



SACRED HEART CHURCH

A Parish Family with St. Monica, Mercer Island

9460 N.E. 14TH STREET • BELLEVUE, WA 98004 • 425-454-9536 • SACREDHEART.ORG

SUNDAY - MAY 3, 2026

LITURGY SCHEDULE

Sunday Mass

9:00 AM, 11:00 AM, and 5:00 PM Mass

Saturday Vigil Mass

5:00 PM (Live-streamed)

Confessions

Wednesday 8:15 - 8:35 AM

Saturday 3:00 - 4:30 PM

Weekday Rosary

Monday, Thursday and Friday

8:15 AM

Wednesday

8:00 AM

Weekday Mass

Monday, Wednesday, Thursday and Friday

8:45 AM

First Friday of the Month Mass 7:00 AM

Rosary Group

Monday 7:00 PM

Weekly Eucharistic Adoration

Thursday 2:00 - 4:00 PM

First Friday of the Month Eucharistic Adoration

9:30 AM - 11:00 AM

Sacrament Preparation

425-454-9536

OFFICE HOURS

Parish

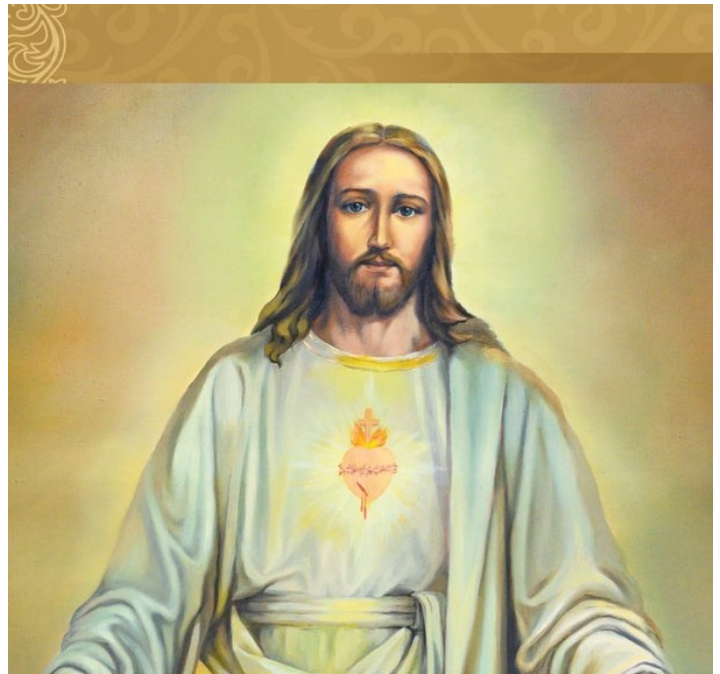
8:30 AM - 4:00 PM Mon - Fri

School

8:00 AM - 4:00 PM Mon - Fri

OUR MISSION STATEMENT

Sacred Heart Parish
is a welcoming Catholic community,
which inspires faith in God,
through prayer, sacraments, and service,
while living Gospel values,
as faithful followers of Jesus Christ.



5TH SUNDAY OF EASTER

"Do not let your hearts be troubled. You have faith in God; have faith also in me." John 14:1

PARISH CALENDAR

Sunday May 3

FIFTH SUNDAY OF EASTER

9:00 AM **Mass**
 11:00 AM **Mass** (with CLOW)
 5:00 PM **Mass**

Monday May 4

Easter Weekday

8:15 AM Rosary
 8:45 AM **Mass**
 5:00 PM Silver Rose Pilgrimage hosted by
 Knights of Columbus
 NO Rosary Group
 7:00 PM

Tuesday May 5

Easter Weekday

8:30 AM Morning Bible Study Group
 10:00 AM Stitchers with Heart Group

Wednesday May 6

Easter Weekday

8:00 AM Rosary
 8:15 AM Confessions
 8:45 AM **Mass**
 (school attending; May Crowning)
 4:00 PM Middle School Youth Group
 at Sacred Heart
 6:25 PM High School Youth Group
 at Sacred Heart

