deluxe Russian Dressing Cheddar Cheese Leaf Lettuce and Pickles Quinoa Salad Melon Wedge 100% Fruit Juice Hormone Free Milk</p>	<p>19</p> <p>Penne Pasta Bar Fresh Basil (Local NY Farm) Choice of Marinara, Meat Sauce or Butter Toasted Garlic Bread Roasted Broccoli Fresh Grapes 100% Fruit Juice Hormone Free Milk</p>	<p>20</p> <p>Grilled Cheese Potato Rounds Sliced Cucumbers Apple Sauce Cup 100% Fruit Juice Hormone Free Milk Sakanaya Sushi California/Salmon</p>	<p>21</p> <p>Brunch for Lunch Challah French Toast Sausage Patty Sweet Potato Round Fresh Banana 100% Fruit Juice Hormone Free Milk</p>	<p>22</p> <p>Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk</p>
	<p>26</p> <p>Macaroni and Cheese Sweet Peas Buttered Pasta Available Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk</p>	<p>27</p> <p>Cheese Quesadilla Seasoned Black Beans with Brown Rice Pico de Gallo Sour Cream/Guacamole Apple Sauce Sushi</p>	<p>28</p> <p>NATIONAL HAMBURGER DAY Mini Sliders on Kings Hawaiian Rolls Lettuce/Tomato/Pickle Baked Steak Cut Potato Watermelon Slice</p>	<p>29</p> <p>Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk</p>



SCHOOL LUNCH PRICES

LUNCH: \$4.00

Gluten Free



TRY ACAI BOWL FOR LUNCH

SCHOOL LUNCH PRICES

LUNCH: \$4.50

Gluten Free

Rolls, Cereal, Pizza and Pasta available upon request

MEAL OF THE DAY INCLUDES:

Vegetable, Fresh Whole Fruit or 100% Fruit Juice,
Hormone/Antibiotic Free Skim,
Low Fat Choc and 1% Milk
Fresh Fruit Basket offered Daily

Pre-Made Salads Available:
Chicken Caesar Salad/Caesar Salad
Garden Salad/Greek

À la Carte Prices

Mini Poland Spring Water \$1.25
Switch 100% sparkling Juice \$1.50
Poland Spring Water 16oz \$1.50
Baked Snack Varieties \$1.25-\$2.75
Fresh Whole Fruit Purchase \$1.00
Fruit Salad 9oz \$2.50