

Menus for
May
 2026
Liberty



This institution is an equal opportunity provider.
 Menus are subject to change.



Friday, May 1

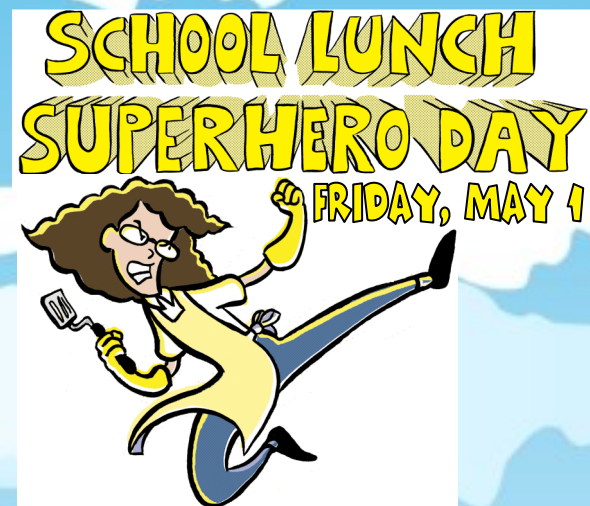
Breakfast

Breakfast
 Variety

Lunch

BBQ Sandwich
 Baked Beans
 Potato Wedges
 Applesauce

School Lunch Hero Day



Monday, May 4

Breakfast

Breakfast
 Variety

Lunch

Mini Corn Dogs
 Baked Beans
 Tator Tots
 Fruit

Tuesday, May 5

Breakfast

Breakfast
 Variety

Lunch

Pizza Quesadilla
 w/ Queso, Salsa
 Mexican Rice
 Pinto Beans
 Corn
 Fruit

Cinco de Mayo

Wednesday, May 6

Breakfast

Breakfast
 Variety

Lunch

Popcorn Chicken
 Dinner Roll
 Broccoli
 Mashed Potatoes
 Fruit

Thursday, May 7

Breakfast

Breakfast
 Variety

Lunch

Pizza
 Garden Salad
 Corn
 Frozen Fruit Treat

Friday, May 8

Breakfast

Breakfast
 Variety

Lunch

Hamburger
 Lettuce, Pickles
 Veggie Dippers
 Potato Smiles
 Fruit

Students:

Breakfast-No Charge
 Lunch-No Charge

Daily Options:

PBJ Sandwich,
 String Cheese, Grain,
 Daily Fruit/Veggie Choices
 Or
 Protein Power Pack
 w/Yogurt, String Cheese,
 Grain, & Daily Fruit/Veggie Choices

Breakfast includes assorted fruit/juice
 All meals include milk choice

**Harvest of the Month
 Blueberries**



Market conditions, delivery, and availability of food may require changes in menu.

Monday, May 11

Breakfast

Breakfast
 Variety

Lunch

Spaghetti & Meat Sauce
 Garlic Knot
 Glazed Carrots
 Broccoli
 Fruit

Tuesday, May 12

Breakfast

Breakfast
 Variety

Lunch

Taco Wrap
 w/Salsa, Lettuce/Cheese
 Black Beans
 Mexican Rice
 Fruit

Wednesday, May 13

Breakfast

Breakfast
 Variety

Lunch

Chicken Tenders
 w/Roll
 Collard Greens
 Mashed Potatoes
 Fruit

Thursday, May 14

Breakfast

Breakfast
 Variety

Lunch

Rippinz Pizza
 w/Marinara
 Garden Salad
 Corn
 Frozen Fruit Treat

Friday, May 15

Breakfast

Breakfast
 Variety

Lunch

Hot Dog
 Coleslaw
 Baked Beans
 French Fries
 Fruit

Where do all of our crazy food names and phrases come from?



WORDS OF MOUTH

This month:
“Take it with a grain of salt”

Has anyone ever told you to take something “with a grain of salt”? It means that you shouldn’t necessarily believe what you’re being told. The Latin words for “salt” and “wisdom” are the same, so some say that the phrase means “use your wisdom to decide if this is true.” But feel free to take this explanation (wait for it) with a grain of salt! Just one of those food-related sayings that so often “spice up” our language!



Monday, May 18

Breakfast

Breakfast
Variety

Lunch

Chicken
Sandwich
Baked Beans
Potato Smiles
Fruit

Tuesday, May 19

Breakfast

Breakfast
Variety

Lunch

Rotini Pasta
w/ Meat Sauce
Garlic Bread
Green Beans
Veggie Dippers
Fruit

Wednesday, May 20

Breakfast

Manager’s
Choice

Lunch

Manager’s
Choice

Thursday, May 21

Breakfast

Manager’s
Choice

Lunch

Sack Lunches
Sandwich
Veggie Dippers
Baked Chips
Fruit

Early Release
Last day of School

Friday, May 22

Monday, May 25



Tuesday, May 26

Wednesday, May 27

Thursday, May 28

Friday, May 29

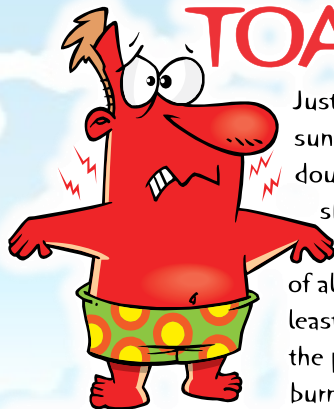
★ OUR NATION'S HISTORY ★

Memorial Day originated in the years after the Civil War to remember and honor those who had died in service to our country. At first, Memorial Day was called “Decoration Day” – literally, a day that was set aside to beautify the final resting places of our honored dead. This year, while you’re enjoying your day off, please don’t forget to honor them in your heart, too!



★ WITH LIBERTY & JUSTICE FOR ALL ★

TOASTED.



Just one bad, blistering sunburn as a child doubles your risk for skin cancer later in life. Yet more than half of all kids report having at least a minor sunburn in the past year. Don’t get burned this summer!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

HERB/SPICE

Black Pepper



We think of black pepper as a powder, but it actually starts off as fruit! The berries are dried and ground to make the spice we all know. The dried berries are called “peppercorns.”

OF THE MONTH