

BREAKFAST & LUNCH

MAY 2026 NORTH TAPPS MIDDLE SCHOOL

**MEALS INCLUDE:
CHOICE OF MILK
FRUIT/VEGGIE VARIETY**

Monday

Tuesday

Wednesday

Thursday

Friday

MENU SELECTION MAY CHANGE BASED ON PRODUCT AVAILABILITY

4
BLUEBERRY
MINI WAFFLES

TERIYAKI
DIPPERS

5
BREAKFAST
PIZZA

CHICKEN
QUESADILLA

6
OATMEAL CHOC
CHIP BENEFIT BAR

PRETZELS
& CHEESE SAUCE

7
PANCAKES
& FRUIT CUP

BBQ
CHICKEN SANDWICH

8
EGG & CHEESE
WG ENGLISH MUFFIN

PIZZA
FRIDAY

11
FRENCH TOAST
STICKS

CHANA
MASALA

12
YOGURT CUP
& GRANOLA

TACO
TUESDAY

13
WG BAGEL
& CREAM CHEESE

BREAKFAST FOR
LUNCH

14
CHOC CHIP
ROUND

GRILLED CHICKEN
SANDWICH & FRIES

15
EGG &
HASHBROWN

PIZZA
FRIDAY

18
CINNAMON
BREAKFAST ROUND

PASTA
MARINARA

19
BANANA OR
PUMPKIN BREAD

TOTCHOS
(TATER TOT NACHOS)

20
CHOCOLATE
MUFFIN

CHICKEN NUGGETS
& BAKED BEANS

21
CEREAL
VARIETY

SLOPPY
JOES

22
EGG & CHEESE
WG ENGLISH MUFFIN

PIZZA
FRIDAY

25
NO SCHOOL-
MEMORIAL DAY
HOLIDAY

26
STRAWBERRY
MINI BAGEL
CHIPOTLE BLACK BEAN
BURRITO BOWL

27
SUNBUTTER
& JELLY TOAST

CHEESE STUFFED
BREADSTICKS

28
YOGURT CUP
& GRANOLA

MAC & CHEESE
w/ GREEN PEAS

29
MINI
CINNI

PIZZA
FRIDAY

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

PAYMENTS <https://wa-dieringer.intouchreceipting.com>

DETAILED NUTRITIONAL AND ALLERGEN INFO: myschoolmenus.com/organizations/2031

NTMS PRICES

BREAKFAST: \$2.75

LUNCH: \$4.00

MILK ONLY: \$0.75