



Director of Food & Nutrition  
Alexis Buck | Phone: 814.835.5338 | Email: buck@mtsd.org

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Thank a teacher who has made a difference for you.</b></p>				<p><b>1</b> Chicken Tikka Masla w/ Pita Bread  Steamed Corn</p>
<p><b>4</b> Pancakes w/ Sausage  Crispy Tater Tots</p>	<p><b>5</b>  Quesadilla Burger  Steamed Corn  *Churros*</p>	<p><b>6</b> Buffalo Chicken Stromboli  Oven Roasted Carrots</p>	<p><b>7</b> Lasagna Roll ups  Mixed Vegetables</p>	<p><b>8</b> Tandoori Chicken w/ Rice  Steamed Broccoli</p>
<p><b>11</b> Turkey &amp; Cheese Pretzel Bun  Creamy Mashed Potatoes</p>	<p><b>12</b> Italian Flatbread  Steamed Peas</p>	<p><b>13</b> Pasta w/ Meatsauce &amp; Sliced bread  Steamed Green Beans</p>	<p><b>14</b> Teriyaki Dumplings w/ Rice  Steamed Broccoli</p>	<p><b>15</b> Pizza Pasta Bake  Steamed Cauliflower</p>
<p><b>18</b> Chicken Vegetable Lo Mein  Oriental Vegetables</p>	<p><b>19</b> Garlic Parmesan Chicken Panini  Oven Roasted Carrots</p>	<p><b>20</b> Arroz con Pollo  Steamed Corn</p>	<p><b>21</b> Broccoli Chicken Alfredo w/ Sliced bread  Steamed Broccoli</p>	<p><b>22</b> BBQ Roasted Chicken w/ Biscuit  Mashed Potatoes</p>
<p><b>25</b>  <b>MEMORIAL DAY</b> <b>NO SCHOOL</b></p>	<p><b>26</b> Boneless Wings w/ Toast  Crispy French Fries</p>	<p><b>27</b> Meatball Hoagie  Steamed Mixed Vegetables</p>	<p><b>28</b> Macaroni &amp; cheese w/ Sliced Bread  Steamed Cauliflower</p>	<p><b>29</b> BBQ Pork Flatbread  Baked Beans</p>

**THE PIZZERIA**  
Daily  
Cheese Pizza  
Pepperoni Pizza  
  
Daily Special  
Monday: Hot Honey Pizza  
Tuesday: Chicken Bacon Ranch  
Wednesday: BBQ Chicken Pizza  
Thursday: Buffalo Chicken Pizza  
Friday: Alfredo Pizza

**THE GRILL**  
Spicy Chicken Patty on a Bun  
  
Chicken Patty on a Bun  
Cheeseburger on a Bun

**MTO Deli Bar**  
  
Made to order deli sandwich/hoagie/wraps bar daily Options:  
Turkey & Cheese  
Ham & Cheese  
Italian Combo  
Veggie  
Tuna Salad

**GRAB N' GO**  
  
Fruited Yogurt  
Parfait w/ Crackers  
  
Uncrustable w/ cheesestick and crackers

**WHAT MAKES A MEAL?**  
You must choose at least 3 of 5 components available for the school lunch price.  
Choice of Meat or Meat Alternate  
Choice of Vegetable, Choice of Fruit\*  
Choice of Grain/Bread, and Choice of Milk  
\*Students must choose at least one fruit or vegetable

**MILK OPTIONS**  
1% White, Fat Free Chocolate, vanilla or Strawberry

**FRUIT & VEGGIE OPTIONS**  
Broccoli Florets | Baby Carrots  
Dark Leafy Greens | Legume Salads  
Celery & Cucumber  
\*May choose two 1/2 cup servings  
Crisp Apple | Sliced Peaches | Mixed Fruit  
Fresh Orange | Banana | Pineapple Tidbits  
Diced Pears | Applesauce  
  
\*K-8 may choose up to 1/2 cup serving.  
9th-12th may choose two 1/2 cup servings

**ALTERNATE MENU OPTIONS**  
Daily Bar Special  
Monday: Popcorn Chicken Bowl w/ sliced bread  
Tuesday: Pasta Bar w/ Sliced bread  
Wednesday: Nacho bar  
Thursday: Orange Chicken w/ Rice  
Friday: General Tso Chicken Bowl w/ Rice  
Daily: MTO Salad Bar  
  
Daily Salad Special  
Monday: Chef Salad w/ Ham & Sliced bread or crackers  
Tuesday: Chef Salad w/ egg & sliced Bread or crackers  
Wednesday: Chef Salad w/ Turkey & Sliced bread  
Thursday: Italian Salad w/ sliced bread or crackers  
Friday: Breaded Chicken Salad w/ sliced Bread

**Now Hiring**