Thursday May 7

Easter Weekday

8:15 AM Rosary
 8:45 AM **Mass** with Anointing of the Sick
 2:00 PM - 4:00 PM Eucharistic Adoration
 6:00 PM Parish Family Listening Session at
 Sacred Heart Parish Hall

Friday May 8

Easter Weekday

8:00 AM Rosary
9:00 AM Mass (school attending;
 Grandparents' & Special
 Friends' Day)

Saturday May 9

Easter Weekday

8:00 AM Women's Group & Men's Group
 10:00 AM Infant Baptism Class
 11:00 AM Funeral for Maryann Gray
 3:00 PM Confessions - Reconciliation Chapel
 5:00 PM Vigil **Mass**

Sunday May 10

SIXTH SUNDAY OF EASTER

Mother's Day

St. Vincent de Paul Brown Bag Sunday

9:00 AM **Mass**
 11:00 AM **Mass** (No CLOW)
 Parish May Crowning
 5:00 PM **Mass**

PARISH STAFF

PARISH OFFICE

425-454-9536

Rev. Kurt Nagel, Pastor ext. 10109
 frnagel@sacredheart.org

Rev. Joseph L. Akor, Parochial Vicar ext. 10113
 frakor@sacredheart.org

Cathleen Adams, Pastoral Assistant for Children's Faith
 Formation
 cadams@sacredheart.org ext. 10112

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 & Sacramental Records
 lpaulsen@sacredheart.org ext. 10103

Sharon Phillips, Pastoral Assistant High School Youth Ministry
 sphillips@sacredheart.org ext. 10114

Annette Seats, Pastoral Assistant for Communications
 & Stewardship
 aseats@sacredheart.org ext. 10105

Nila Snyder, Admin. Assistant for Reception & Sacramental
 Registration
 nsnyder@sacredheart.org ext. 10100

PARISH SCHOOL

425-451-1773

David Burroughs, Principal
 Erica Pierson, Vice-Principal

PARISH LEADERSHIP

- Pastoral Council:
Charlie Herb
- Finance Council:
Douglas Withers
- School Commission:
Charlie Herb
- Community Outreach Commission:
Diana Schiro & Jackie Weeks
- Worship Commission:
Phoebe Kwan

Sacred Heart Church is open weekdays from 8:00 am - 3:00 pm. (Thursdays until 4:00 pm)

Upcoming Funeral Mass Sacred Heart Church



Maryann Gray
Saturday, May 9th at 11:00 AM

Behold the Lamb Quick Weekly Lessons on the Sacred Liturgy



After concluding the Eucharistic Prayer, all stand as the Priest leads us into the Communion Rite. "Since the celebration of the Eucharist is the Paschal Banquet, it is desirable that in accordance with the Lord's command his Body and Blood should be received as spiritual food by those of the faithful who are properly disposed." (GIRM, 80). While the entire Mass helps prepare our hearts to receive our Lord Jesus in the most Blessed Sacrament, the elements of the Communion Rite are particularly helpful in preparing us for Holy Communion where we are truly united with Christ and transformed by His Eucharistic presence within us.



Stage 3: *Who do we want to become?*

LISTENING SESSIONS
MAY 2 & 7
@ Parish Family 26

Who do we want to become?

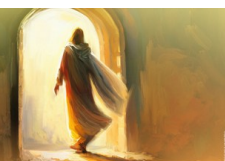
As our Parish Family of Sacred Heart and St. Monica moves forward with the One Parish Plan, the next step is to thoughtfully consider the question: "Who do we want to become?" We invite every parishioner to take part in this essential conversation at the upcoming Listening Session:

**Thursday, May 7th, 6:00 PM at Sacred Heart
Parish Hall**

Again, we thank you for your feedback and look forward to hearing your continued input as we develop our vision for who we are called to become as a parish family.

