

# MAY | 2026

## Hamilton Local Schools K-8



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 Beef BBQ Rib Sandwich Steamed Broccoli Mini Tomatoes Fruit Ice Cream Milk
4 Pizza Tossed Salad / Cheese Sliced Cucumbers Fruit Rice Krispie Treats Milk	5 Chicken Nuggets Hot Roll Steamed Broccoli Celery Sticks Fruit Sidekick Milk	6 Macaroni & Cheese Soft Pretzel Steamed Green Beans Baby Carrots Fruit Milk	7 Cheese Omelet Pancakes Tater Tots Green Pepper Strips Orange Juice Milk	8 Quesadilla Refried Beans Mini tomatoes Fruit Milk
11 Bosco Sticks Marinara Steamed Broccoli Celery Sticks Fruit Milk	12 Chicken Tenders Hot Roll Steamed Carrots Green Peppers Fruit Sidekick Milk	13 Rotini Garlic Toast Tossed Salad Sliced Cucumbers Fruit Milk	14 Corn Dogs Steamed Corn Fruit Milk	15 Taco Salad Tortilla Chips Refried Beans Mini Tomatoes Fruit Milk
18 Pizza Steamed Green Beans Sliced Cucumber Fruit Corn Chips Milk	19 Cooks Choice	20 Cooks Choice	21 Cooks Choice  <b>Last Day Of School</b>	22  <b>Have a great and Safe Summer!</b>
25	26	27	28	29

### News

**Breakfast and Lunch is Offered Daily at No Cost**

**A Complete Lunch Consist of Five Foods Components**

**Grains (Part of Entrée)  
Protein (Part of Entrée)  
Vegetable, Fruit and Milk**

**Students Must Take Three of The Five Foods Components and One Must be a Fruit or Vegetables**

**USDA is an Equal Opportunity Provider Employer and Lender**

**Menu is Subject to Change**

**Pork Free Menu**

# MAY | 2026

## Escuelas Locales de Hamilton K-8

Spanish



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 Sándwich de costilla barbacoa de ternera Brócoli al vapor Mini tomates Fruta Helado Leche
4 Pizza Ensalada mixta / Queso Pepinos en rodajas Fruta Dulces de Rice Krispie Leche	5 Nuggets de pollo Hot Roll Brócoli al vapor Palitos de apio Compañero de la fruta Leche	6 Macarrones con queso Pretzel blando Judías verdes al vapor Zanahorias Baby Fruta Leche	7 Tortilla de Queso Tortitas Tater Tots Tiras de pimiento verde Zumo de naranja Leche	8 Quesadilla Frijoles refritos Mini tomates Fruta Leche
11 Bosco Sticks Marinara Brócoli al vapor Palitos de apio Fruta Leche	12 Tenders de pollo Hot Roll Zanahorias al vapor Pimientos Verdes Compañero de la fruta Leche	13 Rotini Tostada de ajo Ensalada mixta Pepinos en rodajas Fruta Leche	14 Corn Dogs Maíz al vapor Fruta Leche	15 Ensalada de tacos Tortilla Chips Frijoles refritos Mini tomates Fruta Leche
18 Pizza Judías verdes al vapor Pepino en rodajas Fruta Patatas fritas de maíz Leche	19 Elección de los cocineros	20 Elección de los cocineros	21 Elección de los cocineros  <b>Último día Escuela</b>	22 <b>Que tengas un buen y seguro ¡Verano!</b>
25	26	27	28	29

### Noticias

**El desayuno y la comida son Ofrecido diariamente sin coste**

**Un almuerzo completo Consiste en cinco alimentos Componentes**

**Cereales (parte del plato principal)**

**Proteína (parte del plato principal)**

**Verduras, frutas y Leche**

**Los estudiantes deben cursar**

**Tres de los Cinco Alimentos**

**Componentes y Uno Debe ser una Fruta o Verduras**

**El USDA es un igual Proveedor de**

**Oportunidades Empleador y prestamista**

**El menú está sujeto a Cambio**

**Menú sin cerdo**

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## Écoles locales de Hamilton de la maternelle à la 8e

French

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 Sandwich barbecue au bœuf et côtes levées Brocoli vapeur Mini tomates Fruits Glace Lait
4 Pizza Salade mixte / Fromage Tranches de concombres Fruits Gâteries Rice Krispie Lait	5 Nuggets de poulet Hot Roll Brocoli vapeur Bâtonnets de céleri Acolyte Fruit Lait	6 Macaronis et fromage Bretzel moelleux Haricots verts vapeur Bébés carottes Fruits Lait	7 Omelette au fromage Pancakes Tater Tots Bandelettes de poivre vert Jus d'orange Lait	8 Quesadilla Haricots frits Mini tomates Fruits Lait
11 Bosco Sticks Marinara Brocoli vapeur Bâtonnets de céleri Fruits Lait	12 Tenders de poulet Hot Roll Carottes vapeur Poivrons verts Acolyte Fruit Lait	13 Rotini Pain grillé à l'ail Salade mixte Tranches de concombres Fruits Lait	14 Corn Dogs Maïs vapeur Fruits Lait	15 Salade de tacos Tortilla Chips Haricots frits Mini tomates Fruits Lait
18 Pizza Haricots verts vapeur Concombre tranché Fruits Chips de maïs Lait	19 Choix du cuisinier	20 Choix du cuisinier	21 Choix du cuisinier  <b>Dernier jour de la École</b>	22  <b>Bonne et bonne vie Summer !</b>
25	26	27	28	29

