

Menus for May 2026

Bungay Elementary School

This institution is an equal opportunity provider.
Menus are subject to change.

Available Daily

Breakfast is Offered Daily

Assorted Cereal

Assorted Muffins or Cinnamon Buns

Fruit Juice & Milk Included

Your Complete Lunch will Include:

1. Start with at least One Fruit or Vegetable
 - Assorted Fresh & Canned Fruit
 - Fresh Rainbow Vegetable Tray
 - Baby Carrots
 - Hot Vegetable of the Day
2. Choose One Daily Menu Entrée Items:
In addition offered daily:
 - Chef Salad
 - Boar's Head Deli Sandwiches
 - Smucker's PBJ
 - Bagel & Yogurt Plate
3. Choose One 8 oz. Milk
 - Low-Fat White or Flavored Milk

Featured Specials of the Day

Friday, May 1

Big Daddy Cheese Pizza
Turkey & Cheese Sandwich
Garden Salad

Monday, May 4

Mini Pancakes
Turkey Sausage Patty
Turkey & Cheese Sandwich
Potato Smiles

Tuesday, May 5

Tacos w/lettuce, tomato, cheese
Ham & Cheese Sandwich
Corn

Wednesday, May 6

Mozzarella Sticks w/marinara sauce
Turkey & Cheese Sandwich
Broccoli

Thursday, May 7

Steak Sandwich w/cheese
Ham & Cheese Sandwich
Oven Fries

Friday, May 8

Big Daddy Cheese Pizza
Turkey & Cheese Sandwich
Garden Salad

All Negative Balance Must Be Paid by
June 17th

Make a payment with either a debit or
credit card online at:

<https://lingconnect.com./main>

- ♦ Send a check made payable to the
Seymour School Lunch Program.
- ♦ You may also send cash

Featured Specials of the Day

Monday, May 11

Chicken Nuggets w/roll
Turkey & Cheese Sandwich
Sweet Potato Fries
Green Beans

Tuesday, May 12

Tacos w/lettuce, Tomato, Cheese
Ham & Cheese Sandwich
Corn

Wednesday, May 13

Twisted Cheesy Bread Sticks w/marinara sauce
Turkey & Cheese Sandwich
Broccoli

Thursday, May 14

Hot Dog
Ham & Cheese Sandwich
Tater Tots

Friday, May 15

Big Daddy Cheese Pizza
Turkey & Cheese Sandwich
Garden Salad

★ OUR NATION'S HISTORY ★



Memorial Day originated in the years after the Civil War to remember and honor those who had died in service to our country. At first, Memorial Day was called "Decoration Day" – literally, a day that was set aside to beautify the final resting places of our honored dead.

This year, while you're enjoying your day off, please don't forget to honor them in your heart, too!

★ WITH LIBERTY & JUSTICE FOR ALL ★

Featured Specials of the Day

- Monday, May 18**
French Toast Sticks w/syrup
Turkey Sausage Patty
Turkey & Cheese Sandwich
Potato Smiles
- Tuesday, May 19**
Tacos w/lettuce, Tomato, Cheese
Ham & Cheese Sandwich
Corn
- Wednesday, May 20**
Chicken Nuggets w/ bun
Ham & Cheese Sandwich
Sweet Potato Fries
- Thursday, May 21**
Mozzarella Sticks w/marinara sauce
Turkey & Cheese Sandwich
Steamed Broccoli
- Friday, May 22**
Big Daddy Cheese Pizza
Turkey & Cheese Sandwich
Garden Salad

Featured Specials of the Day

- Monday, May 25**
Memorial Day No School
- Tuesday, May 26**
Tacos w/lettuce, tomato, cheese
Ham & Cheese Sandwich
Corn
- Wednesday, May 27**
Twisted Cheesy Bread Sticks w/marinara sauce
Turkey & Cheese Sandwich
Broccoli
- Thursday, May 28**
Hot Dog
Ham & Cheese Sandwich
Bak Beans
Tater Tots
- Friday, May 29**
Big Daddy Cheese Pizza
Turkey & Cheese Sandwich
Garden Salad

Please see the other page for items available daily

eatfit
wanna stay fit?
gotta eat right!

item: water **verdict:** ripped
tip: Use water to power your workouts – and your life. Try to drink at least 6-8 8-ounce servings of water a day. No matter how much you drink, it always adds up to zero calories. So try having agua instead of soda or other high-calorie, low-nutrition drinks as often as possible!