Celebrate the Easter Season

April 5 to May 24
Visit archseattle.org/easter to learn more.



Silver Rose Pilgrimage

May 4, 2026 | 5:00 PM

Sacred Heart Church



Join us for a night of prayer with the traveling Silver Rose, as we honor Our Lady of Guadalupe and pray for the protection of all human life



**Knights of
Columbus**

Part of the "One Life, One Rose" campaign

ADMINISTRATION & STEWARDSHIP

 **Annual Catholic Appeal 2026**
**Together
in Faith**
Please make your **2026 ACA** gift today!



ARCHBISHOP ETIENNE'S ANNUAL CATHOLIC APPEAL MESSAGE

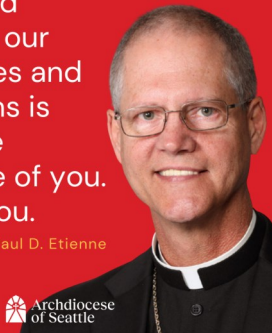
Archbishop Etienne reminds us: "Together in faith, we share the love and joy of Jesus Christ with others. Now, more than ever it is important to renew our mission of helping others encounter Jesus, accompany one another and live the joy of the Gospel." His message underscores the vital role of the Annual Catholic Appeal and the profound difference your generosity makes in strengthening local Catholic community. Your contribution helps minister to those in need, build the Catholic faith within our local communities and directly supports our parish. Please take time prayerfully consider how you and your family can participate. Use the envelope in the pew, scan the QR code, or visit archseattle.org/giveaca to give today. Let us encourage each other to help make our ministries a success.

This year, our parish's goal is \$165,630. Any gifts exceeding this goal will be returned to Sacred Heart as a rebate for our parish projects. The first \$55,000 of the ACA rebate will be used to welcome a FOCUS Parish Missionary to Sacred Heart, starting in the summer of 2027. Through small groups, Bible studies and prayer gatherings, this missionary will help us deepen our faith and strengthen our sense of community. Fr. Nagel will share more about FOCUS during Masses this weekend. Any additional rebate funds will contribute to the project to replace the roof of the original parish offices along 14th Street.

 **Annual Catholic Appeal 2026**

“Our ability to bring Jesus into the world through our ministries and programs is possible because of you. Thank you.”

— Archbishop Paul D. Etienne



Archdiocese of Seattle

Why Give to the Annual Catholic Appeal Online?

- Safer: No need to mail checks or cash—online gifts are processed securely.
- Efficient: Saves time for parish staff and volunteers.
- Accurate: Online gifts are recorded promptly and reliably.
- Eco-Friendly: Reduces paper use and mailing.

Since the ACA is processed centrally, online giving ensures your gift is received and recorded quickly. The Archdiocese provides weekly reports to help us track your support.



 **Pushpay**

Scan the QR Code for Online Giving to Sacred Heart Parish.



Stewardship of Treasure

Sunday collection totals

July to March 31, 2026 Budget \$1,224,127

July to March 31, 2026 Actual \$1,232,173

+\$8,046

Prior year actual (July– March 2025) \$1,235,687

Thank you for your generosity!!

Stewardship recognizes that all we have, all we are, is a gift from God.