### **Actualités**

**Le petit-déjeuner et le déjeuner sont Proposé quotidiennement gratuitement**

**Un déjeuner complet Composé de cinq aliments Composants**

**Céréales (Partie de l'entrée)**

**Protéine (Partie du plat principal)**

**Légumes, Fruits et Lait**

**Les élèves doivent suivre Trois des cinq aliments Composants et Un**

**Doit être un Fruit ou Légumes**

**L'USDA est un Égal Fournisseur d'opportunités Employeur et prêteur**

**Le menu est soumis à Changement**

**Menu sans porc**

# MAY | 2026

## Lekòl lokal Hamilton K-8

Haitian Creole



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 Vyann bèf BBQ Rib sandwich Bwokoli vapè Mini tomat Fwi Krèm glase Lèt
4 Pitza Jete sòs salad / fwomaj Tranch konkonm Fwi Rice krispie trete Lèt	5 Nuggets poul Woule cho Bwokoli vapè Baton seleri Fwi Sidekick Lèt	6 Makawoni & fwomaj Mou Pretzel Pwa vèt vapè Kawòt ti bebe Fwi Lèt	7 Omlèt fwomaj Krèp Tater Tots Green pwav bann Ji zoranj Lèt	8 Quesadilla Pwa Refri Mini tomat Fwi Lèt
11 Baton Bosco Marinara Bwokoli vapè Baton seleri Fwi Lèt	12 Poul Tenders Woule cho Kawòt vapè Pwav vèt Fwi Sidekick Lèt	13 Rotini Lay pen griye Jete sòs salad Tranch konkonm Fwi Lèt	14 Chen mayi Mayi vapè Fwi Lèt	15 Taco Salad Tortilla Chips Pwa Refri Mini tomat Fwi Lèt
18 Pitza Pwa vèt vapè Konkonm tranche Fwi Chips mayi Lèt	19 Chwa kwit manje	20 Chwa kwit manje	21 Chwa kwit manje <b>Dènye jou nan Lekòl</b>	22 Gen yon gwo ak san danje Ete!
25	26	27	28	29

### **Nouvèl**

**Dejene ak manje midi se  
Ofri chak jou san pri**

**Yon manje midi konplè  
Konpoze de senk manje  
Konpozan yo**

**Grenn (Pati nan antre)  
Pwoteyin (Pati nan antre)  
legim, fwi ak  
Lèt**

**Elèv yo dwe pran  
Twa nan Senk Manje yo  
Konpozan ak yon sèl  
Dwe yon fwi oswa  
Legim**

**USDA se yon Egal Egal  
Founisè Opòtinite  
Anplwayè ak kredite**

**Meni Sijè a  
Chanman**

**Vyann kochon gratis meni**

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## Shule za Mitaa za Hamilton K-8

Swahili



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28	29	30	1 Sandwichi ya Mbavu ya BBQ ya Nyama ya Ng'ombe Brokoli ya mvuke Nyanya ndogo Matunda Ice Cream Maziwa
4 Pizza Saladi ya Kutupwa / Jibini Matango yaliyokatwa Matunda Chipsi za Mchele wa Krispie Maziwa	5 Nuggets za kuku Roll ya moto Brokoli ya mvuke Vijiti vya celery Mchezaji wa pembeni wa matunda Maziwa	6 Macaroni na Jibini Pretzel laini Maharagwe ya kijani yaliyokaushwa Karoti za watoto Matunda Maziwa	7 Omelet ya Jibini Pancakes Tater Tots Vipande vya pilipili ya kijani Juisi ya machungwa Maziwa	8 Quesadilla Maharagwe ya kukaanga Nyanya ndogo Matunda Maziwa
11 Vijiti vya Bosco Marinara Brokoli ya mvuke Vijiti vya celery Matunda Maziwa	12 Zabuni za Kuku Roll ya moto Karoti za mvuke Pilipili ya kijani Mchezaji wa pembeni wa matunda Maziwa	13 Rotini Toast ya vitunguu Saladi iliyotupwa Matango yaliyokatwa Matunda Maziwa	14 Mbwa wa mahindi Mahindi ya mvuke Matunda Maziwa	15 Saladi ya Taco Tortilla Chips Maharagwe ya kukaanga Nyanya ndogo Matunda Maziwa
18 Pizza Maharagwe ya kijani yaliyokaushwa Tango iliyokatwa Matunda Chips za mahindi Maziwa	19 Chaguo la wapishi	20 Chaguo la wapishi	21 Chaguo la wapishi <b>Siku ya mwisho ya Shule</b>	22 <b>Kuwa na nzuri na salama Majira ya joto!</b>
25	26	27	28	29

### **Habari**

**Kiamsha kinywa na chakula cha mchana ni Inatolewa kila siku bila gharama**

**Chakula cha mchana kamili Inajumuisha vyakula vitano Vipengele**

**Nafaka (sehemu ya Entre) Protini (sehemu ya Entre) Mboga, Matunda na Maziwa**

**Wanafunzi lazima wachukue Vyakula vitatu kati ya vitano Vipengele na Moja Lazima iwe Matunda au Mboga**

**USDA ni Sawa Mtoaji wa Fursa Mwajiri na Mkopeshaji**

**Menyu inategemea Mabadiliko**

**Menyu ya Bure ya Nguruwe**