



EMPLOYEE ASSISTANCE PROGRAM (EAP)

CALL TOLL FREE: 1-800-272-7252 | TDD: 1-888-833-2017



Our EAP provider, AETNA, offers licensed clinicians available 24/7/365 for emotional support on many life topics. Services are now liberalized for our community.



Website: resourcesforliving.com
Username: VCS |
Password: VCS
On homepage, click "Find a Counselor" under "Today I want to"



Access via VPortal under "VCS Utilities" tile. App provides basic info; call 1-800-272-7252 to schedule appointments.

REASONS TO CALL EAP:

- Marital/Relationship issues
- Emotional/Psychological issues
- Legal/Financial counseling
- Parenting & Family issues
- Work-related stress
- Stress management
- Substance abuse
- Physical/Medical issues
- Dependent care (child & elder)
- Work-Life webinars
- Vocational-related issues

COVERED SERVICES & RESOURCES:

- Professional counseling (In office, Televideo)
- myStrength online & mobile app
- Legal consultations & document prep
- Financial consultations
- Fitness Discounts
- Discount Center

FAQ: Who can use? Any regular employee & household members. Confidential per HIPAA. Cost? Covered by employer, 1-6 visits per issue, no co-pay.