WEEKLY READINGS

Sunday 5/3

Acts 6:1-7
Psalm 33:1-2,4-5,18-19
1 Peter 2:4-9
John 14:1-12

Tuesday 5/5

Acts 14:19-28
Psalm 145:10-13b,21
John 14:27-31a

Thursday 5/7

Acts 15:7-21
Psalm 96:1-3,10
John 15:9-11

Saturday 5/9

Acts 16:1-10
Psalm 100:1b-3,5
John 15:18-21

Monday 5/4

Acts 14:5-18
Psalm 115:1-4,15-16
John 14:21-26

Wednesday 5/6

Acts 15:1-6
Psalm 122:1-5
John 15:1-8

Friday 5/8

Acts 15:22-31
Psalm 57:8-12
John 15:12-17

Sunday 5/10

Acts 8:5-8,14-17
Psalm 66:1-7,16,20
1 Peter 3:15-18
John 14:15-21

MASS INTENTIONS

Sunday 5/3

9:00 AM Mass: RIP BARBARA GALLUCCIO
by Gemma & Jerome Thielges

11:00 AM Mass: RIP DARRYL SUTHERLAND
by Lucy Paulsen

5:00 PM Mass : PRIEST PRIVATE INTENTION

Monday 5/4

INT JOSEPH BEEMAN by Sacred Heart Parishioner

Wednesday 5/6

RIP MICHAEL DEAK
by Sacred Heart Parish & School Staff

Thursday 5/7

RIP JAN VALLUZZO by Mary Catherine Mead

Friday 5/8

RIP MOLLINE MARIE BODDY by Jeanie Boddy

Saturday 5/9

INT THE PARISHIONERS OF SACRED HEART

Sunday 5/10

9:00 AM Mass: INT DON & MARIE IBSON
by Jerome & Gemma Thielges

11:00 AM Mass: RIP RHYS MADAMBA
by Fletcher Family

5:00 PM Mass : PRIEST PRIVATE INTENTION

PLEASE PRAY FOR:

The Sick

John Bach (father of James Bach)

Janet Tyree

Chuck Johnston

The Deceased

Maryann Gray

ARE YOU UNABLE TO ATTEND MASS?

If you are unable to attend Mass in person due to poor health, advanced age or recovering from surgery and would like to receive Holy Communion at home, please contact Linda Geere in the parish office at 425-454-9536.

Eucharistic Adoration

Eucharistic Adoration is the beautiful devotion of praying before Jesus in the Blessed Sacrament. You are invited to attend Adoration, scheduled for **2:00-4:00 pm** on Thursdays and **9:30-11:00 am** on first Fridays of the month.



“Our faith in the Eucharistic presence of Christ naturally leads us to moments of prayer before the Blessed Sacrament.” *Archbishop Etienne*

POPE’S PRAYER INTENTION - MAY

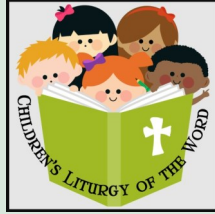
That Everyone Might Have Food

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food. .

EMERGENCY HELPLINE NUMBERS

988: Suicide and Crisis Lifeline
Narcotics Anonymous: 206-790-8888
Alcoholics Anonymous: 206-587-2838
Suicide Crisis Hotline: 206-461-3222
WA State Domestic Violence: 1-844-762-8483
National Domestic Violence: 1-800-799-safe
Teen Link: 1-866-833-6546
Al-Anon: 206-625-1000

CHILDREN'S FAITH FORMATION



No Sunday School this Sunday, May 3rd
Join us for CLOW at the 11:00 AM Mass



Vacation Bible Camp
June 22-26

@ Saint Monica Church

Online registration for Vacation Bible Camp is now open! This year's theme is **Snowball Mountain Challenge** - come join us for a snowy winter sports adventure centered around Philippians 4:13 (I can do all things through Christ who strengthens me)!

Who: Preschool (potty-trained) thru rising 5th grade

When: June 22 - 26 from 8:45AM - 12:00PM

Where: St. Monica Campus

Scan the QR code for registration (deadline is Monday, June 15.)

With questions contact Melissa Stewart, PA for Faith Formation at faithforward@stmonicami.org or (206)232-2900 ext. 112.

Want to volunteer to help with Vacation Bible Camp? We're looking for adults and teens to help on the wintry slopes.

archseattle.ccbchurch.com/goto/forms/7794/responses/new



SACRED HEART SCHOOL



Be Part of the Mission at Sacred Heart School

Catholic education changes lives. At Sacred Heart School, students are formed each day in faith, academic excellence, and service.

Parishioner generosity directly supports our teachers, strengthens our programs, and meets the needs of our students. If you feel called to invest in the next generation, we invite you to make a gift today.

Thank you for supporting Sacred Heart School and the future of Catholic education in our parish.



UPDATES FROM



**EMMAUS
YOUTH
MINISTRY**

EMMAUS YOUTH MINISTRY

Wednesday, May 6: Youth groups meet at Sacred Heart this week. Middle School at 4:00 PM and High School at 6:25 PM in the Youth Room.



Registration is Now Open

Infant Baptism Class

May 9th, 10:00 AM

Registration is now open for the upcoming infant Baptism preparation class on Saturday, May 9th, 10:00 AM - 12:00 PM in the Parish Hall. The class provides Baptism preparation for newborn infants to six years old.

Email sacraments@sacredheart.org to register.

COMMUNITY OUTREACH - COMMUNITY EVENTS



**SACRED HEART
DIAPER
DRIVE
MONTH OF MAY**


The gift of diapers is an ideal way to honor mothers and assist those families in need on the Eastside.
Most needed sizes are Newborn, 4, 5 and 6.

Diapers will be collected by Sacred Heart's - PREPARES-Pregnancy & Parenting Support, which is a Parish-based ministry. Through PREPARES, we support those families in need from birth to age 5 in addition to supporting our local community organizations: Overlake Hospital, Mary's Place, Jubilee Reach and St. Vincent DePaul recipients.

Thank you for your ongoing support!

SACRED HEART CHURCH

You are invited to Carpe Diem's 50yrs+



Spring Luncheon
Thursday, May 21st

11:30am, Sacred Heart Narthex

Special Presentation:
"Befriending Your Digital Devices Q&A"
by Jacqui Orgovan,
Sacred Heart Tech Support

\$20--advance payment required
Tickets: May 9-10 & 16-17

Info: Linda Geere 425-450-3908 or
lgeere@sacredheart.org



Groceries for Families Program

Join the Sacred Heart community to help with groceries for the GFF Program. Over 200 bags are needed weekly to help with food security and hope! Scan the QR code to sign up!



Registration Now Open!



ASCEND
EUCCHARISTIC REVIVAL

SATURDAY
MAY 16, 2026
@ Meydenbauer Center

Scan the QR code to register.



Rachel's Corner
Project Rachel Post Abortion Healing Retreats

Spanish Retreat: June 5 - June 7, 2026
English Retreat: Sept. 25 - Sept. 27, 2026
Men's Healing Retreat: Oct. 10 - Oct. 11, 2026

To leave a confidential message please call
English: (206) 920-6413 Spanish: (206)-450-7814
Email projectrachel@ccsww.org. Visit us at
www.ccsww.org/projectrachel or www.facebook.com/projectrachelww.

Project Rachel is a program of Catholic Community Services.

You are loved with an everlasting Love!

PANCAKE BREAKFAST



Canceled

Come celebrate with the Columbus mens group and...
Pancakes • Eggs • Coffee & Juice

May 3rd, 10AM - 1:00PM

Take a Break!





NOW SOLD
\$2,000,000
 +\$200K Above List Price!
 Parishoners Matt & Christina
 Celebrating with Don!

Our Client Don
 After 65 years in his beloved Bellevue home, Don decided to downsize to Aegis Living. He simply handed us the keys and we took care of everything!



Don Lovell
 God Bless Matt and Christina for being such a talented, loyal, loving, faithful couple in preparing and selling my memory home.
 ❤️🙏🙌🙏❤️
 Don Lovell

Matt@TeamSkally.com
 206-661-8624

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Committed to serving Sacred Heart Parishoners, adhering to the Golden Rule.

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